

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**
April 6, 2016

Sacramento County Administration Building
700 H Street
Sacramento, CA 95814
Hearing Room 1

MHB Member Attendance			
Name	Attendance	Name	Attendance
<i>Tom Campbell, Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Sarah Jain	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
<i>John Puente, Vice Chair</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
<i>Ann Arneill, Secretary</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Len Marowitz	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Collette Johnson-Schulke	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Elizabeth Emkin	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kindra Montgomery-Block	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Michael Hansen	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Erin Platt	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Courtney Hedges	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Anne Slakey	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Staff to the MHB			
Name	Attendance	Name	Attendance
Stephanie Dasalla	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	John Reed	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Call Meeting to Order, Welcomes, and Introductions	<p>In the absence of a quorum, Mr. Campbell, MHB Chair, unofficially called the meeting to order at 6:04 pm. The meeting began with non-voting/non-action agenda item:</p> <p>II: Announcements and Advocacy Reports</p> <p>A. Youth, Adult, Older Adult, and Consumer Advocacy Report</p> <p>Ms. Andrea Crook, DBH Consumer Liaison, announced the following:</p> <ul style="list-style-type: none"> • Mental Health Matters: May 24, 2016 at 9:30 am at the West Steps of the Sacramento Capitol (Attachment A) • 20th Annual Consumer Speaks Conference: May 26, 2016 at 10:00 am at the Holiday Inn Sacramento-Capitol Plaza. The focus this year is on the history of the mental health recovery movement and Sally Zinman will be the keynote speaker. The MHB will have a resource table at the event (Attachments B-D) • National Alliance on Mental Illness (NAMI) Walk – A team of walkers, <i>The Wellness Walkers</i>, has been formed and team members will wear white t-shirts to express their support in raising mental health awareness and reducing stigma. All are welcome to join <i>The Wellness Walkers</i>. Wear a white t-shirt to show your support! (Attachment E) <p>With a quorum present, Mr. Campbell officially called the meeting to order at 6:09 pm. MHB members and audience members were introduced.</p>

Agenda Item	Discussion
	<p>Mr. Campbell introduced Mr. Austin Trujillo as a new MHB member; Public Interest Representative, District 1. Mr. Trujillo served as a non-voting member this evening. Mr. Trujillo will serve as a voting member at the May 2016 General MHB meeting upon completion of the appointment process. MHB members welcomed Mr. Trujillo to the MHB.</p> <p>A. Approval of the April 6, 2016 MHB General Meeting Agenda</p> <p>Mr. Hansen made a motion to approve the April 6, 2016 agenda and Ms. Hedges seconded the motion; motion carried (Abstention: 1 Trujillo).</p> <p>B. Approval of the March 2, 2016 MHB General Meeting Minutes</p> <p>Ms. Johnson-Schulk made a motion to approve the March 2, 2016 MHB General Meeting minutes and Mr. Marowitz seconded the motion; motion carried (Abstentions: 2 Hanson, Trujillo).</p> <p>C. MHB Comfort Agreement</p> <p>Ms. Slakey read the MHB Comfort Agreement.</p>
<p>II. Announcements and Advocacy Reports (two minute reports)</p>	<p>A. Youth, Adult, Older Adult, and Consumer Advocacy Report (con't)</p> <p>A presentation was given at the April 1, 2016 Expert Pool Town Hall Meeting on eleven crisis respite centers that are part of the Sierra Health Foundation Respite Partnership Collaborative. Ms. Crook provided resource cards for the respite centers to MHB members (Attachment F). Ms. Bemis commented that she attended the Expert Pool Town Hall Meeting and felt there was excellent representation of individuals from different ethnicities, gender identification, and cultural backgrounds that spoke about their positive experiences with the respite centers. Ms. Bemis highly recommends the MHB to schedule site visits of the respite centers.</p> <p>B. Advocacy and Peer Provider Programs – no items reported</p> <p>C. Association of Behavioral Health Contractors Report (ABHC)</p> <p>Ms. Laurie Clothier reported that housing stability for the clients we serve is a high priority for the ABHC. A focus group is being developed to assess the housing needs for individuals with mental illness.</p> <p>The ABHC is concerned about the potential impact of the increase in minimum wage that will go into effect January 2017. The increase most likely will not affect mental clinician salaries. However, all providers have administrative and support staff that most likely will be affected and provider agencies will need to consider internal salary equity in an already challenging recruitment and retention environment. The ABHC will work closely with the Division of Behavioral Health Services (DBHS) regarding this issue.</p> <p>D. Law Enforcement Report – no representative present</p>
<p>III. MHB Announcements and Participation in Committees, Meetings, Conferences</p>	<p>A. MHB Announcements (5 minutes)</p> <p>Mr. Campbell reminded MHB members that liaison reports will be staggered rather than each liaison reporting at each monthly meeting. Mr. Campbell announced that the May 4, 2016 MHB General Meeting will have a different format. Liaison reports will be deferred to the June 1, 2016 MHB General Meeting to allow Ms. Uma Zykofsky to provide a MHB Orientation/Training at the May meeting. Updated MHB Handbooks will be distributed at that time as well.</p>

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	<p>Mr. Campbell solicited volunteers to staff the MHB table at the Consumer Speaks Conference on May 26, 2016. Ms. Platt, Ms. Beemis, Ms. Slakely, and Ms. Johnson-Schulke volunteered.</p> <p>B. Alcohol & Drug Advisory Board Report</p> <p>Ms. Johnson-Schulke and Ms. Slakey will attend the April 13, 2016 Alcohol & Drug Advisory Board meeting and will provide a report back at the June 1, 2016 MHB General Meeting.</p> <p>C. MHB Education & Outreach Report – no report provided</p> <p>D. DBHS Quality Improvement Committee (QIC) Report</p> <p>Mr. Marowitz provided a report regarding the February 24 and March 23, 2016 QIC meetings (Attachment G). MHB members expressed interest in learning more about the two Performance Improvement Projects (PIPs). Ms. Zykofsky will provide more information about the two PIPs at next month's meeting.</p> <p>E. NAMI Report</p> <p>Ms. Bemis was unable to attend the most recent NAMI meeting. However, Ms. Bemis is involved in a new NAMI project that will include crisis intervention training for the California Highway Patrol through a Speaker's Bureau format. Ms. Beemis is seeking mental health consumers or family members with lived experience with law enforcement to participate in the project.</p>
<p>IV. Director's Report</p>	<p>A. Director's Report</p> <p>The report provided by Ms. Zykofsky, Sacramento County Behavioral Health Director, can be read in Attachment H. "Success Stories" for the Mental Health Navigator Program will be sent to the MHB after the presentation at next week's Human Services Coordinating Council Meeting.</p> <p>B. Question and Answer Session</p> <p>Ms. Emken asked if there are any budget numbers for Fiscal Year 2016-17 that can be shared at this point. Ms. Zykofsky explained that the County is in the beginning stages of budget preparation and it is too early to share budget information at this time. We hope to have some preliminary budget numbers that can be shared at the May 17, 2016 MHB Budget Sub-Committee Meeting.</p> <p>Ms. Slakey asked if there are any presentations regarding homelessness and housing that could be shared with the MHB. Ms. Zykofsky responded by inviting MHB members and other community members to attend the April 21, 2016 Mental Health Services Act (MHSA) Steering Committee Meeting, which will include a presentation on homeless program for persons with serious mental illness and housing investments made by DBHS. Ms. Zykofsky will also share other housing/homeless presentations with the MHB.</p> <p>Ms. Bemis asked is she arrives to the April 19 Opioid Task Force after the 3:00 pm start time, if she would still be permitted to join the meeting. Ms. Zykofsky confirmed that the doors remain open after the official start of the meeting and she is welcome to attend.</p> <p>Mr. Marowitz asked when and where the MHSA Steering Committee Meetings are held. Ms. Zykofsky explained that the MHSA Steering Committee Meetings are held on the third Thursday of the month from</p>

Agenda Item	Discussion
	6:00 pm – 8:00 pm at the Grantland L. Johnson Center for Health and Human Services (7001-A East Parkway, Sacramento, CA 95823 – Conference Room 1).
V. MHB Action and Information Items	<p>A. Discuss draft methodology for performance and needs report A draft of the Methodology for the Performance and Needs Report (Attachment I) was reviewed, which is a summary of the Ad Hoc Committee's work thus far. Ms. Zykofsky recommended adding the MHSA Annual Plan Update as an additional source and to breakdown observations by constituencies; consumer, family member, and public interest perspective. Vignettes in the navigator report that will be provided to the MHB Chair by email next week will also provide more examples.</p> <p>B. Discuss MHB public contact protocol Mr. Campbell presented a memorandum of the policy that should be followed when a MHB member receives a complaint, inquiry, or request for advice or assistance from a member of the public (Attachment J). Dr. Sherri Heller added that MHB members can also contact the Department of Health and Human Services' ombudsman if appropriate.</p> <p>C. Discuss Form 700 financial disclosure requirements Mr. Reed, Sacramento County Counsel, reminded MHB members of their requirement to disclose financial information by completing Form 700. The deadline to complete Form 700 was April 1, 2016. MHB members that have not completed Form 700 should do so immediately to avoid any penalty fines that could be incurred.</p>
VI. Public Comment	<p>Mr. Hansen recommended moving public comment to earlier on the agenda and/or allowing public comment before each action/vote item. Mr. Reed confirmed that this recommendation is something that can be considered by the Chair of the MHB. Mr. Campbell commented that he will take this under advisement.</p> <p>Public Comment: Ms. Eva Nunes introduced herself as a mental health consumer with a learning disability. Ms. Nunes is advocating for more peers in the mental health system and to have peers work more closely with mental health clients in their homes. Ms. Nunes expressed interest in becoming a MHB member and advocating for those with mental health issues and learning disabilities.</p>
VII. Next Meeting and Adjournment	Mr. Campbell adjourned the meeting at 7:49 pm and announced that the next MHB General meeting would be held on May 4, 2016 at 6 pm.