Sacramento County Mental Health Board Executive Committee Meeting

MINUTES – TELECONFERENCE MEETING Tuesday, December 14, 2021 12:00 PM – 1:00 PM

Members Present: Loran Sheley, Ann Arneill, Corinne McIntosh-Sako, William Cho, Maria

Padilla-Castro, and Silvia Rodriguez (staff: Glenda Basina)

Members Absent: Laura Bemis

| Agenda Item | Presenter | Time |
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| Welcome and Introductions Chair Sheley convened the meeting at 12:04pm and introductions were made. | Loran Sheley | 12:00-12:05 pm |
| II. Updates on Open 2021 Executive Committee Goals a. Tracking spreadsheet Mental Health Board Items 2019 forward Still a work in progress. Hope to have a version available at the retreat to go over the status of the 2021 goals. b. Core values document/checklist Approved version in the Executive Committee moved to the Mental Health Board for discussion and approval. Chair Sheley suggests discussing at the retreat. Member Arneill commented better to review and adopt in February meeting when more public can attend. Data notebook overdue as not approved in November meeting. Postponing it to February will fill up that agenda. | Executive Committee members | 12:05-12:15 pm |
| III. Discussion Item – 2022 Mental Health Board Retreat a. Capture topic ideas b. Form planning workgroup • ASOC has been generating goals and will also form a planning workgroup to | Executive Committee members | 12:15-12:50 pm |

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| get into details between now and the retreat. • Member McIntosh-Sako suggests presentation overview of Sac Mental Health; speak on systems, managers and programs. • Ann spoke of having Executive Team first generate ideas then fill in slots for presentations. Brainstorm these all at the retreat. • Chair Sheley inquired about possible site visits. Member Arneill spoke on past experience with survey monkey in identifying members' interest for programs to visit. Executive Team can take role of prioritizing which programs and how often the site tours would occur. • Member McIntosh-Sako mentioned CALBHBC training for the board. Commented it a good idea for members to be able to work together and collaborate; https://www.calbhbc.org/uploads/5/8/5/3/58536227/invitation january 18 202 2 calbhb c meeting training.pdf Maybe attend this in addition to retreat. • No date yet for retreat. Chair Sheley will poll for retreat date for latter half of January. • Looking at Nancy Pena to facilitate the retreat. May also ask if she can do training. Chair Sheley to meet with | Presenter | Time |
| No date yet for retreat. Chair Sheley will poll for retreat date for latter half of January. Looking at Nancy Pena to facilitate the retreat. May also ask if she can do training. Chair Sheley to meet with Nancy on Thursday for her availability or for person to work with if unavailable. Maybe Susan Wilson or brainstorm for | | |
| another facilitator. Chair Sheley asked for interested volunteers in working the details for the retreat. Members McIntosh-Sako, Arneill and Rodriguez to work on curriculum with Nancy through a couple of Zoom meetings. | | |
| Goals/work for Budget Committee for 2022 – Member Arneill's idea to have budget committee meet with Dr. Quist's | | |

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| budget person right when the budget comes out to go over all the new programs/budget cuts then the committee can draft a letter for the BOS June meeting for first pass through on the budget. Include ARPA Funds also for the budget committee. | | |
| IV. Public CommentNo public present at the meeting. | Members of the Public | 12:50-1:00 pm |
| IV. Adjournment Chair Sheley adjourned the meeting at 12:40pm | Loran Sheley | 1:00 pm |