Minutes Children's System of Care Committee June 25, 2020 4:00 p.m. – 5:40 p.m. <u>Call-in: (669) 900-9128, Meeting ID: 919 3236 4341, Password: 317330</u>

Members Present: Ann Arneill, Theresa Riviera, Silvia Rodriguez (Jason Richards, staff) Members Absent: Mark Hoover, Caroline Lucas, Mike Nguy

- 4:00 p.m. Welcome and Introductions Mark Hoover, Co-Chairperson
 - Chair Silvia Rodriguez convened the meeting at 4:13 p.m. and introductions were made.
- 4:05 p.m. Overview of Meeting Silvia Rodriguez, Co-Chairperson
 - Chair Silvia Rodriguez provided an overview of the meeting's agenda.
- 4:10 p.m. Update on Implementation of Child Welfare/Probation Priorities Melissa Jacobs, LCSW, Division Manager, Behavioral Health Services Matt Quinley, LCSW, Program Manager, Behavioral Health Services
 - BHS Division Manager, Melissa Jacobs, and BHS Program Manager, Matt Quinley, provided an update on the implementation of Child Welfare and Probation-related BHS priorities and associated programs, with the goal of keeping families whole and healthy.
 - Theresa Riviera asked about language resources that are available. Matt Quinley discussed Russian-speaking and Hmong-speaking staff as well as interpretation services available in other languages. Theresa Riviera recommended that Spanish-speaking staff be available due to the large number of Spanish-speaking community members in Sacramento County. Melissa Jacobs expressed a desire to hire staff in all threshold languages and highlighted current efforts.
 - Chair Rodriguez confirmed which services of this type are available through current providers and Melissa Jacobs summarized and confirmed which services are available (e.g., CANS assessments, CFTs, goal of short-term counseling services).
 - Melissa Jacobs discussed a pilot program for Juvenile Probation, with a Senior Mental Health Counselor providing assessment, consultation, and linkage services for youth involved with the courts, highlighting ways that youth can be linked to services despite losing Medi-Cal eligibility while in custody.
 - BHS Director Ryan Quist discussed collaborative efforts between County departments in pursuit of these goals.

- 4:45 p.m. Update on the Implementation of School-Based Mental Health Services Priority Brent Malicote, Assistant Superintendent, Educational Services
 - Sacramento County Office of Education
 - Brent Malicote from the Sacramento County Office of Education provided an update on the implementation of school-based mental health services, highlighting the need for mental health services in schools as well as current programs.
 - Chris Williams from the Sacramento County Office of Education provided an overview of new and upcoming school-based mental health services.
 - Silvia Rodriguez asked which County partners are involved in these programs and Chris Williams provided an overview.
 - Theresa Riviera asked which schools are being served by these programs and Chris Williams listed them.
 - Silvia Rodriguez asked about services for children and youth who are not Medi-Cal eligible. Chris Williams clarified that the current schools were chosen because of their high population of Medi-Cal eligible children and youth, and that these programs will be expanded once their effectiveness has been established over time.
 - Chair Rodriguez asked how many children and youth are in the juvenile justice and child welfare systems in Sacramento County. Melissa Jacobs clarified that it varies, with an estimate of 80 to 120 youth in the juvenile justice system and 1500 youth in the child welfare system at any given time.
 - Director Quist reviewed the benefits of integration of mental health services in the school system, with an emphasis on the first 10 schools served in the pilot program discussed by the presenters.
 - Community member asked about efforts to connect recipients of these programs to primary health services. Chris Williams discussed current efforts, goals, and the importance of the biological aspect of the bio-psychosocial model of care.
 - Chair Rodriguez acknowledged the importance of the philosophies and goals of these programs and asked the presenters to discuss what is still needed. Brent Malicote discussed the need for more clinicians in these programs, as well as the need for programs to expand to attract clinicians. Community member discussed the need for staff who are the same race as their students, services provided in additional languages, and strategies to engage young people in services. Another community member emphasized the importance of peer support and collaboration with primary health.
 - Melissa Jacobs discussed the school to prison pipeline as an additional area of need, in both the child welfare and juvenile justice systems.
 - Director Quist clarified the importance of maintaining funding for these programs, and summarized funding challenges due to the economic downturn.
 - Chair Rodriguez asked what type of program would meet the greatest needs right now. Director Quist emphasized service accessibility as a primary area of need, as well as racial diversity and an overall shortage in the behavioral health workforce.

5:30 p.m. Public Comment

• Community members made public comments during the presentation, as described above.

5:40 p.m. Adjourn

• Chair Rodriguez adjourned the meeting at 6:01 p.m.