## **Minutes**

## Children's System of Care Committee May 28, 2020 4:00 p.m. – 6:00 p.m.

Call-in: (669) 900-9128, Meeting ID: 946 5571 4693, Password: 005024

Members Present: Ann Arneill, Mark Hoover, Caroline Lucas, Mike Nguy (Jason

Richards, staff)

Members Absent: Theresa Riviera

4:00 p.m. Welcome and Introduction Silvia Rodriquez, Co-Chairperson Mark Hoover, Co-Chairperson

- Chair Silvia Rodriguez convened the meeting at 4:05 p.m. and introductions were made.
- 4:05 p.m. Review 2020 Goals assigned to CSOC Committee and BHS Priorities Ann Arneill, MHB Chairperson
  - MHB Chair Ann Arneill reviewed the MHB goals associated with this committee:
    - Goal 6: Continue to advocate for systems change to address the need for maternal mental health services in Sacramento County.
  - MHB Chair Arneill reviewed the MHB process goals associated with this committee:
    - o Goal 2: Engage and outreach to community members.
    - Goal 3: Develop sources for data-driven decision making.
    - O Goal 4: Improve communication and cross-collaboration among sister organizations, such as the Alcohol and Drug Advisory Board, Cultural Competence Committee, and the Mental Health Services Act Steering Committee. Recommended by Board of Supervisors Chiefs of Staff: Work with the Maternal, Child, and Adolescent Advisory Board.
  - MHB Chair Arneill discussed committee oversight of BHS priorities as related to School Based Services, Child Welfare, and Probation. MHB Chair Arneill to follow up with BHS Director, Dr. Ryan Quist, to determine which aspects of Criminal Justice fall within the purview of this committee.
  - MHB Chair Arneill reviewed the CitiesRise survey which was sent to MHB members, regarding the mental health needs of youth.
    - MHB Chair Arneill recommended that the committee invite CitiesRise to give a presentation to the full MHB in July.
- 4:15 p.m. Strategic Planning Model Marrying 2020 Goals and BHS Priorities Silvia Rodriquez
  - Chair Rodriguez proposed measurable objectives which correspond to BHS priorities, as well as actions to meet those objectives.
  - Chair Rodriguez invited the committee to reflect on the objectives and actions listed in the handout, and to propose dates.

- Chair Mark Hoover asked Chair Rodriguez if any of the objectives and actions relate to juvenile justice. Chair Rodriguez discussed the mental health impact of the possibility of juvenile justice services being realigned at the state level due to budget cuts.
- MHB Chair Arneill reminded the committee of time requirements associated with objectives and action steps. Chair Rodriguez agreed that committee objectives and associated action steps may need to be extended beyond the current calendar year.
- MHB Chair Arneill recommended the addition of objectives and action steps related to Probation.
- Mike Nguy discussed potential challenges related to COVID-19 in meeting committee objectives and action steps, as listed in the handout. Chair Rodriguez discussed modifications that could be used to meet objectives, as well as the possibility of reaching out to government officials to request assistance in overcoming these obstacles.
- Chair Hoover asked for feedback on the best way to approach the list of objectives and action steps. MHB Chair Arneill advised prioritization of a few action steps and assignment next steps to committee members.
- Chair Hoover recommended that the handout be discussed in the order as written.
- Decisions on presentations were made by the committee as follows:
  - o In June, BHS will give the committee a presentation on their priorities. MHB Chair Arneill to follow up with Dr. Quist.
  - In July, a community-based organization will give the committee a presentation on school-based services. MHB Chair Arneill to follow up with community-based organizations. Chair Rodriguez to follow up with Bina Lefkovitz.
  - In August, BHS will give a qualitative presentation on children's mental health services in Sacramento County. MHB Chair Arneill to follow up with Melissa Jacobs.
  - By February 2021, Sacramento County Office of Education will give a presentation on school-based services. MHB Chair Arneill to follow up with Brent Mallicote.
  - o Chair Rodriguez to provide outreach to the Drug and Alcohol Advisory Board.
  - o Chair Hoover to provide outreach to the Mental Health Services Act Steering Committee.
- The updated goal handout was submitted to BHS staff Jason Richards to be kept on file and referenced in future meetings.
- 5:45 p.m. Status of Goal 6: Continue to advocate for systems change to address need for maternal mental health services in Sacramento County Mark Hoover
  - Some committee members had dropped off the call. Goal 6 to be discussed at the next committee meeting, when more members are present.

 Community member commended the committee for including school-based mental health services on their agenda. Community member reminded the committee that we do not know what school-based services will look like in the fall, so inclusion of school-based mental health services as a priority is very important.

## 6:00 p.m. Adjourn

• Chair Rodriguez adjourned the meeting at 5:17 p.m.

Electronic or hard copies of documents are available upon request. Please contact Jason Richards at RichardsJa@saccounty.net or (916) 875-6482. Electronic copies of documents will be emailed upon request and hard copies of documents may be picked up at 7001-A East Parkway, Sacramento, CA 95823. For more information regarding the Sacramento County Mental Health Board, please visit our website at Mental Health Board Homepage. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one (1) week prior to the scheduled meeting at (916) 875-3861 or at RuckerA@saccounty.net.