

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**
July 6, 2016

Sacramento County Administration Building
700 H Street
Sacramento, CA 95814
Hearing Room 1

| MHB Member Attendance | | | |
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| Name | Attendance | Name | Attendance |
| <i>Tom Campbell, Chair</i> | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Sarah Jain | <input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent |
| <i>John Puente, Vice Chair</i> | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Supervisor Patrick Kennedy | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent |
| <i>Ann Arneill, Secretary</i> | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Len Marowitz | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent |
| Laura Bemis | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Collette Johnson-Schulke | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent |
| Elizabeth Emken | <input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent | Kindra Montgomery-Block | <input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent |
| Matt Gallagher | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Erin Platt | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent |
| Michael Hansen | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Anne Slakey | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent |
| Courtney Hedges | <input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent | Austin Trujillo | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent |
| Staff to the MHB | | | |
| Name | Attendance | Name | Attendance |
| Stephanie Dasalla | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | John Reed | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent |

| Agenda Item | Discussion |
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| I. Call Meeting to Order, Welcomes, and Introductions | Mr. Tom Campbell, MHB Chair, called the meeting to order at 6:01 pm. MHB members and audience members were introduced. |
| II. Comfort Agreement | Mr. Matt Gallagher read the MHB Comfort Agreement. |
| III. Approval of Agenda & Minutes | <p>A. Approval of July 6, 2016 MHB General Meeting Agenda Mr. Campbell suggested the following changes to the agenda:</p> <ul style="list-style-type: none"> • Delete Alcohol & Drug Advisory Board report since this report was provided at last month's meeting; • Table the approval of the 2015 MHB Annual Report for the August meeting because due to email technical difficulties, MHB members did not receive the report to review prior to this evening's meeting; and, • Change the next MHB General meeting date in Section X of the agenda from July 6 to August 3. <p>Mr. John Puente made a motion to approve the amended July 6, 2016 agenda and Mr. Michael Hansen seconded the motion; motion carried.</p> <p>B. Approval of the June 1, 2016 MHB General Meeting Minutes Ms. Laura Bemis made a motion to approve the June 1, 2016 MHB General Meeting minutes and Ms. Collette Johnson-Schulke seconded the motion; motion carried (Abstention 1: Puente).</p> |

| Agenda Item | Discussion |
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| <p>IV. Announcements and Advocacy Reports</p> | <p>A. Division of Behavioral Health Services Consumer & Family Liaison Ms. Andrea Crook reported that the next Expert Pool Town Hall meeting would be held October 7, 2016 at T-CORE located at 3737 Marconi Avenue, Sacramento, CA 95821 (ATTACHMENT A).</p> <p>Ms. Crook announced that she is seeking individuals to participate in focus groups for the upcoming review of the Sacramento County Mental Health Plan (MHP) by the External Quality Review Organization (EQRO), which is scheduled for July 26, 2016 through July 28, 2016. Focus groups are an important aspect of the review, so consumer participation is vital. She is seeking a group of diverse adult consumers who have received services from the MHP within the past twelve months to share their opinions and experiences about the quality of services. Consumers from different providers and levels of service are encouraged to participate. Interpreters will be provided for those that need this assistance. The EQRO Focus Group for adults will be held at Visions Unlimited on July 27 at 10:45 am (ATTACHMENT B).</p> <p>Ms. Sandena Bader, Youth and Family Advocate, added that she is seeking parents and caregivers whose children have received services through the MHP within the past twelve months to participate in a focus group. The EQRO Focus Group for parents and caregivers will be held at Turning Point Southgate on July 26 at 1:15 pm (ATTACHMENT C).</p> <p>B. Advocacy and Peer Provider Programs No report provided.</p> <p>C. Association of Behavioral Health Contractors Ms. Laurie Clothier, Vice President of the Association of Behavioral Health Contractors (Association), reported that the Association continues to gather information from contractors to assess the impact of new labor laws. The Association is also reaching out to other counties to inquire about their protocols for cost of living allowances (COLAs). Ms. Zykofsky acknowledged the potential impact of the new labor laws to the County's contracted provider system. Ms. Zykofsky added that the County is also conducting analyses of the potential impact.</p> <p>D. Law Enforcement Deputy Kim Mojica reported that the Crisis Intervention Training (CIT) program is currently in transition. CIT is currently off the grant cycle and the Sheriff's Department is covering the costs of the CIT program until the new grant award, which is expected in October 2016. Deputy Mojica introduced Deputy Ally Murphy and announced her as the new CIT coordinator. Meeting attendees congratulated Deputy Mojica on her recent promotion and welcomed Deputy Murphy to her new role. Deputy Murphy's email address is AMurphy@sacsheriff.com</p> |
| <p>V. MHB Announcements and MHB Liaison Reports</p> | <p>A. MHB Announcements Ms. Bemis announced that she is assisting in collecting artwork submitted from mental health clients for the Stop Stigma Sacramento, Journey of Hope 2016 Art Exhibit. A public reception will be held on August 6 at the Elk Grove Fine Arts Center and the exhibit will remain on display through August 25.</p> |

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| | <p>B. MHB Education and Outreach Ms. Ann Arneill reported that the MHB Education and Outreach Committee recently conducted a site visit of LaFamilia. Ms. Arneill is in the process of scheduling the next two site visits and will email MHB members once details have been finalized.</p> <p>C. DBHS Quality Improvement Committee Mr. Len Marowitz provided a report of the May and June Quality Improvement Committee. See ATTACHMENT D for Mr. Marowitz's report.</p> <p>D. National Alliance on Mental Illness Ms. Bemis reported that Heritage Oaks Hospital gave a presentation regarding their new facilities in Yolo County. Ms. Uma Zykofsky clarified that the new location will be for privately insured clients and not for Medi-Cal beneficiaries.</p> <p>E. Performance and Needs Report Ad Hoc Committee Ms. Arneill reported that the Ad Hoc Committee is in the process of writing the Performance and Needs Report. Ms. Arneill distributed a copy of the Table of Contents to provide an overview of report content (ATTACHMENT E). A draft of the report will be provided at a future MHB General meeting.</p> <p>F. Unscheduled Urgent Matters No urgent matters needed addressing.</p> |
| <p>VI. Director's Report</p> | <p>A. Director's Report See ATTACHMENT F for Ms. Uma Zykofsky's report.</p> <p>B. MHB Members' Questions Related to Director's Report Mr. Marowitz inquired about the "No Place Like Home" legislation and discussions that have been circulating regarding \$2 billion bonds and leveraging Mental Health Service Act (MHSA) funds. Ms. Zykofsky explained that the details have not been released and there are still many unknowns regarding the implementation and funding of the "No Place Like Home" legislation. Supervisor Kennedy added that Sacramento County supports the intent of the legislation; however, more information is required to determine funding investments to implement "No Place Like Home."</p> <p>Ms. Arneill asked where she could find current penetration rates that can be used for the Performance and Needs Report. Ms. Zykofsky referred Ms. Arneill to the EQRO website and to Lisa Sabillo.</p> <p>Ms. Bemis commented that she found out today that Sacramento is one of the top cities in the United States for sex trafficking. Ms. Zykofsky responded that a presentation of services for commercially and sexually exploited children and youth will be given at the August 3, 2016 MHB General Meeting.</p> <p>Mr. Gallagher commented that he recently met with Congresswoman Doris Matsui. During the meeting, Congresswoman Matsui commented that she is eager for Sacramento County's participation in the development of Certified Community Behavioral Health Clinics in Sacramento County. Ms. Zykofsky appreciates the importance of this initiative that Congresswoman Matsui has spearheaded for many years. Sacramento County is still analyzing the detailed impact and</p> |

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| | implications of full participation as there are many new elements and requirements associated with this project. |
| VII. Presentation | <p>A. Behavioral Health Investments in Permanent Supportive Housing Ms. Megan Kurteff-Schatz, Director of Focus Strategies and the Division of Behavioral Health Services' contracted housing consultant, gave a presentation on investments made for permanent supportive housing (ATTACHMENTS G and H). Ms. Zykofsky provided the County program perspective as part of the presentation.</p> |
| VIII. Mental Health Board Action and Information Items | <p>A. Concurrence with Executive Committee Letter on 2016-17 Budget On June 13, 2016, Mr. Campbell convened an urgent MHB Executive Committee meeting to review and approve a letter to the Board of Supervisors in support of the Fiscal Year (FY) 2016-17 budget and growth requests (ATTACHMENT I). Following the MHB Executive Committee meeting, the letter was submitted to the Clerk of the Board to distribute to the Board of Supervisors for the budget hearings that began on June 14.</p> <p>Mr. Hansen commented that he feels it is important to have on record that 90% of the County's mental health services are provide by mental health contractors. Mr. Campbell responded that although the letter did not specifically state 90%, the letter urged the Board of Supervisors to consider the heavy reliance on contracted mental health service providers when making budget decisions.</p> <p>Mr. Campbell requested a motion to formalize the approval of the actions of the Executive Committee and the letter of support. Ms. Bemis made a motion to approve the actions of the Executive Committee and the letter of support; Mr. Gallagher seconded the motion. Motion carried.</p> <p>Mr. Gallagher thanked Mr. Campbell for writing the letter.</p> <p>B. Approve 2015 MHB Annual Report This item was tabled for the August 3, 2016 meeting as explained in Section I above.</p> <p>C. "Check in" on Readiness for Assisted Outpatient Treatment (AOT) Study Ms. Zykofsky explained that some California counties have implemented AOT. The California Department of Health Care Services (DHCS) will be releasing an annual report sometime later this year and Ms. Zykofsky suggested using data from DHCS to inform this MHB interest area. Ms. Zykofsky further explained that Sacramento County has made great strides in rebalancing the mental health service system. However, the service system needs to have adequate capacity in order to successfully implement AOT in Sacramento County. This year, the Division of Behavioral Health will continue to aggressively pursue the implementation of a number of funded initiatives to develop capacity, which Ms. Zykofsky has kept the MHB informed of at many different meetings. Mr. Campbell commented that a MHB Executive Committee meeting would most likely be scheduled for August to discuss the MHB's next course of action regarding AOT.</p> |
| IX. Public Comment | Ms. Zykofsky commented that Ms. Jane Ann LeBlanc, MHSA Program Manager, was in the audience this evening. Ms. LeBlanc has been instrumental in all of our accomplishments in housing individuals with mental illness and Ms. Zykofsky wanted to acknowledge her efforts. |

| Agenda Item | Discussion |
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| X. Next Meeting and Adjournment | A. Next Meeting The next MHB General Meeting is scheduled for 6:00 pm on Wednesday, August 3, 2016 at 700 H Street, Hearing Room 1. B. Meeting Adjournment Mr. Campbell adjourned the meeting at 8:15 pm. |