

Sacramento County Mental Health Board Executive Committee Meeting

MINUTES – TELECONFERENCE MEETING

Tuesday, July 19, 2022

12:00 pm

Members Present: Loran Sheley, Laura Bemis, William Cho, Corinne McIntosh-Sako and Ann Arneill (staff: Glenda Basina)

Members Absent: None.

Agenda Item
<p>I. Welcome and Introductions, Loran Sheley Chair Sheley convened the meeting at 12:02pm and introductions were made.</p>
<p>II. Discussion/action item – Review and Approve August 2022 General Meeting Agenda, Loran Sheley Chair inquired on suggestions, changes to the draft agenda. Member Sako inquired about the 15-minutes member removal process if more time was needed. Chair asked where to allow for more time. Member Sako suggested maybe 5 minutes from Dr. Quist’s CalAIM presentation. Member Arneill also suggested removing 5 minutes from the 15-minutes of public comments. Member Sako stated 25 minutes will allow time for dialogue and any comments on the item. Member Bemis motioned to approve agenda as amended and seconded by Member Sako. Motion passed with a no vote from Member Cho.</p>
<p>III. Executive Committee Updates, Executive Committee Members</p> <p>a. Updates on 2022 Presentations and select presentation/s for September 2022 Chair Sheley thought it to be worthwhile to go over the list and asked for any thoughts to line up for September. Member Cho reached with CIT team members and wanted to consult with committee first for any meetings. Will pass on to them September if they’re available to present; a Deputy and MH professional who accompanies them in the field. Chair Sheley brought to committee to further think ahead for any more to consider and will resend the list to the committee for review. Per Member Sako, members ranked the presentations in order of topics. Chair Sheley agreed and recommended for the members to review list.</p> <p>b. Discuss Mental Health Brochure Update Brochure guide is old and is in pdf but can be converted to Word. Chair Sheley asked if anyone in committee able to take on. Would like it done soon. Chair Sheley will work on it to get it done soon to submit with recruitment letter. Member Cho also volunteered to assist in updating. Member Arneill stated the mission statement on it is old and may want to think about changing, but it’s a long process. Values not yet adopted. Member Sako suggested to just update with current information. Member Arneill suggested to maybe add goals for the year and include list of committees for sense of what MHB is doing to enlist people in getting involved. Member Cho requested for the document to do a comprehensive update and present different versions for approval.</p> <p>c. Other Executive Committee Updates Member Cho complimented Laura with the recent site visit. Member Cho heard from the Asst. Jail Commander and Site Services Director that they’re able to accommodate a small group, 5 people and will require personal info to do records check as well as abide by covid/security protocols. Will bring to them any 2nd Monday of the month at 1pm for the remainder of the calendar year. Records check may include name, date of birth and driver’s license. Per Member Bemis, a site visit is scheduled for August already and the Correction visit may bring more people in but will bring it down to 5. Chair Sheley asked if</p>

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it is at Central jail or RCCC. Member Cho responded it will be the main jail, downtown. A tour of the facility, as much as possible, and speaking with 1-2 patients and staff.

Member Bemis reminded the committee of the site visit for August at MH Urgent Care. Another idea for site visit could be Mental Health Court. Judge Brown's office or Tiffanie Synnott at DA's office may be able to arrange. WellSpace/ Substance Use Respite and Engagement Center (SURE), a SUPTI program, may also be another interest. May need to check with Ryan. Member Bemis asked if Chair Sheley can ask Ryan and she can follow up from there.

IV. Discuss proposed recommendation: Youth will need training and pre- and post-meeting briefings to support their optimal participation on the Mental Health Board. Behavioral Health Services should contract with an organization, such as Pro Youth & Families that supports the BHYAB, to assist the youth MHB appointees, Ann Arneill

Member Arneill stated adding youth to MHB is a complex issue; need to amend bylaws. If youth appointed, they need support. Looking at model of Youth Advisory Board (YAB) which is supported by ProYouth, a contract of \$75k a year. Member Arneill attended their board meetings. They have extensive support, offsite support, training and meetings with a different way of conducting them, youth friendly. MHB can't reconfigure meeting to be youth friendly. Things to do to support youth would be pre-meeting so they can be comfortable of the agenda and post-meeting debriefing as support. Member Arneill forwarded email from Bina Lefkowitz, a strong advocate for youth involvement who's also on the Sac County school board as a trustee. Adults would need to be trained to work with the youth. Asked if BHS would come up with money to contract someone to give support. Will need to see if ProYouth through another contract can provide some support. Would not cost as much money for just training, pre and post briefing. Asked if Chair Sheley has brought to Ryan for his reaction. Chair Sheley responded no. Thought for committee to discuss first. Member Arneill stated to add youth, would need to support them and if unable to support, can't add them responsibly. Member Bemis asked if the youth for MHB will be from YAB. Per Member Arneill, it would be separate from YAB. Member Bemis asked if there was consideration to have a liaison from YAB? Member Arneill stated the idea was to add a youth voice in the County and not pull from YAB. Member Bemis asked if any actions needed for this or is this just an fyi only. Member Arneill responded there's a need for BHS support for contracting support to youth. Member Arneill doesn't know the dollar amount and has not spoken with ProYouth, however, Bina sent the Executive Committee's agenda to Sydney. Member Arneill stated she wasn't going to contact ProYouth until she knew there's money. Chair Sheley to check with division to find out and bring back to committee and that bylaws is still in the works. Member Arneill stated there were still some questions. Adding 5 would increase youth voice. 25% would be proportionate representation of youth in the MHB. Report was approved and taken as recommendation approved. Chair Sheley said the Chiefs of Staff didn't have comments. Draft bylaws to exec committee then to board. Member Arneill doesn't want to work on bylaws if there's no money. Chair Sheley agreed this can be a directive. Member Bemis stated youth would need to come from different districts, 1 from each district. Member Bemis added there's still a lot of unknown that needs to be cleared up. Chair Sheley will see what division says and will provide update at next meeting.

V. Future Executive Committee Work, Executive Committee Members

Chair Sheley to put further out in the future a placeholder for mission statement at next retreat. Asked if there are any others. Member Cho responded to revisit topic discussed previously and neglected due to priorities. Administrative issues of records. Identify issues/ideas to improve professionalism of the board to do work more efficiently. Noticed different versions of conduct agreement. Suggests for a secure central place for files/record; Cloud where all the

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<p>board can have access and avoid getting wrong/different version for proofing. Also, log activity for calls and/or site visits to record activities for annual report to Supervisors. Easy to pull and build on report. Member Bemis thinks it's interesting but doesn't know how it would be done and defers to everyone else. Member Arneill, responded IT would be able to respond to feasibility for cloud access. Chair Sheley agrees to a central place for files but wonders how it intersects with the Brown Act. Member Cho responded it would just be logging activities with added benefit of having files in one place. Member Arneill agrees it would be easier to pull docs. Member Sako also concerned with Brown Act and suggested to discuss with Counsel. Member Sako on recruitment, getting details on how to actively recruit for vacant and will become vacant when folks term out. Member Bemis suggests outreach to different county events. Member Arneill added expert pool meetings.</p>
<p>VI. Public Comment (3 minutes per person), Members of the Public None.</p>
<p>VII. Adjournment, Loran Sheley Chair Sheley adjourned the meeting at 12:54pm.</p>