

## Agenda

### Adult System of Care Committee

September 22, 2020 4:00 p.m. – 6:00 p.m.

**Call-in: (669) 900-9128, Meeting ID: 987 3132 2369, Password: 773137**

*Members Present: Ann Arneill, Loran Sheley, Laura Bemis, Bradley Lueth, Maria Padilla-Castro (Jason Richards, staff)*

*Members Absent: Dan Niccum, Viva Asmelash*

4:00 p.m. Welcome and Introductions – Viva Asmelash, Chairperson

- *Loran Sheley convened the meeting at 4:07 p.m. and introductions were made.*
- *Loran Sheley announced that the agenda item “Next Steps on Recommendations to Board of Supervisors” would be postponed until the next meeting.*

4:05 p.m. Review: standing meeting outcomes & methods; agenda

- *Loran Sheley reviewed the standing committee outcomes and methods goals, agenda, and handouts for the meeting.*
- *Committee members established the intentions to focus on outcomes, promote synergy and efficiency, provide support for committee members to feel unified, and promote committee members feeling valuable in pursuit of committee goals.*

4:10 p.m. Letters on Family Experiences with Law Enforcement –  
Laura Bemis

- *Laura Bemis reviewed two letters from family members on their experiences with law enforcement.*
- *The first letter outlined challenges that a family member had with law enforcement when seeking help for a loved one with mental health challenges.*
- *The second letter related a positive experience with law enforcement arriving quickly and providing support when the family member sought help for a loved one with mental health challenges.*
- *MHB Chair Ann Arneill confirmed that recommendations concerning law enforcement are within the MHB’s purview as related to mental health. Recommendations will be discussed at the November meeting.*

4:25 p.m. Update on Mental Health First – Loran Sheley

- *Loran Sheley provided an update on Mental Health First, a program which provides crisis intervention services in the community without calls being routed to a law enforcement agency.*
- *This program recommended a greater focus on prevention and removing barriers to accessing mental health services.*

4:30 p.m. Overview and Updates on the Decarcerate Sacramento Program – Courtney Hanson and Associates

- *Courtney Hanson and associates provided an overview of the Decarcerate Sacramento Program, which focuses on decreasing the jail population.*
- *The presentation reviewed challenges that the current jail system has with addressing mental health issues. For example, nearly 60% of the jail population in Sacramento County has a mental illness and marginalized groups are overrepresented in the jail population.*
- *Alternatives to incarceration were presented, such as investing in communities that are overrepresented in the criminal justice system and focusing on support and prevention rather than policing and surveillance.*

4:55 p.m. Overview and Updates on Transitional Youth Services – Robynne Rose-Haymer of Wind Youth Services

- *Robynne Rose-Haymer provided an overview on Wind Youth Services' Homeless Teen and Transitional Youth Services, which serves youth between the ages of 12 to 24 who are homeless or housing unstable.*
- *Wind Youth's services are low-barrier, and they meet youth where they are at without strict eligibility requirements.*
- *Wind Youth provides housing services for youth, as well as prevention/diversion services. The program's theory of change is based on Maslow's hierarchy of needs, which prioritizes physiological and safety needs before social, esteem, and self-actualization needs are addressed.*

5:15 p.m. Sheriff's Office CIT Training – Ann Arneill

- *MHB Chair Ann Arneill invited Doug Smith from NAMI to provide a summary of the Sheriff's Office (Crisis Intervention) CIT Training, which*

*provides crisis intervention training to law enforcement.*

- *Doug Smith provided an overview of the Sheriff's Department CIT training, including concerns related to the adequacy of training received. For example, standard field officers at the Sheriff's Department receive 8 hours of training and Sergeants and above receive a 24 hour training, instead of the standard national 40 hour training.*
- *Standardized training using the national 40 hour model was encouraged, so that all counties are receiving the same training and the training is adequate to address crisis intervention needs in the community.*

5:30 p.m.      Next Steps on Recommendations to Board of Supervisors –  
Full Committee

- *This item was postponed until the next committee meeting.*

5:50 p.m.      Public Comment

- *Community member stated that the presentations today were helpful.*

6:00 p.m.      Adjourn

- *Loran Sheley adjourned the meeting at 5:55 p.m.*