

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes
April 5, 2017**

Meeting Location
700 H Street, Hearing Room 2
Sacramento, CA 95814

| Attendance | | | |
|--|---|--------------------------------|---|
| MHB Members | | | |
| Name | Attendance | Name | Attendance |
| <i>John Puente, Chair</i> | <input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent | Matt Gallagher | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent |
| <i>Tom Campbell, Vice Chair</i> | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Collette Johnson-Schulke | <input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent |
| <i>Ann Arneill, Secretary</i> | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Supervisor Patrick Kennedy | <input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent |
| Lisa Ashley | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Kindra Montgomery-Block | <input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent |
| Catherine Bird | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | Erin Platt | <input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent |
| Staff to the MHB | | | |
| Name | Attendance | Name | Attendance |
| Stephanie Dasalla | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent | June R. Powells-Mays | <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent |
| Meeting Participants & Audience Members | | | |
| Name/Title | Agency/Representing | Name/Title | Agency/Representing |
| Jane Adcock | Community member | Sherri Z. Heller, Director | Sacramento County Department of Health & Human Services |
| Theresa Comstock, Chair | Napa County Mental Health Board | Lisa Sabillo, Division Manager | Sacramento County Division of Behavioral Health |
| Anthony Madariaga, Executive Director | Sacramento County Mental Health Treatment Center | Uma K. Zykofsky, Director | Sacramento County Division of Behavioral Health |

| Agenda Item | Discussion |
|--|---|
| I. Welcome and Introductions | Mr. Puente, MHB Chair, called the meeting to order at 6:13 p.m. and introductions were made. |
| II. Comfort Agreement | Ms. Bird read the MHB Comfort Agreement. |
| III. Approval of Agenda | MHB members approved the agenda as written. |
| IV. Approval of Minutes | Ms. Ashley commented that Ms. Platt's attendance was erroneously reflected as both "absent" and "present". Ms. Dasalla indicated that she would amend the minutes to reflect the correct attendance of Ms. Platt. Ms. Arneill made a motion to approve the minutes with the above modification and Mr. Gallagher seconded the motion. Motion carried (Abstention 1: Puente). |
| V. Mental Health Board Business | <ul style="list-style-type: none"> Chair Puente reminded MHB members of the annual requirement of completing and submitting a Statement of Economic Interests (Form 700). The due date for submission of Form 700 was April 3, 2017. <u>Please note:</u> As imposed by the Political Reform Act, delinquent submission of Form 700 could result in a financial |

| Agenda Item | Discussion |
|--|--|
| | <p>penalty (Attachment 1).</p> <ul style="list-style-type: none"> • MHB members discussed May 13 and May 20 as possible dates for the MHB Annual Retreat. MHB members provided their availability for both dates. MHB members will be notified by email of the date selected. More information to follow. • Ms. Arneill reminded MHB members of the W & I code mandate that requires the MHB to review and evaluate mental health programs and service sites, and the importance of MHB members participating in provider site visits. Ms. Arneill provided an overview of the February 14, 2017, site visit of the TLCS Respite Center (Full report: Attachment 2). Ms. Arneill is coordinating the Abiding Hope site visit. Two MHB members are signed up for the site visit thus far. Ms. Arneill will send an email to MHB members with the details of the upcoming site visit. |
| <p>VI. System Partner Updates</p> | <p>Ms. Sandena Bader, Youth and Family Advocate, announced the following:</p> <ul style="list-style-type: none"> • The Mental Health Association of Northern California will partner with the Copeland Center in hosting the Wrap Around the World event, which will be held June 5-7, 2017 (Attachment 3). • The next Expert Pool Town Hall meeting is April 7 at Guest House Homeless Clinic from 1-3 pm. • The NAMI Walk will be held Saturday, May 6, 2017. <p>No representatives from the Association of Behavioral Health Contractors or law enforcement were present. Ms. Uma Zykofsky commented that law enforcement will provide an update at the May MHB meeting.</p> |
| <p>VII. Director's Report</p> | <p>Ms. Zykofsky, Behavioral Health Services Director, provided her report (Attachment 4).</p> <p>Mr. Gallagher and Mr. Campbell inquired about the amount Sacramento County spends on psychiatric inpatient beds per year. Ms. Zykofsky explained that approximately \$21 million to date in Fiscal Year 2016-17 has been spent on inpatient treatment reimbursements.. Ms. Zykofsky elaborated by explaining that inpatient facilities over 16-beds are not reimbursable by Medi-Cal. Rising inpatient costs can be attributed to an increased number of Medi-Cal insured beneficiaries, lower claim denial rates, longer lengths of stay, and outflow alternatives not yet fully implemented.</p> <p>Mr. Campbell suggested convening a MHB Budget Committee in the near future to prepare for the upcoming Fiscal Year 2017-18 budget hearings. Preparing the MHB annual letter of support to the Board of Supervisors was also discussed.</p> <p>Mr. Gallagher inquired about the status of Prevention and Early Intervention (PEI) guidelines, No Place Like Home (NPLH), and Sacramento County's readiness for child welfare Continuum of Care Reform. Ms. Zykofsky explained that no additional information has been received from the State in regards to PEI guidelines. County Deputy Executive Paul Lake convened a NPLH Steering Committee</p> |

| Agenda Item | Discussion |
|----------------------------------|--|
| | <p>meeting approximately 6 weeks ago and she will be convening the NPLH advisory subcommittee reporting to the NPLH Steering Committee in the near future. Date is still being finalized; MHB is represented in the advisory committee along with other stakeholders. A presentation on Continuum of Care Reform will be provided at a future MHB meeting.</p> |
| <p>VIII. Presentation</p> | <p>Chair Puente and Ms. Zykofsky facilitated a presentation on the 2016 Data Notebook, and Ms. Sabillo provided interpretation/explanation of data (Attachment 5).</p> <p>The California Mental Health Planning Council gathers information and creates the Data Notebook, which is a structured format for reviewing information and reporting on behavioral health services in each California county. The goals of the Data Notebook are to:</p> <ul style="list-style-type: none"> • Assist local mental health boards to meet their legal mandates to review the local county mental health services on performance each year (California Welfare & Institution Code 5604.2) • Function as an educational resource about mental health data for local boards • Enable the California Mental Health Planning Council to fulfill its mandate to review and report on the public mental health system in California. <p>Children and youth are the focus of the 2016 Data Notebook with emphasis on access to services for children, youth, and their families/caregivers; vulnerable groups with specialized mental health needs; and Mental Health Services Act programs that help children and youth recover.</p> <p>Chair Puente solicited comments from MHB members for the following:</p> <ul style="list-style-type: none"> • Outreach, access, and engagement • Follow-up services after child/youth psychiatric hospitalization • Foster care coordination/services • Services for LGBTQ (lesbian, gay, bi-sexual, transgender, questioning) youth • Substance use disorder services for children and youth • Services for Juvenile Justice-Involved children/youth • Prevention and early intervention services for children/youth • Early identification of risks for first-break psychosis • Full Service Partnerships for children/youth <p>MHB member comments will be incorporated into the 2016 Data Notebook and then submitted to the California Mental Health Planning Council.</p> |
| <p>IX. Public Comment</p> | <ul style="list-style-type: none"> • No public comments were made. |
| <p>X. Adjournment</p> | <ul style="list-style-type: none"> • Chair Puente adjourned the meeting at 8:06 pm. • The next MHB General meeting will be held May 3, 2017, at 6:00 p.m. |