

# Sacramento County Mental Health Board Retreat

## ANNOUNCEMENT – TELECONFERENCE MEETING

In compliance with County, State, and Centers for Disease Control and Prevention (CDC) directives related to the COVID-19 public health emergency, this meeting will be held remotely.

Members of the public are encouraged to participate in the meeting telephonically by calling (669) 254-5252, then entering Meeting ID: 161 371 9442 and Passcode: 352662. This meeting may also be accessed through Zoom using the following web address:

<https://www.zoomgov.com/j/1613719442>

Public comments may be given verbally at the designated time. Members of the public may also submit written comments electronically to RichardsJa@saccounty.net, or by US Postal Service to Behavioral Health Services, Attn: Jason Richards, 7001-A East Parkway, Sacramento, CA 95823. Public comments will be accepted until the adjournment of the meeting, distributed to MHB members, and included in the record.

### Meeting Agenda

Saturday, January 21, 2023  
10:00 AM – 4:00 PM

### Meeting Location

Conference Call  
Call-In: (669) 254-5252  
Meeting ID: 161 371 9442  
Passcode: 352662

### Meeting Invitees

- Mental Health Board
- General Public

Agenda Item	Presenter	Time
<b>I. Welcome and Call to Order</b>	Corrine McIntosh Sako, Chair	10:00am
<b>II. Mental Health Board Business (Part 1)</b> <ul style="list-style-type: none"> <li>• Roll Call</li> <li>• Read Conduct Agreement</li> <li>• Approval of Minutes                             <ul style="list-style-type: none"> <li>○ November 2022 General Meeting</li> <li>○ November 2022 Special Meeting</li> </ul> </li> <li>• Welcome &amp; Reflections from BHS Director</li> </ul>	Corrine McIntosh Sako	10:03-10:10am
	Dr. Ryan Quist, BHS Director	10:10-10:20am
<b>III. Team Building Presentation and Exercise</b>	Nancy Peña, Ph.D., Facilitator	10:20-11:50am
<b>IV. Mental Health Board Member Orientation</b>	Corrine McIntosh Sako and Paul Wagstaffe	11:50am-12:30pm
<b>V. Break</b>		12:30pm-1:30pm
<b>VI. Mental Health Board Business (Part 2)</b> <ul style="list-style-type: none"> <li>• Review MHB Committee/Liaison Assignments</li> <li>• Identify MHB 2023 Goals</li> </ul>	Mental Health Board Members	1:30pm-2:00pm
<b>VII. Unconscious Bias Training</b>	Adèle James, M.A., CPC, Consultant	2:00-3:30pm
<b>VIII. Closing Remarks</b>	Corrine McIntosh Sako	3:30-3:50pm

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<b>IX. Public Comment</b> Comments Regarding the Sacramento County Mental Health System (3 minutes per person)	Members of the Public	3:50-4:00pm
<b>X. Adjournment</b>	Corrine McIntosh Sako	4:00pm

Members of the public are encouraged to attend. Public comments are accepted during designated time. Electronic or hard copies of documents are available upon request. Please contact Jason Richards at [RichardsJa@saccounty.net](mailto:RichardsJa@saccounty.net) or (916) 639-0580. Electronic copies of documents will be emailed upon request and hard copies of documents may be picked up at 7001-A East Parkway, Sacramento, CA 95823. For more information regarding the Sacramento County Mental Health Board, please visit our website at [Mental Health Board Homepage](#). If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker prior to the scheduled meeting at (916) 875-3861 or at [RuckerA@saccounty.net](mailto:RuckerA@saccounty.net).