

## MHB General Meeting Minutes

February 4, 2015

### Sacramento County Administration Building

700 H Street

Sacramento, CA 95814

Hearing Room 1

**Meeting Attendees:** Tom Campbell – Chair; Len Marowitz – Vice Chair; Leoma Lee – Secretary; Michael Hansen, Patrick Kennedy, Sarah Jain

**Absent:** Laura Bemis, Courtney Hedges, Brian Brereton

**Other attendees:** Monin Mendoza, Division of Behavioral Health Services – Mental Health, Staff; John Reed, Deputy County Counsel

Topic	Minutes
<b>I. Call to Order Welcome and Introductions</b>	<p>Tom Campbell - Chair, called the meeting to order at 6:04 p.m.</p> <p>A. Approval of February 4, 2015 Agenda Leoma Lee moved to approve the agenda and Patrick Kennedy seconded: Ayes, Unanimous, Motion Passed.</p> <p>B. Approval of January 7, 2014 General Meeting Minutes: Michael Hansen moved to approve the minutes as amended to Topic VII. Len Marowitz's public comment to state the following: <i>has read the study referenced in the November 5, 2014 minutes. He stated the study in the Lancet Journal, dated March 26, 2013, is not a decade old and concerns a procedure that does not involve courts and is not the same as Laura's Law.</i> Leoma Lee seconded: Ayes, (Unanimous), Motion Passed.</p> <p>C. Michael Hansen read the Comfort Agreement.</p>
<b>II. Announcements and Advocacy Reports</b> (two minute reports)	<p><b>A. Youth, Adult, Older Adult and Consumer Advocacy Report</b></p> <p>Blia Cha, Family Advocate</p> <ul style="list-style-type: none"><li>• There is a name change for Mental Health America, it is now formally known as "NorCal MHA" (Mental Health America of Northern California).</li><li>• DBHS contracts with NorCal MHA to fund Family and Consumer Advocates to support and represent family members and consumers interests in the community across the lifespan.</li></ul>

Topic	Minutes
	<ul style="list-style-type: none"> <li>• Expert Pool Town Hall Meetings 2015. The next meeting is on February 6, 2015 (Attachment A).</li> <li>• Save the Date handout for the annual Consumer Speaks Conference to be held on June 26, 2015 (Attachment B).</li> <li>• Open Mic Night occurs the second Saturday of every month (Attachment C)</li> <li>• A Teen Co-ed Group for ages 13 to 18 years old every Tuesday night (Attachment D)</li> <li>• A free 10-week session Anger Management group for ages 13 to 18 years old on Wednesday evenings through SAFE (Sacramento Advocacy for Family Empowerment) (Attachment E)</li> <li>• A SAFE Family Support Group in English and Spanish is open every Tuesday (Attachment F).</li> </ul> <p><b>B. Association of Mental Health Contractors (AMHC) Report</b></p> <p>Laura Heintz</p> <p>The AMHC remains optimistic regarding their request on a cost of living increase.</p> <p><b>C. Law Enforcement Report</b></p> <p>No report</p>
<p><b>III. MHB Announcements and Participation in Committees, Meetings, Conferences</b></p>	<p><b>A. MHB Announcements (5 minutes)</b></p> <p>Len Marowitz</p> <p>He attended the Human Services Coordinating Council Retreat. There were three main areas of concern: Housing First model; map treatment centers to transportation availability; and the idea of a safety net.</p> <p>He attended an event by Stop Stigma Sacramento (Mental Health: It's not always what you think, project) "Telling Our Story to End the Stigma of Mental Illness" at the Guild Theater in Oak Park, Sacramento. It was a very moving event.</p> <p><b>B. Subcommittee Budget Meeting – Leoma Lee or Alternate (5 minutes)</b></p>

Topic	Minutes
	<p>Leoma Lee</p> <p>The next MHB Budget Subcommittee Meeting is scheduled for March 17, 2015.</p> <p><b>C. Mental Health Services Act (MHSA) Steering Committee – Brian Brereton or Alternate (5 minutes)</b></p> <p>The next meeting will occur on February 26, 2015. Tom Campbell will be the alternate representing the MHB on the MHSA Steering Committee.</p> <p><b>D. Quality Improvement Committee (QIC) – Len Marowitz (5 minutes)</b></p> <p>Len Marowitz</p> <p>DBHS Program Manager, JoAnn Johnson, spoke for the Cultural Competence Committee regarding multi-competence training for all direct service providers. Dr. Robert Hales reviewed suicide statistics in Sacramento County; none occurred in the last month. The number of suicides appears to be lower for the year; however, there is a question as to the accuracy. A workplace violence committee is being started. It was reported that a significant improvement in corrective actions for proper use of medicines is happening. The annual work plan is being worked on. The Mobile Support Crisis Team is targeted to be up and running in February or March 2015. The Navigator Program is planned for June 2015.</p> <p><b>E. Other Member Participation Updates/Report Backs (concerning county mental health programs) (10 minutes)</b></p> <p>Leoma Lee</p> <p>The Disability Action Committee did not meet last night.</p>
<p><b>IV. Division of Behavioral Health Services (DBHS), Mental Health Director’s Report</b></p>	<p><b>Uma Zykofsky, Director, reported the following:</b></p> <ul style="list-style-type: none"> <li>• MHSA will be updated by program manager, Jane Ann LeBlanc.</li> <li>• As previously reported, DBHS is continuing to negotiate for inpatient beds with the psychiatric and emergency hospitals regarding the cost of</li> </ul>

Topic	Minutes
	<p>daily bed rates. The Board of Supervisors approved a two month increase through April 1, 2015. DHBS is planning new ways to approach this resource issue.</p> <ul style="list-style-type: none"> <li>• Sacramento County’s legislative lobbyist is working on the IMD Demonstration Project to extend it along with ten other states. It looks promising. DBHS learned recently that two federal legislative representatives are interested in carrying legislation in February to obtain an extension, which is positive. Another possibility is the elimination of the IMD Exclusion, which is not as promising. Ms. Zykofsky met with DHCS Deputy Director regarding the question of why California is not able to extend the IMD Demonstration project the way Washington State and others have. The Deputy Director indicated that she is aware. They do not see a path at this time for the elimination of the IMD exclusion in California. However, along with other counties, Sacramento is lobbying for the extension.</li> <li>• Ms. Zykofsky acknowledged Board of Supervisors members Phil Serna and Patrick Kennedy, along with courts, chief probation Officer and District Attorney personnel, for touring DBHS programs TCORE and Turning Point ISA that provide services for consumers involved with the Mental Health Court. It gave them an understanding of the multidisciplinary approach to providing services and treatment.</li> <li>• As requested by MHB members, DBHS is working on coordinating a tour to Guest House.</li> <li>• The External Quality Review Organization (EQRO) and Medi-Cal audits’ findings have not been received. Once DBHS receives them, they will make arrangements for a presentation about the audits to the MHB.</li> <li>• The Little Hoover Commission Report was recently published regarding the statewide performance of the MHSA. It contains a lot of information. Sacramento County, as well as</li> </ul>

Topic	Minutes
	<p>other counties, submitted a great deal of data to the state. Jane Ann LeBlanc will present the types of data submitted regarding MHSA Consumer Services and Supports Full Service Partnership programs and others. There is no doubt MHSA has improved the lives of people in this community.</p>
<p><b>V. Presentation (30 minutes)</b></p>	<p><b>A. Draft Mental Health Services Act (MHSA) Fiscal Year 2014-15, 2015-16, and 2016-17 Three-Year Program and Expenditure Plan</b></p> <p>DBHS program manager, Jane Ann LeBlanc, reported on the MHSA Fiscal Year 2014-15, 2015-16, and 2016-17 Three-Year Program and Expenditure Plan (Plan). The Plan was posted on January 11, 2015 for a 30-day review for public comments. The 30 days will conclude on February 10, 2015 with a Public Hearing to be convened by the MHB. She highlighted areas of the plan that were of interest to the MHB such as Sacramento CSS Full Service Partnership Program Fiscal Year 2012-13 Outcomes:</p> <ul style="list-style-type: none"> <li>• Hospitalizations decreased by 43%</li> <li>• Hospital days decreased by 54%</li> <li>• Total arrests decreased by 73%</li> <li>• Incarcerations decreased by 53%</li> <li>• Incarceration days decreased by 59%</li> <li>• Homeless episodes decreased by 86%</li> <li>• Homeless days decreased by 92%</li> <li>• Connected to Primary Care increased by 29%</li> </ul> <p>(Attachments G &amp; H).</p> <p><b>B. MHB Collective Comment relating to the Draft MHSA Fiscal Year 2014-15, 2015-16, and 2016-17 Three-Year Program and Expenditure</b></p> <ul style="list-style-type: none"> <li>• The Plan flowed well and was logical to follow but could use a table of contents.</li> <li>• It is particularly important to define “Peer” in</li> </ul>

Topic	Minutes
	<p>the plan. A lot of terms can be used interchangeably like peer, mentorship, advocacy, service partners etc.</p> <ul style="list-style-type: none"> <li>• Improve alternatives to hospitalization by increasing more outpatient capacity or get them out of the hospital sooner when it is in the consumer's best interest.</li> <li>• What is missing in the Plan may be beyond DBHS's control. Perhaps something like a mission statement of guiding principles as it relates to the intent of Proposition 63.</li> <li>• A general comment is to identify teens and young adults early to prevent and intervene to lessen the mental illness impact. It may be in the report but state the mechanisms that identify these individuals. The first three months are critical.</li> <li>• The report is good and comprehensive but leaves out involuntary treatment. People do not know that they are sick and then are incarcerated.</li> </ul>
<p><b>VI. Public Comment</b> (two minutes per comment)</p>	<p>No public comment.</p>
<p><b>VII. Next Meeting/Adjournment</b></p>	<p><b>A. Next Meeting:</b> March 4, 2015  <b>B. Adjournment:</b> 8:26 pm</p>

Approved MHB General Meeting 03/04/15