

Sacramento County Mental Health Board Executive Committee Meeting

MINUTES – TELECONFERENCE MEETING
Tuesday, February 15, 2022
12:00PM – 1:00PM

Members Present: Loran Sheley, Corinne McIntosh-Sako, Laura Bemis, Ann Arneill and William Cho
(staff: Glenda Basina)
Members Absent:

Agenda Item
<p>I. Welcome and Introductions, Chair Sheley</p> <ul style="list-style-type: none">Chair Sheley convened the meeting at 12:01pm and introductions were made.
<p>II. Discussion/action item – Review and Approve March 2022 Mental Health Board General Meeting Agenda, Chair Sheley</p> <ul style="list-style-type: none">Chair Sheley revised the draft March agenda and brought to attention to the committee the changes made.Vice-Chair Sako motioned to approve the draft agenda as revised and Member Bemis seconded. Motion carried.
<p>III. Discussion/action item – Discuss and approve Mental Health Board Comfort Agreement changes to present for full Mental Health Board approval, Executive Committee Members</p> <ul style="list-style-type: none">Member Bemis went over her listed suggestions for the comfort agreement with the guidelines from the retreat for the committee’s consideration.Vice-Chair Sako felt it necessary to revise/update the agreement for the effectiveness of the board’s functioning and liked what Member Bemis recommended to update the agreement with language. Would like to move to consider adding silencing electronics and have camera on as much as possible. Also add Trust Intent – not taking things personal or proactive future focus and the “Ouch if it hurts, oops for mistakes”.Member Bemis explained her meaning for “proactive future focus” - look to how the board’s decisions will impact the county in the future; to be more focused on the issues than a personal opinion.Vice-Chair Sako is also for keeping comments brief, mindful of time, as well as adding a piece on cultural humility; to not assume that one’s culture/values are the norm.Vice-Chair Sako recommended to move to change the name instead of Comfort Agreement to maybe Community Agreement. Member Arneill commented that she also initially wanted to retain the name as it’s a standard name but was struck at the last meeting with public comment stating “we’re not here to be comfortable”, which changed her mind. Vice-Chair Sako mentioned a few suggestive names; group, community, collective or conduct agreement. Member Arneill stated conduct agreement is really what it is, how the board should conduct themselves.Vice-Chair Sako agreed and continued also to taking the step further with a course of action by the co-chairs towards members who consistently disregard the conduct agreement for accountability purposes. Thinks it’s important for

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the board to get explicit on what the action would be. Consistent disregard for following the conduct agreement, coupled with disregard for following counsel from chair persons undermine the effectiveness of the board's functioning, eroding public trust. Vice-Chair's suggested course of actions; counsel from chair/co-chairs. If not followed, additional counsel with reminder for next steps and third violation would result in the board chair writing a letter to the appointed member's Supervisor regarding the conduct; detrimental affects carrying out board duties, attempts to counsel, express concern regarding the members' ongoing participation on the board, the letter would be confidential (not for public record). Member Arneill stated all these does not belong in a conduct agreement, it would be more for the By-laws. Vice-Chair Sako agreed and if course of action is mentioned in the Conduct Agreement, the By-laws should reflect what the actions would be and brought in front of the full board for approval. Member Arneill suggested the language 'course of actions consistent with the By-laws' which Vice-Chair Sako liked. Member Bemis mentioned the changes to the By-laws would be for another time, also for County Counsel review.

- Member Arneill requested to look at Member Bemis' suggestion more closely with Member Sako's additions and postpone action to next meeting. Member Sako would like to get this going sooner than later.
- Public Comment 1: The public at the last meeting had a very good point about changing name to Conduct Agreement. The Committee has stayed on course, stuck with the issues and have not taken anything at a personal level. Thanked the board for taking this topic up.
- Member Sako shared her edited language of the Conduct Agreement.
- Member Cho questioned the "when appropriate" language. Who's determining what's appropriate. Suggests to remove "when appropriate". It should be in all cases, not when convenient for whoever.
- Member Cho also commented the "Ouch/hurts" language to be a juvenile language. Vice-Chair Sako responded that it's a concept shared in MH spaces and asked Member Cho if he had recommendations for the language. Member Cho stated he does not and haven't given it much thought but can. If the collective group has any suggestions they can deliberate and visit it later.
- Member Cho also had concerns with 9a, having camera on. It seems like it's based on assumptions that if someone's camera is off, they're not paying attention but that's not the case. Doesn't think it's necessary. Vice-Chair Sako responded that in BH spaces, proper Zoom etiquette is having camera on, for accountability and to build up public trust. Member Arneill spoke about interactions; having dialogue/discourse and give/take in arguments, it's a much easier time having the give/take when looking at someone in the face and have the body language and verbal cues to respond to. Member Cho agreed with Member Arneill. Feels it's intrusive to have someone keep their camera on for the entirety of the meeting. Agrees with her point if there's an interaction, then the camera can be on. But if the interaction has finished, there's no problem

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with turning it back off. Vice-Chair Sako responded to have the consensus of the group decide. Member Arneill commented to let the “as much as possible” stand for the disagreement. If willing to have camera on when in dialogue, it will help a lot.

- Member Cho also had concerns with item 11. The intent/targeting of this item in this language is inappropriate. The board doesn't have the authority to delve into this issue. It will run into potential liability, exposure and due process issues, a can of words the board does not have the ability to open or want to. Vice-Chair Sako mentioned about having County Counsel for advice on this matter. Member Arneill stated this section has been on the comfort agreement for 10-15 years so there's nothing new about it. The only thing is it's been improved because the course of action is no longer ambiguous. The fact it's being put in the Bylaws codifies it, making it more clear. The County Counsel has to review it and if invalid, it will not be approved and the Bylaws also has to be approved by the Board of Supervisors and they also have veto authority on this. Member Arneill suggested to let County Counsel advice what the appropriate process would be. Member Arneill moved approval of the conduct agreement as written. Vice-Chair Sako seconded. Ayes for Sheley, Sako and Arneill and no for Member Cho. Motion passed.
- Member Arneill stated to ensure the minutes of discussion for this item reflect that the committee will discuss appropriateness of procedure with County Counsel.

IV. Discussion item – Review feedback from members on presentations of interest for 2022, Executive Committee Members

- Chair Sheley provided results on the survey with 7 respondents and a total of 14 unique suggestions for presentations. Category with most was information on mental health programs/services with the most common on overview of BH programs. Also suggestions for programs for the homeless, peer support training program, service continuum, services for prevention intervention, treatment and beyond and also CalMaps presentation from CalVoices. Also under the topic of Culture, Equity Inclusion; LGBTQ topic and behavioral health racial equity; understanding culture/race, exploring outreach/understanding zip codes. Also suggestions for category on diversion from the criminal justice system; alternatives to incarceration, Sac County Collaborative Courts, MH First. Lastly, funding for MH programs; CalAIM and funding sources for all MH programs. All these might end up at the general meetings or one of the committees, if appropriate.
- Member Arneill commented that some do logically go to committees, funding can go to the budget committee. ASOC just had a presentation on homelessness a couple of meetings ago. If the board did something on the LGBTQ language/pronouns it should also include specialized programs as well. Just the language may not be enough for the presentation. The BHREC would be important training for everyone on the board in terms of looking at things through racial equity lens. Overview of services should be easy to do. They have 11x14 charts and picks up the service continuum on prevention,

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killing two birds with one stone. SacMaps is a great training/resource for getting MH services in the county for children, youth, adults and seniors. Great data for anyone to use/access. The ASOC has been keeping on top of the Peer support specialist training issue and maybe premature to be talking about it with CalMSA still working on it. Nothing there yet to present on.

- Chair Sheley reiterated that 1&4 together, 5 is a yes for general meeting. In April County Counsel is doing a presentation and one meeting is for the Data Notebook. MH First wasn't scheduled last year. Per Member Arneill, CalAIM needs to be done. It's very important and Vice-Chair Sako, suggested having Dr. Quist present on it. Maybe this in April plus, County Counsel, both should fill the time.
- Chair Sheley asked the committee's thoughts on the order or which presentation should be referred to committees. Member Arneill doesn't think there's a need to vote on the order, sometimes it depends on whose available and the Chair should have flexibility to decide on order depending on who's available.

V. **Public Comment**, Members of the Public

- No public comment.

IV. **Adjournment**, Chair Sheley

- Chair Sheley concluded the meeting at 1:11pm