

## About the Center for Counseling and Diagnostic Services

The Center for Counseling and Diagnostic Services has been in operation on the campus of Sacramento State since 1968. It is equipped with family counseling rooms, small counseling cubicles, and art and play therapy materials.

Services are offered during the academic year: September through December and February through May. Services are generally limited to one semester, up to a maximum of fourteen sessions.

We encourage you to use our services whatever your age, ethnicity, cultural background, sexual orientation, marital status, or family situation. Single-parent and blended families, "traditional" and partners and individuals of any background and life situations are welcome.

### Important Notes

- There is a \$100.00 per semester processing fee for all counseling services. There may be small additional charges for certain tests.
- The center is accessible to individuals with disabilities.
- Services are by appointment only. Call 916-278-6252 for more information or to set an appointment.

All providers are supervised by appropriately credentialed, licensed or trained faculty.

The Center functions as a training center for advanced students while providing the community with low cost services for a variety of needs.

## Services



### Individual Counseling

For persons who want assistance and skills in dealing with personal changes, emotional and social crises, and other personal issues such as divorce/separation, depression, anger, stress, and addictions.

### Couple Counseling

Whether you are married, "coupled," or domestic partners, this is for those seeking to strengthen and improve their relationships or to work on unsatisfactory relationship issues.

### Family Counseling

This is for any family group who desires assistance in understanding roles, interactions, patterns of behavior, dealing with pressure and problems, school difficulties, and with members who are making major life changes.

### Career Counseling

Persons who would like assistance in learning how to make decisions and needing information or guidance for educational or career choices can receive counseling and appropriate testing services and referrals.

### Vocational Rehabilitation Counseling Services

Individuals with disabilities can receive vocational testing, career counseling and personal counseling as needed.

## Educational Testing & Child Counseling

Evaluations are offered to assist individuals, families, and schools to address school-related problems in students from kindergarten to the 12<sup>th</sup> grade. Test results and possible referrals are discussed to help establish appropriate educational programs. The fee for diagnostic services is \$200.

Testing for the eligibility of Gifted and Talented Education (GATE) programs is available for \$75.



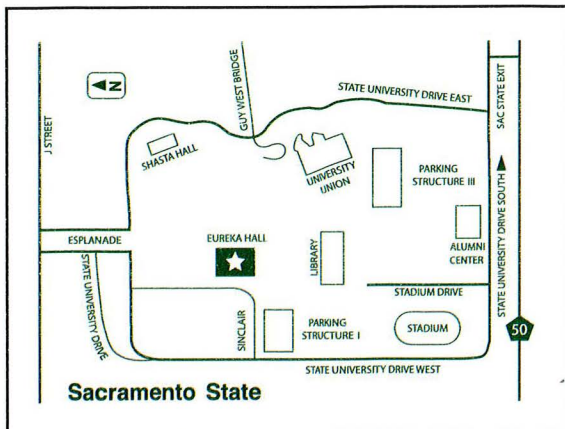
## How to Find Us

The Center for Counseling and Diagnostic Services is located in the middle of the campus: Eureka Hall, fourth floor, room 421.

Disabled parking is available. Please note that Handicapped Parking spaces on campus require a special permit and a regular disabled placard will not be honored.

A 2 hour parking permit on campus currently costs \$3. An all-day parking permit is also available at \$6.

A parking map that includes the location of the information booths is provided at the following web address: [www.csus.edu/campusmap](http://www.csus.edu/campusmap). Several bus lines service the campus



## Frequently Asked Questions

**❶ Do we test adults?**

No. Since this is a School Psychology program, we have decided to test school-age children only. We test students ages 5-18.

**❷ Do we accept insurance?**

No, we do not accept insurance, but we will supply proof of services and a receipt that you may submit to your insurance carrier.

**❸ Do we have a sliding scale?**

Not at this time, but our goal is to keep our fees reasonable.

**❹ Where do we park?**

Client parking is permitted in all student parking facilities. The closest parking to Eureka Hall is Parking Structure One (1).

**❺ Will services rendered be discussed with outside sources?**

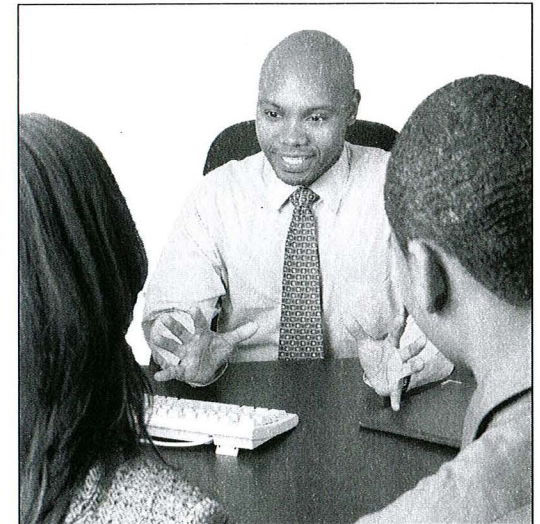
All services received are kept confidential. Documents discussed or reviewed will need appropriate request forms and authorizing signatures.

**❻ If the Center is unable to accommodate clients, what will we do?**

In cases where we are unable to assist you, we will do all we can to supply clients with appropriate referrals or other resources.

## COLLEGE OF EDUCATION

# CENTER FOR COUNSELING AND DIAGNOSTIC SERVICES



Center for Counseling and Diagnostics Services  
College of Education | Eureka Hall 421  
Sacramento State  
916-278-6252 | [ccds@csus.edu](mailto:ccds@csus.edu)  
[www.csus.edu/coe](http://www.csus.edu/coe)