

Sacramento County Mental Health Board Retreat

ANNOUNCEMENT – TELECONFERENCE MEETING

In compliance with County, State, and Centers for Disease Control and Prevention (CDC) directives related to the COVID-19 public health emergency, this meeting will be held remotely.

Members of the public are encouraged to participate in the meeting telephonically by calling (669) 254-5252, then entering Meeting ID: 161 441 8815 and Passcode: 464205. This meeting may also be accessed through Zoom using the following web address:

<https://www.zoomgov.com/j/1614418815?pwd=ZXlpN1dGNIRLdytveExna0dZMnp0dz09>

Public comments may be given verbally at the designated time. Members of the public may also submit written comments electronically to RichardsJa@saccounty.net, or by US Postal Service to 7001-A East Parkway, Suite 400, Sacramento, CA 95823. Public comments will be accepted until the adjournment of the meeting, distributed to MHB members, and included in the record.

Meeting Agenda

Saturday, July 17, 2021
10:00 AM – 5:00 PM

Meeting Location

Conference Call
Call-In: (669) 254-5252
Meeting ID: 161 441 8815
Passcode: 464205

Meeting Invitees

- Mental Health Board
- General Public

Agenda Item	Presenter	Time
I. Welcome and Call to Order	Loran Sheley	10:00 am
II. Mental Health Board Business <ul style="list-style-type: none"> • Roll call • Approval of Minutes from past meetings <ul style="list-style-type: none"> ▪ May 2021 - General Meeting ▪ May 2021 - Special Meeting ▪ June 2021 - Special Meeting • Public Comment 	Loran Sheley	10:00 am – 10:20 am
III. Mental Health Board Retreat Morning Session <ul style="list-style-type: none"> • Program outlined on page 2 		10:20 am – 12:00 pm
IV. Break for lunch		12:00 – 1:00 pm
V. Mental Health Board Retreat Afternoon Session <ul style="list-style-type: none"> • Program outlined on page 2 		1:00 – 5:00 pm
VI. Adjournment	Loran Sheley	5:00 pm

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2021 Mental Health Board Retreat Program

Morning Session

- Purpose of the Meeting
- Mental Health Board Member Introductions (Name, Seat, Time on Board)
- Introduction of Retreat Consultant – Nancy Peña, Ph.D.
- Ground Rules Discussion and Consensus
- Program Review

- Approach to the Work Ahead
 - Appreciative Inquiry – Strengths Based Leadership
 - Know the System – Know Your Influence: A Mental Model
 - Know your colleagues
 - Why did you want to be on the Mental Health Board?
 - What strengths do you bring to the Mental Health Board?

- Review of County Mental Health Services
 - Sacramento County Mental Health Services System
 - 2020 Goals and Statuses
 - Mental Health Board and Statutory Mandates
 - Member Reflections & Discussion
 - What goals are you most interested in and why?
 - What progress has been made in the last six months?
 - What can the Board do to further support goal achievement?

Lunch Break

Afternoon Session

- 2021 Goals Discussion
 - Mission, Framework, Measures
 - Refreshing Prior Goals
 - Mental Health Board Effectiveness
 - Population Priorities
 - Program Priorities

- Public Comment

- Reflections and Closing

Members of the public are encouraged to attend. Electronic or hard copies of documents are available upon request. Please contact Jason Richards at RichardsJa@saccounty.net or (916) 875-6482. Electronic copies of documents will be emailed upon request and hard copies of documents may be picked up at 7001-A East Parkway, Sacramento, CA 95823. For more information regarding the Sacramento County Mental Health Board, please visit our website at [Mental Health Board Homepage](#). If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker prior to the scheduled meeting at (916) 875-3861 or at RuckerA@saccounty.net.