

Mental Health Board (MHB)

2015 Goals

For 2015, the MHB identified the following goals to guide annual planning efforts, which are:

1. **RECRUIT** full and diverse membership of the MHB.
2. **DEVELOP** a robust recommendation on whether Assisted Outpatient Treatment is appropriate for Sacramento County and submit that recommendation to the Board of Supervisors.
3. Actively **PARTICIPATE** in the ongoing redesign of Sacramento County's continuum of mental health services, with a focus on alternatives to inpatient hospitalization and reducing the use of emergency departments as the sole source of help for people experiencing a mental health crisis.
4. **EXPAND** participation in key countywide and community stakeholder committees, in particular the MHSA Steering Committee and the Human Services Coordinating Council, to promote MHB involvement in planning activities for new and expanded programs.
5. Continue to **ADVOCATE** for DBHS and Board of Supervisors decisions that incorporate the recommendations in the MHB's 2012 feasibility study of alternatives for individuals with chronic untreated mental illness in Sacramento County.
6. Continue to **ADVOCATE** for additional rehabilitative and expanded mental health services for the public safety realignment population to ensure that post-release offenders are provided the necessary treatment for reintegration into our community.
7. **COLLABORATE** with DBHS and the California Mental Health Planning Council to compile robust data on the performance of the Sacramento County public mental health system.
8. **REVIEW** the existing system of care for the mental health and advocacy needs of children and youth, with special attention given to patients' rights and emerging issues regarding foster children, at-risk youth, and transition age youth.
9. Continue to **PROVIDE** monthly mental health provider site visits for MHB members.