

## MHB General Meeting Minutes

January 7, 2015

### Sacramento County Administration Building

700 H Street

Sacramento, CA 95814

Hearing Room 1

**Meeting Attendees:** Tom Campbell – Chair; Len Marowitz – Vice Chair; Leoma Lee – Secretary; Michael Hansen, Courtney Hedges, Patrick Kennedy (arrived 6:10) Laura Bemis, Brian Brereton, Sarah Jain

**Absent:** All Present

**Other attendees:** Monin Mendoza, Division of Behavioral Health Services – Mental Health, Staff; John Reed, Deputy County Counsel

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| <b>I. Call to Order<br/>Welcome and<br/>Introductions</b>                 | Tom Campbell - Chair, called the meeting to order at 6:02 p.m.<br><br>A. Approval of January 7, 2015 Agenda: Laura Bemis moved to approve the agenda and Courtney Hedges seconded: Ayes, Unanimous, Motion Passed.<br><br>B. Approval of November 5, 2014 General Meeting Minutes: Courtney Hedges moved to approve the minutes and Leoma Lee seconded: Ayes (7), Abstentions (3), Motion Passed.<br><br>C. Laura Bemis read the Comfort Agreement.  |
| <b>II. Announcements and<br/>Advocacy Reports</b> (two<br>minute reports) | <b>A. Youth, Adult, Older Adult and Consumer Advocacy Report</b><br>Sandena Bader <ul style="list-style-type: none"><li>• Introduced the new DBHS Adult Family Advocate, Bliia Cha.</li><li>• She handed out a packet of written information and links to topics of interest, such as a news article from the Sacramento News and Review titled “<i>How Sacramento turns at-risk kids into criminals,</i>” the Bazelon Center’s position regarding inpatient and outpatient commitment; a SAMHSA report titled <i>Shared Decision Making in Mental Health Care</i>; and SAMHSA’s definition of recovery (Attachments A, B, C).<ul style="list-style-type: none"><li>○ The Statewide Plan to Reduce Mental Health Disparities has been released and is in the 30 day public review process with four regional forums arranged throughout the State.</li><li>○ The League of United Latin American Citizens (LULAC) report investigates Ventura County’s</li></ul></li></ul> |

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|   | <p>ability to provide culturally competent services to Latino clients in their community.</p> <p><b>B. Association of Mental Health Contractors (AMHC) Report</b><br/> Laura Heintz<br/> She is the newly elected president of the AMHC. She extended a great deal of appreciation to Paul Lake, Countywide Services, Deputy County Executive; Sherri Z. Heller, Director of Health and Human Services; and Uma Zykofsky, DBHS Director for the ongoing discussion of a cost of living increase for mental health contracted providers. They have made progress.</p> <p><b>C. Law Enforcement Report</b><br/> No announcements</p>  |
| <p><b>III. MHB Announcements and Participation in Committees, Meetings, Conferences</b></p> | <p><b>A. MHB Announcements (5 minutes)</b><br/> Tom Campbell<br/> He reminded members of the MHB Retreat meeting scheduled for January 31, 2015.</p> <p><b>B. Subcommittee Budget Meeting – Leoma Lee or Alternate (5 minutes)</b><br/> Leoma Lee<br/> The next MHB Budget Subcommittee meeting is scheduled for January 20, 2015.</p> <p><b>C. Mental Health Services Act (MHSA) Steering Committee – Alternate, Brian Brereton (5 minutes)</b><br/> Brian Brereton<br/> The MHSA Steering Committee did not meet in December 2015. He will be the MHB representative. An alternate for this committee will be discussed at the MHB Retreat later this month.</p> <p><b>D. Quality Improvement Committee (QIC) – Len Marowitz (5 minutes)</b><br/> Len Marowitz<br/> The committee did not meet in December 2014. Their next meeting will be in January 2015.</p> <p><b>E. Other Member Participation Updates/Report Backs (concerning county mental health programs) (10 minutes)</b><br/> Sarah Jain<br/> She recently spoke with a NAMI (National Alliance on</p> |

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|  | <p>Mental Illness) member, Mark Gale. He is actively involved with Laura's Law. He said other jurisdictions around the state have been involved in enacting Laura's Law.</p> <p>Tom Campbell and Len Marowitz</p> <p>They will be attending the Human Services Coordinating Council (HSCC) retreat on January 8, 2015. Additionally, Len Marowitz is on their email distribution list, he will provide the MHB with materials he receives from the HSCC.</p>   |
| <p><b>IV. Division of Behavioral Health Services (DBHS), Mental Health Director's Report</b></p> | <p><b>Uma Zykofsky, Director, reported the following:</b></p> <ol style="list-style-type: none"> <li>1) Sacramento County was awarded the California Health Facilities Financing Authority (CHFFA) Crisis Residential 15-bed grant. The grant is for \$1.2 million of capital funding, which Sacramento County will match with \$1.5 million of MHSA Steering Committee-approved funding. There is going to be a third round of grant funding through CHFFA.</li> <li>2) On December 9, 2014, the Board of Supervisors (Board) approved a board letter requesting authority to pay invoices that exceeded projected funding in the current contracts. This request was made through the end of January 2015 to cover invoices from October 2014 through January 2015. DBHS will return to the Board in late January 2015 to seek contract authority for the remainder of the year. DBHS is negotiating with hospitals to reduce rate of \$950 a day per bed. DBHS will continue to seek solutions to the growing increase for inpatient psychiatric services for Medi-Cal clients due to an increase of eligible individuals through the Affordable Care Act.</li> <li>3) As previously mentioned, the IMD Demonstrations Project, which allows Medi-Cal funding for private psychiatric facilities of more than 16 beds, will end in June 2015. California is one of 11 states with this waiver. Sacramento, the California Department of Health Care Services (DHCS), and the other 10 states are advocating to the Federal government to extend and expand the project. There may be Federal legislation in March 2015 that appears positive.</li> </ol> <p>A question was asked about the State of Washington's IMD waiver. They had a deadline in December 2014 to submit some information to the</p> |

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|       | <p>Federal government to obtain a waiver. She will meet with DHCS next week to understand better what is happening in Washington state and what the possibilities for California may be. Some of the difference is that in California mental health plans are delivered and administered by the counties and in some states it is administered by the state. Ms. Zykofsky will keep the MHB apprised of what she learns.</p> <p>4) Ms. Zykofsky thanked the Association of Mental Health Contractors (AMHC) for continuing to discuss their concerns regarding a cost of living increase to their contracts for outpatient mental health services. DBHS has provided AMHC with information relating to their request and will continue to seek solutions and opportunities to increase capacity.</p> <p>5) The External Quality Review Organization (EQRO) audit was completed in November 2014. No report of the results have been received yet. The Triennial Medi-Cal review, conducted once every three years by DHCS, was completed at the end of October 2014. No report on the results of that review has been issued either. Both of these reviews are comprehensive and extensive.</p> <p>6) The Respite Partnership Collaborative has awarded their third round of grants in December 2014. A Church for All, Gender Health Center, and the Sacramento LGBT Community Center received grants for a total of \$225,000 for respite mental health services to the unserved and underserved population experiencing a mental health crisis. Wind Youth Services and the Sacramento LGBT Community Center received \$350,000 to provide alternative to psychiatric hospitalization for teens and transition-age youth.</p> <p>7) DHCS has released the Drug Medi-Cal Organized Delivery System Expression of Interest Letter. DHCS is asking counties to opt in our out to operate a service delivery system like the Mental Health Plan. Sacramento County has submitted preliminary interest in participation to DHCS.</p> <p>8) DBHS is developing a training for mental health providers in collaboration with Child Protective Services (CPS). This training is to better assess risk and ensure safety for people we serve in both mental health and child welfare systems within existing</p> |

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|   | <p>mandated reporting requirements and best clinical practices. Ms. Zykofsky will keep the MHB updated.</p> <p>9) Jeff King, DBHS budget analyst, will be moving under Sherri Heller, but will still be available for consultation.</p>   |
| <p><b>V. Presentation</b> (30 minutes)</p>                  | <p><b>DBHS Mental Health Services Act (MHSA) and Other Program Updates:</b></p> <p>Jane Ann LeBlanc, MHSA, Program Manager presented the following:</p> <p>The Community Services and Supports is one of five components of MHSA. This component provides funding for mental health treatment services and supports individuals living with severe emotional disturbance or serious mental illness. DBHS identified up to \$16 million in growth funding, which will allow the DBHS, through the community planning process, to fund new or expand existing programs. A Three-Year Plan for Fiscal Years 2014/15, 2015/16, and 2016/17 is required by MHSA. The draft MHSA Three-Year Plan must be posted and made available for a 30-day public review and comment. At the end of the 30 day period, the MHB must conduct a public hearing to receive comments from the public (Attachment D).</p> |
| <p><b>VI. Discussion/Action</b></p>                         | <p><b>A. Approve Revised Bylaws Amendments (Action)</b></p> <p>Michael Hansen moved to approve the submission of the MHB Bylaws amendments and Courtney Hedges seconded: Ayes, Unanimous, Motion Passed (Attachment E).</p> <p><b>B. Approve AOT (Assisted Outpatient Treatment) Ad Hoc Committee Research Outline (Action) (5 minutes)</b></p> <p>Leoma Lee moved to designate an ad hoc committee to determine the feasibility of AOT in Sacramento County and report to the Mental Health Board in July 2015 and Courtney Hedges Seconded: Ayes (7), Nays (1), Abstentions (1), Motion Passed (Attachment F).</p> <p><b>C. Designation of Ad Hoc Committee to Further Review Assisted Outpatient Treatment in Sacramento County (Action) (20 minutes)</b></p> <p>Item tabled.</p>  |
| <p><b>VII. Public Comment</b> (two minutes per comment)</p> | <p>Len Marowitz – has read the study referenced in the November 5, 2014 minutes. He stated that the study in the Lancet Journal, dated March 26, 2013, is not a decade old</p>  |

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|  | <p>and concerns a procedure that does not involve courts and is not the same as Laura's Law.</p> <p>Sherry Heller – Supervisor Phil Serna wanted her to convey to the MHB his continuing support for the work they do. He graciously gave up his membership because of Supervisor Patrick Kennedy's strongly expressed interest in mental health issues during his campaign. Supervisor Serna remains strongly committed to mental health issues.</p> |
| <p><b>VIII. Next Meeting/Adjournment</b></p> | <p><b>A. Next Meeting:</b> February 4, 2015<br/> <b>B. Adjournment:</b> 8:43 pm</p>   |