

Sacramento County Mental Health Board Executive Committee Meeting

MINUTES – TELECONFERENCE MEETING

Tuesday, December 20, 2022

12:00 pm

Attendees: Laura Bemis, Ann Arneill, Paul Wagstaffe, Corrine Sako and William Cho

Absent: None

Agenda Item
<p>I. Welcome and Introductions</p> <ul style="list-style-type: none">Vice-Chair Wagstaffe convened meeting at 12:04pm <p>II. Conduct Agreement</p> <ul style="list-style-type: none">Member Bemis read the Conduct Agreement and introductions were made.
<p>III. Discussion/Action Item: Review & Approve Youth Membership Bylaw Amendment Provisions</p> <ul style="list-style-type: none">Member Arneill spoke on the two items to be finalized. She had clarified with Rob Parrish pertaining to Article 4, Section 3 that sites requirement of 50% of members are to be consumers or parent/sibling of a youth child which Rob confirmed. The other item is the 2nd to last sentence, discussion on terms/renewals. Per Vice-Chair Wagstaffe reappointed once, serves 2 years, then off. Member Bemis thinks this is correct because with their age, they'll be an adult. Vice-Chair Wagstaffe suggested wording to be, "they may be reappointed once in addition to their 1 year term". Member Arneill moved to adopt bylaw amendment as amended. Member Bemis seconded. Vice-Chair Wagstaffe invited public for comment to which there were none. Committee voted and motion passed, 3-0.Vice-Chair Wagstaffe proposed to reopen voting with Chair Sako and Member Cho's arrival at the meeting. For Chair Sako and Member Cho's information, Member Arneill repeated earlier discussion, motion and vote. Vice-Chair Wagstaffe reopened the voting with all present. Motion passed unanimously. Member Arneill to make changes and email to Chair Sako for full MHB vote. <p>IV. Discussion Item – MHB Retreat Planning</p> <ul style="list-style-type: none">Chair Sako recognized Patricia Wentzel as appointed to MHB and this being the last meeting for Members Arneill and Bemis due to terming out.Chair Sako shared her screen and announced retreat date scheduled for 1/21/2023. Stated that she spoke with Nancy Pena who still has funds on her contract. Nancy helped break down structure for the retreat: Starts at

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10am, welcome, review agenda, and chair/vice-chair to present on orientation/powerpoint; at 11am, teambuilding facilitated by Nancy to get to know each other. Followed by a 30-minute break then back at 1pm for MHB Business; assignments, goals and site visits. Adele James to present on implicit bias then wrap up at 3:30 to reflect on the day.

- Chair Sako asked for feedback from committee members. Member Arneill shared that she interviewed a possible D1 appointee but thinks Board of Supervisors may not be having a meeting for appointing in time for the retreat. Per Member Arneill, Jason pointed out that candidate can attend the retreat which is open to the public.
- Chair Sako brought up discussion about changes to mission and cloud storage and thought it best to discuss this at an Executive Committee space at the start of the new year. Didn't think it appropriate for the retreat. Member Arneill agreed and stated it to be too technical, requiring a lot of time.
- Member Arneill suggests to discuss membership to the Executive Committee at the Executive Committee meeting rather than at the retreat, it may be more appropriate. Member Wagstaffe liked the idea. Chair Sako asked if to be discussed now or in January meeting. Chair Sako asked Patricia Wentzel if interested in this committee. Patricia responded that she's not sure but is willing. Member Bemis asked Patricia to give it some thought. Chair Sako reminded that MHB members are required to be in one of the sub-committees. Patricia answered to go ahead and put her on. Member Wagstaffe initially thought that the committee was wanting someone that's already been on the board but with Patricia, having a new member would give a new voice. Member Cho had no objection and agreed with Member Wagstaffe. Member Arneill reminded that committee is looking for a family member in addition to a consumer and that Brad may be available during lunch to attend and Theresa is another to consider. Member Arneill added that consistent attendance is needed to avoid quorum issue.
- Paul publicly thanked Member Arneill for all her help and also acknowledged the work that Member Bemis brought to the committee as well as the board.
- Chair Sako to extend Executive Committee membership invitations to Brad, Ryan and Theresa then to Maria if all others decline.
- Chair asked if Patricia is open to sharing a little bit about herself. Patricia talked about her family and her work/experience with NAMI.

V. Public Comment (3 minutes per person)

- None.

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VI. Adjournment

- Chair Sako adjourned the meeting at 12:59pm and reminded the next meeting is scheduled for Tuesday, January 17.