

Mental Health Board

2016 Goals

As Approved at the March 2, 2016 General Meeting

For 2016, the Mental Health Board identifies the following goals to guide its annual planning efforts:

1. **MONITOR** the on-going implementation of the redesign of Sacramento County's continuum of mental health services, which focuses on alternatives to inpatient hospitalization and reducing the use of emergency departments as the sole source of help for people experiencing a mental health crisis.
2. **REVIEW** the existing system of care for children and youth to identify gaps in mental health services, with special focus on the needs of at-risk youth and transition age youth. **IDENTIFY** emerging issues regarding foster children, including Katie A* implementation.
3. **CONSULT** with the Sacramento Steps Forward group and other stakeholders to ensure that there is a system of care for the homeless mentally ill population.
4. **REVIEW** the status of the recommendations in the MHB's 2012 feasibility study of treatment alternatives for individuals with chronic untreated mental illness in Sacramento County to determine if the MHB should continue to advocate for their implementation by DBHS and the Board of Supervisors.
5. **DEVELOP** a recommendation on whether Assisted Outpatient Treatment (AOT) is appropriate for Sacramento County and submit that recommendation to the Board of Supervisors. Consider the need for AOT in the context of the DBHS redesign of the county's continuum of mental health services.
6. **PROVIDE** monthly mental health provider site visits for the MHB members.
7. **EXPAND** participation in key countywide and community stakeholder committees to promote MHB involvement in planning activities for new and expanded programs.
8. **ADVOCATE** for additional rehabilitative and expanded mental health services in the criminal justice system. **STUDY** mental health issues in the criminal justice system to ensure that it is meeting the needs of persons with mental illness
9. **COLLABORATE** with the DBHS and the California Mental Health Planning Council to utilize robust data on the performance of the Sacramento public mental health system.
10. **RECRUIT** full and diverse membership of the MHB.

* Katie A was a federal class action lawsuit (2002-2011) filed on behalf of California's foster youth and children at risk of out-of-home placement. It resulted in improved mental health screening and coordination of community mental health services offered through Medi-Cal for foster youth.