

# Sacramento County Mental Health Board

## Executive Committee Meeting

### MINUTES – IN PERSON MEETING, HYBRID PARTICIPATION

Monday, June 16, 2025

5:00 PM – 6:00 PM

Present: Corrine Sako, Patricia Wentzel, Mallika Walsh, Kesha Harris

#### Agenda Item

##### **I. Welcome and Introductions**

- **Introductions**
- [Acknowledgement of Conduct Agreement](#)
- **Announcements by MHB Executive Committee Members**

Chair Sako commenced the meeting at 5:03pm, introductions were made and Conduct Agreement acknowledged.

Chair Sako announced that depending on the actions taken at the meeting, this could be the last meeting.

Member Wentzel announced that she has created a subset of newsletters called "Disorder to Chronicles."

The committee members reflected on the journey of the MHB Executive Committee and their accomplishments over the years.

##### **II. Public Comments Related to Matters Not on the Posted Agenda**

Public Comment #1: Community member thanked the MHB Executive Committee Members for their continued support and the great work that they have done.

##### **III. Discussion/Action Item: Review and Take Action on Draft of Annual Report on the Sacramento County Mental Health Board for CY 2024**

Chair Sako briefly presented the Draft Annual Report on the Sacramento County Mental Health Board for calendar year 2024, highlighting the differences from previous reports. This report now includes presentations held, pictures and information of committee members, providing the public with a clear view of their representatives.

Member Wenzel moved to approve the draft report, and the motion was seconded by Member Walsh. The motion was put to a vote, and the report was approved.

#### **IV. Discussion/Action Item: Review & Approve Agenda for 7/09/25 MHB General Meeting**

Chair Sako presented the proposed agenda items for the 7/09/25 MHB General Meeting, which was discussed by the committee members.

Member Wentzel moved to approve the agenda, and the motion was seconded by Member Walsh. The motion was put to a vote, and the agenda was approved.

Public Comment #1: Community member expressed that Chair Sako's leadership is commendable and acknowledged her role in successfully guiding the MHB Executive Committee to achieve its goals.

#### **V. Discussion/Action Item: Review & Approve Agenda for 8/06/25 MHB General Meeting**

Chair Sako presented the proposed agenda items for the 8/06/25 MHB General Meeting, which was discussed by the committee members.

Member Harris moved to approve the agenda, and the motion was seconded by Member Walsh. The motion was put to a vote, and the agenda was approved.

Public Comment #1: Community member recommended that the MHB committee members consider asking leading questions such as: *Who may be able to express themselves? What are they proud of? What experiences have they had?* The goal is to encourage sharing and foster positive engagement.

Chair Sako thanked the community member for the valuable feedback and noted that a separate document containing these questions will be provided alongside the agenda for the July meeting.

#### **VI. Adjournment**

Chair Sako adjourned the meeting at 5:23pm.