

# Mental Health Services Act

CSS Expansion Planning  
MHSA Three-Year Plan Content and Process

Mental Health Board Presentation  
January 7, 2015

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## Community Services and Supports (CSS) Expansion Planning

- ▶ CSS is one of five components of MHSA
- ▶ CSS provides funding for mental health treatment services and supports for children/youth and their families living with severe emotional disturbance and adults living with a serious mental illness
- ▶ Division identified up to \$16M in MHSA Community Services and Supports (CSS) sustainable growth funding
- ▶ Planning efforts kicked off in January 2014
- ▶ Expansion focuses on improved timeliness to services and increased system capacity

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## CSS Expansion Planning cont'd

- ▶ February 2014 – MHPA Steering Committee approved a three-phased approach to planning for \$11M in CSS Expansion
  - Phase A – Bringing Adult Outpatient Regional Support Team service delivery system under MHPA umbrella
  - Phase B – New and/or Expanded Full Service Partnerships for all ages
  - Phase C – Other System Priorities based on historical inputs and/or new ideas and concepts

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## Phase A Workgroup – Regional Support Teams

- ▶ Recommended adding \$600k in CSS funding to each of the four RSTs to implement the RST Community Care Team
  - Teams will enhance engagement and timely access to services using culturally and linguistically competent services. Deliver flexible, recovery-based, individualized services, allowing for seamless transitions throughout the continuum of outpatient services and supports available in Sacramento County.
  - MHPA Steering Committee approved this recommendation on August 21, 2014

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## Phase B Workgroup – New TAY Full Service Partnership (FSP)

- ▶ Recommended development of a new Full Service Partnership Program designed to meet the needs of Transition Age Youth (TAY) ages 16–25
- ▶ Program will provide core FSP services and flexible supports that are culturally and linguistically competent. Services will include outreach, engagement, retention and transition strategies
- ▶ Steering Committee approved this recommendation and allotted \$2.5M for this program on November 20, 2014

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## What is a Full Service Partnership?

- ▶ Service category of MHSA Community Services and Supports (CSS) component
- ▶ Collaborative relationship between County (or service provider) and client and when appropriate the client's family
- ▶ Provides full spectrum of community services so that client can achieve identified goals
- ▶ “Whatever it takes”

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## FSP Services

- ▶ Core Services: Assessment, Case Management, Individual Therapy/Counseling, Group Therapy/Rehab, Collateral Support (e.g. family therapy), Crisis Intervention, Social Rehabilitation / Skills Building, Medication Evaluation and Monitoring
- ▶ 24/7 Response
- ▶ Peer Support
- ▶ Non-mental health services and supports including, but not limited to: Food, Clothing, Housing, Substance Abuse Treatment, Respite Care

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## Phase B – Existing FSP Expansion

- ▶ MHSA Steering Committee approved \$3m for expansion of existing FSP programs on November 20, 2014 in order to:
  - Increase existing FSPs capacity
  - Implement new and different service strategies that further address system challenges
- ▶ DBHS is working to :
  - Analyze FSP data in the context of identified system challenges
  - Request existing FSPs to respond to how they will address system challenges through expanded funding
  - Review FSP responses and negotiate expansion allocation
  - Implement expansion

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## Phase C – Other System Priorities

- ▶ Based on historical inputs and/or new ideas and concepts

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## SB82 Investment in Mental Health Wellness Grants

- ▶ Mobile Crisis Support Teams
- ▶ Crisis Residential Capital Funding

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## Mobile Crisis Support Teams Grant

- ▶ California Health Facilities Financing Authority (CHFFA) awarded a grant of \$266k (personnel and capital funding)
- ▶ In partnership with Sacramento Police Department:
  - Team comprised of SPD Officer and Mental Health Professional
  - Respond to calls in Downtown Sacramento
- ▶ In partnership with Sacramento County Sheriff's Department:
  - Team co-staffed with Mental Health Professional and Peer
  - Team will meet Sheriff in the field
  - Respond to calls in District 6 (South Sacramento)
- ▶ May 15, 2014 – MHSA Steering Committee approved up to \$275k annually to fund costs not covered by grant

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## Crisis Residential Capital Grant

- ▶ July 17, 2014 – MHSA Steering Committee urged DBHS to pursue new 15-bed Crisis Residential Capital Funding Round 2 grant and approves up to \$1.5m annually to fund related services
- ▶ CHFFA awarded a grant of \$1.2M in Capital Funding
  - Facility renovation costs, furnishings/equipment
  - Up to 3 months of program start up costs

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## Phase C Other System Priorities

- ▶ Based on historical inputs and/or new ideas or concepts
  - New 15-bed Crisis Residential Program services costs up to \$1.5M annually (leveraged with Medi-Cal)

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## MHSA Three-Year Plan Content and Process

- ▶ Three-Year Plan and Annual Updates are required by MHSA
- ▶ Three-Year Plan addresses Fiscal Years 2014–15, 2015–16, and 2016–17
  - Includes previously approved MHSA programs and activities
  - Includes Phases A and B of CSS Expansion Planning
  - Includes SB82 grant awards with MHSA funding

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## MHSA Three-Year Plan Process

- ▶ Draft Three-Year Plan posted for 30-day public review and comment January 11 - February 10, 2015
- ▶ January 15, 2015 - MHSA Steering Committee provides collective comment on Draft Plan
- ▶ January 27, 2015 - Cultural Competence Committee provides collective comment on Draft Plan
- ▶ February 4, 2015 - Mental Health Board provides collective comment on Draft Plan
- ▶ February 10, 2015 - Mental Health Board conducts the Public Hearing at the close of the 30-day public comment period (as required by MHSA)
- ▶ Division reviews all public comment (including collective comment) received and makes and necessary changes
- ▶ Final MHSA Three-Year Plan submitted to the Sacramento County Board of Supervisors for approval (Copy of approved Plan submitted to State)

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## Questions

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