



Jail Psychiatric Services: An Overview

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Sacramento County Jail: Statistics



- Main Jail was built in 1989 to house 1,200 inmates. Over the years, double bunking increased the capacity to 2,400 inmates.
- Additional facility: RCCC houses >2,000 sentenced and pre-trial inmates.
- Approximately >50,000 bookings per year
- Approximately **17% (~750)** of total inmates are followed by Jail Psychiatric Services

Jail Psychiatric Services (JPS)

- JPS has provided mental health services to inmates since 1978.
- Contractual agreement between UC Davis Department of Psychiatry and Sacramento County Sheriff's Department.
- Multidisciplinary team which includes Psychiatrists, NP, RNs, LCSWs, LVNs, MSW interns and clerical support staff
- Services include: acute psychiatric triage, medication management, inpatient LPS-certified psychiatric unit (18 beds), community re-entry coordination

**IF YOU NEED MEDICAL OR
PSYCHIATRIC ATTENTION
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Outpatient Services

Provides psychiatric services to the general inmate population.

Referrals to JPS:

- **–From medical at the time the inmate is booked (routine, danger-to-self, danger-to-others and grave disability)**
- **–Self-referrals through “Kite” process**
- **–Custody**
- **–Community providers**
- **–Family members**
- **–Court/Attorney**



Acute Jail Inpatient Services

- **18 Bed Acute Psychiatric Unit**
- **Located at the Main Jail**
- **Voluntary & Involuntary (LPS) patients**
- **24 Hour Licensed Staff**
- **Emergency Medication Initiation & ongoing Medication Management**
- **Riese and Certification Hearings**
- **Daily Psychiatrist Evaluations**



SUICIDE
WATCH.
DO NOT
TURN OFF
LIGHTS



What to do if loved one with mental illness is in Jail?

- Be calm, patient, and supportive! Don't show high "emotional expression" or shame (may be risk for suicide)
- Share important information with jail staff (custody, medical, psychiatric):
- **INMATE HOTLINE: 916-875-9782**
- **Inmatepatientcare@saccounty.net**

QUESTIONS?