#### Minutes

# Adult System of Care Committee March 23, 2021 4:00 p.m. – 5:30 p.m.

Call-in: (669) 900-9128, Meeting ID: 987 3132 2369, Password: 773137

Members Present: Ann Arneill, Loran Sheley, Laura Bemis

(Jason Richards, staff)

Members Absent: Bradley Lueth

4:00 p.m. Welcome and Introduction
Ann Arneill, Acting Chairperson

- Acting Chairperson Ann Arneill convened the meeting at 4:01 p.m. and introductions were made.
- Acting Chairperson Arneill provided an overview of the meeting agenda.
- 4:05 p.m. Update on County Homeless Policy Loran Sheley, MHB Chairperson
  - MHB Chairperson Loran Sheley provided an update on Sacramento County policy on the topic of homelessness. Themes included the following (see handout):
    - o Intensive linkages are being provided for people experiencing homelessness in encampments. An interdisciplinary team approach is being utilized, with a focus on transitioning people into housing. Data is being collected and an evaluation is being planned in collaboration with Sacramento Steps Forward.
    - o DHA is administering the COVID-19 motel programs. These programs have been extended longer than originally planned. One is now extended through April, one through May, and another one through June.
    - Weather respites are currently in effect. Weather-based criteria trigger weather respite hotels (e.g., 37 degrees or lower for two or more days, rain for 2 or more consecutive days, rain combined with nighttime lows between 32 degrees).
  - CalVoices staff relayed an experience working with a family at risk of homelessness because their retirement income disqualifies them from most programs, but they cannot afford to pay rent in the Sacramento area. CalVoices staff will be reaching out to Sacramento Steps Forward.
- 4:35 p.m. Homelessness Factsheets
  Ann Arneill
  - Acting Chairperson Arneill presented homelessness data from the "Pathways to Health + Home," a program administered by the City of Sacramento as part of the whole person care initiative (see handout).

- The budget for this program is \$64 million. Acting Chairperson Arneill to follow up on how this money has been utilized and how much is still available, if any.
- Acting Chairperson Arneill summarized the latest Sacramento
   Homelessness COVID-19 Response Team Progress Report, Homelessness
   Fact Sheet, County Homelessness Adult Update, and Sanitation Stations
   Map (see handouts).
- Acting Chairperson Arneill summarized the Single Adult Homelessness Workshop as presented by Director of Homelessness Initiatives, Cindy Cavanaugh. Themes focused on continued needs of individuals experiencing homelessness, particularly for the aging population. Highlighted statistics included: 25% of single adults experiencing homelessness reported having serious mental illness, 79% of the total homeless population were single adults, 65% were unsheltered, and 60% were chronically homeless.
- Acting Chairperson Arneill to prepare a factsheet regarding homelessness, which will be distributed to committee members and kept on file with the other MHB documents from this meeting, available upon request.

### 5:30 p.m. Public Comment

- Community member expressed appreciation for the effort of committee members in sharing this information, and encouraged being proactive in addressing homelessness in Sacramento County.
- Community member shared that rent control might help with some of these issues, but that it was not passed the last time it was on the ballot.
- Community member expressed that there is a lot of housing available in Sacramento, but that they are not affordable for many people.

# 5:40 p.m. Planning for Future Meetings

- The next Adult Committee meeting will be on April 27th.
- MHB Chair Sheley shared that Behavioral Health Director Dr. Ryan Quist informed her that the 911 Alternative Program is now called the Behavioral Health Crisis Response Program.
- Psychiatric Advance Directives will be a topic for future MHB discussion.
- MHB Chairperson Sheley to follow up on permanent supportive housing versus sheltering efforts.

# 5:45 p.m. Adjourn

• Acting Chairperson Arneill adjourned the meeting at 5:14 p.m.