

# Sacramento County Mental Health Board

## Executive Committee Meeting

### **MINUTES – IN PERSON MEETING, HYBRID PARTICIPATION OPTION** **Monday, April 21, 2025, 5:00 PM – 6:00 PM** **7001-A East Parkway, Conference Room 1, Sacramento, CA 95823**

Members Present: Corrine Sako, Kesha Harris, Mallika Walsh, Patricia Wentzel (Staff: Glenda Basina)  
Members Absent: Evan Minton

#### **Agenda Item**

##### **I. Welcome and Introductions**

- **Introductions**
- [Acknowledgement of Conduct Agreement](#)
- **Announcements by MHB Executive Committee Members**

Chair Sako commenced the meeting at 5:09pm, introductions were made and Conduct Agreement acknowledged.

Member Wentzel– Announced NAMI Walk on May 3. She has a team if anyone wants to join or make a donation. Go online at [namisacramento.org](http://namisacramento.org).

Member Wentzel shared that she attended the CalBHS Board and Commission quarterly meeting and was informed we were not operating under the law as a board due to not meeting the January 1<sup>st</sup> implementation deadline. Also, that LA County kept their Alcohol Advisory Board as they did not want to join the Mental Health Board.

##### **II. Public Comments Related to Matters Not on the Posted Agenda**

None.

##### **III. Discussion/Action Item: Review & Approve Agenda for 5/07/25 MHB General Meeting**

Chair Sako mentioned the first hour to be standard items. Returning item on Sacramento Jail with desire for board to hear from BHS on their perspective/concern addressed in the letter. Also, the desire to hear from people with lived experience. Chair Sako asked for a speaker who will be in attendance. Member Walsh commented that the Sacramento County response letter looks comprehensive. Member Walsh motioned to approve the agenda. With no public comment, the Committee voted and unanimously passed.

After discussion and action of Item IV, Member Wentzel moved to amend the approved agenda to add a discussion item on adding members to the Budget Committee. The committee voted and passed unanimously.

**IV. Discussion/Action Item: Review & Approve Agenda for 5/28/25 MHB Special Meeting – BHS Budget Recommendations**

Chair Sako provided background on the agenda, a time-sensitive issue. MHB Budget committee to be called to make recommendation to MHB. Member Walsh inquired about the BH Commission. Chair Sako responded that item on BH commission to be heard 5/20 at BOS meeting and the agenda to be available on Friday prior to BOS meeting. If BOS decides to implement immediately, there will be a 90-day winding down to implement. Member Walsh suggested adding the item to this agenda. Chair Sako stated it to be more appropriate at the June meeting. Member Wentzel commented that the meeting time on the agenda is incorrect. Chair Sako acknowledged and made note. Member Wentzel asked if Dr. Quist will be attending. Chair Sako responded that he tends to attend. Chair Sako suggests sliding in Member Harris' request under the announcement section. Member Walsh asked about forming the Budget Committee. Chair Sako responded that it's already formed with Chair Sako and Member Wentzel as members. Members Walsh and Harris are interested in joining. Per Chair Sako, to add a member may need vote of whole board. Chair Sako to follow up with County Counsel if this can be done by Chair appointment. Member Walsh motioned to approve agenda with addition of BHS Commission, seconded by Chair Sako. No public comment. Committee members voted and passed unanimously.

**V. Adjournment – Next MHB Executive Committee Meeting scheduled for Monday May 19 5:00pm**

Chair Sako adjourned the meeting at 5:33pm.