

Sacramento County Mental Health Board Retreat

ANNOUNCEMENT – TELECONFERENCE MEETING

In compliance with County, State, and Centers for Disease Control and Prevention (CDC) directives related to the COVID-19 public health emergency, this meeting will be held remotely.

Members of the public are encouraged to participate in the meeting telephonically by calling (669) 254-5252, then entering Meeting ID: 160 232 7122 and Passcode: 329625. This meeting may also be accessed through Zoom using the following web address:

<https://www.zoomgov.com/j/1602327122?pwd=cDdZVVZod1pVWjNINTgwdCtQdjJZdz09>

Public comments may be given verbally at the designated time. Members of the public may also submit written comments electronically to RichardsJa@saccounty.net, or by US Postal Service to 7001-A East Parkway, Suite 400, Sacramento, CA 95823. Public comments will be accepted until the adjournment of the meeting, distributed to MHB members, and included in the record.

Meeting Agenda

Saturday, January 22, 2022
10:00 AM – 5:00 PM

Meeting Location

Conference Call
Call-In: (669) 254-5252
Meeting ID: 160 232 7122
Passcode: 329625

Meeting Invitees

- Mental Health Board
- General Public

Agenda Item	Presenter	Time
I. Welcome and Call to Order	Loran Sheley	10:00 am
II. Mental Health Board Business <ul style="list-style-type: none"> • Roll call • Approval of Minutes from past meetings <ul style="list-style-type: none"> ▪ November 2021 General Meeting ▪ December 2021 Special Meeting • Mental Health Board Discussion/Action Item: Review and Approve Data Notebook (continued from November 2021 General Meeting) • Public Comment 	Loran Sheley	10:00 – 11:00 am
III. Mental Health Board Retreat Session I <ul style="list-style-type: none"> • Program outline on page 2 	MHB Members	11:00 am – 1:30 pm
IV. Break		1:30 pm – 2:15 pm
V. Mental Health Board Retreat Session II <ul style="list-style-type: none"> • Program outline on page 3 	MHB Members	2:15 – 5:00 pm
VI. Adjournment	Loran Sheley	5:00 pm

Members of the public are encouraged to attend. Public comments are accepted during designated time. Electronic or hard copies of documents are available upon request. Please contact Jason Richards at RichardsJa@saccounty.net or (916) 875-6482. Electronic copies of documents will be emailed upon request and hard copies of documents may be picked up at 7001-A East Parkway, Sacramento, CA 95823. For more information regarding the Sacramento County Mental Health Board, please visit our website at [Mental Health Board Homepage](#). If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker prior to the scheduled meeting at (916) 875-3861 or at RuckerA@saccounty.net.

Sacramento County Mental Health Board Retreat

Sacramento County Mental Health Board Retreat Program

Meeting Purpose: Continue work on the MHB’s effectiveness in processes and work products it undertakes in fulfillment of mandated responsibilities.

Meeting Objectives:

Mental Health Board Members will:

- Gain an understanding of the characteristics of effective Mental Health Boards and Commissions.
- Discuss values and characteristics to guide and strengthen MHB role clarity, responsibilities, and group effectiveness.
- Review last retreat meeting, receive updates on current goals and next steps. Discuss goals for 2022.

- I. Welcome and Brief Agenda Review Loran (5 min)

- II. Mental Health Board Business Session Loran (55 min)
 - Roll Call
 - Approve November 2021 General Meeting Minutes
 - Approve December 2021 General Meeting Minutes
 - Review and Approve 2021 Data Notebook
 - Public Comment

- III. Retreat Session I
 - A. Open retreat Loran (30 min)
 - Purpose of the Meeting and brief review of last retreat meeting
 - Introduce Retreat Consultant – Nancy Peña, Ph.D.
 - Welcome and reflections from Behavioral Health Director - Ryan Quist, Ph.D.

 - B. Mental Health Board Member Introductions Nancy (60 min)
 - Name, district, seat type
 - Approach to today’s work - strengths-based leadership
 - Why did you want to be on the Mental Health Board?
 - What strengths and interests do you bring to the Mental Health Board?
 - Group-Defined Ground Rules and Consensus

 - C. Presentation on Effective Mental Health Boards (60 min)
 - Theresa Comstock, Executive Director
California Association of Local Behavioral Health Boards and Commissions
 - Ann Arneill, introduce Theresa
 - Presentation
 - CALBHB/C purpose and history
 - Reflections on Characteristics and activities of effective boards and commissions
 - Questions and discussion with Mental Health Board members

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IV. Break 1:30-2:15

V. Retreat Session II

A. 2021 Goal Status Review and Next Steps Loran (30 min)

- Adult Systems of Care Committee
- Children's System of Care Committee
- Executive Committee
- Ad hoc workgroups

B. 2022 Goal Presentations Committee Chairs (90 min)

- Adult
- Children
- Executive Committee
- Budget Committee

C. Committee and Liaison Assignments Loran (30 min)

VI. Retreat Closure Loran and Nancy (15 min)