



# MENTAL HEALTH BOARD (MHB)

## Annual Retreat

Saturday, January 11, 2020

10:30 AM-2:30 PM

Grantland L. Johnson Center for Health & Human Services  
7001-A East Parkway, Conference Room 1  
Sacramento, CA 95823

Name	Attendance	Name	Attendance
Ann Arneill, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Caroline Lucas	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Bryan Richter, <i>Vice-Chair</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Mike Nguy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Christopher Barton, <i>Secretary</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Dan Niccum	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Janice Snyder	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent

Agenda Item	Discussion
<b>Call to Order &amp; Introductions</b>	<ul style="list-style-type: none"> <li>Chair Ann Arneill called the Retreat to order at 10:38 am.</li> <li>MHB members and three members of the public were introduced.</li> </ul>
<b>Review Division Priorities</b>	<ul style="list-style-type: none"> <li>Chair Arneill reviewed current Behavioral Health Services priorities, as follows:               <ul style="list-style-type: none"> <li>Crisis Continuum</li> <li>Individual Who Are Experiencing Homelessness</li> <li>Individuals Involved with Child Welfare/Probation</li> <li>School-based Services</li> <li>Individuals Who Have Experience with the Criminal Justice System</li> </ul> </li> <li>Existing services for each priority were identified and future directions were discussed.</li> </ul>
<b>Review Status of 2019 Goals</b>	<ul style="list-style-type: none"> <li>Chair Arneill led a review of the most current version of the 2019 Goals document. Successes and challenges were discussed.</li> </ul>

Agenda Item	Discussion
<p><b>Develop Goals for 2020</b></p>	<p>The MHB developed the following principle to guide their work on 2020 goals:</p> <ul style="list-style-type: none"> <li>• All goals should enable equitable distribution of services to ensure the optimal mental health of all populations, particularly for unserved and underserved diverse populations.</li> </ul> <p>The MHB developed the following seven goals for 2020 (Attachment 1), to be approved at the February meeting:</p> <ul style="list-style-type: none"> <li>• Goal 1: Review and evaluate the effectiveness of BHS in implementing their 2020 priorities, and identify and advise on other community-defined needs.</li> <li>• Goal 2: Engage and outreach to community members.</li> <li>• Goal 3: Develop sources for data-driven decision making.</li> <li>• Goal 4: Improve communication and cross-collaboration among sister organizations, such as the Alcohol and Drug Advisory Board, Cultural Competence Committee, and the Mental Health Services Act Steering Committee.</li> <li>• Goal 5: Advocate for mental health services for the homeless.</li> <li>• Goal 6: Continue to advocate for systems change to address the need for maternal mental health services in Sacramento County.</li> <li>• Goal 7: (Law Enforcement – language still under development)</li> </ul>
<p><b>Create Standing Committees</b></p>	<ul style="list-style-type: none"> <li>• The following Standing Committees were created for Goal 1. <ul style="list-style-type: none"> <li>▪ Adult System of Care Committee <ul style="list-style-type: none"> <li>○ Dan Niccum, Viva Asmelash, Maria Padilla-Castro, Laura Bemis, and Loran Sheley</li> <li>○ Other members to be appointed at a future date</li> </ul> </li> <li>▪ Children’s System of Care Committee <ul style="list-style-type: none"> <li>○ Caroline Lucas, Silvia Rodriguez, and Mike Nguy</li> <li>○ Other members to be appointed at a future date</li> </ul> </li> </ul> </li> <li>• Goal 1 created the standing committees and allocated the priorities to those committees.</li> <li>• Both committees will implement Goals 2, 3, and 4.</li> <li>• Goal 5 and Goal 7 will be assigned to the Adult System of Care Committee.</li> <li>• Goal 6 will be assigned to the Children’s System of Care Committee.</li> </ul>
<p><b>Adjourn</b></p>	<ul style="list-style-type: none"> <li>• Chair Arneill adjourned the Retreat at 2:30 pm.</li> </ul>