

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes  
May 3, 2017**

**Meeting Location**

700 H Street, Hearing Room 2  
Sacramento, CA 95814

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
<i>John Puente, Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Matt Gallagher	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
<i>Tom Campbell, Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Collette Johnson-Schulke	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<i>Ann Arneill, Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Lisa Ashley	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kindra Montgomery-Block	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Catherine Bird	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Erin Platt	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
<b>Staff to the MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Stephanie Dasalla	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	June R. Powells-Mays	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<b>Meeting Participants &amp; Audience Members</b>			
<b>Name/Title</b>	<b>Agency/Representing</b>	<b>Name/Title</b>	<b>Agency/Representing</b>
Blia Cha, Adult and Family Advocate	Division of Behavioral Health Services/ MHA Northern California/	Mat Quinley, Program Manager	Division of Behavioral Health Services
Chris Eldridge, Program Coordinator	Mental Health Team, Youth Detention Facility	Mike Shores, Chief Assistant Probation Officer	Probation Department
Sherri Heller, Director	Department of Health & Human Services	Diane White	Association of Behavioral Health Contractors
Anthony Madariaga, Executive Director	Mental Health Treatment Center	Uma Zykofsky, Director	Division of Behavioral Health Services
Deputy Allie Murphy	Sacramento County Sheriff's Department		

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	Mr. Puente, MHB Chair, called the meeting to order at 6:10 p.m. and introductions were made.
<b>II. Comfort Agreement</b>	Ms. Montgomery-Block read the MHB Comfort Agreement.
<b>III. Approval of Agenda</b>	Ms. Johnson-Schulke motioned to approve the agenda as written and Mr. Campbell seconded the motion. Motion carried.
<b>IV. Approval of Minutes</b>	Chair Puente requested the April 5, 2017, minutes be amended to accurately reflect his attendance as present. Mr. Campbell motioned to approve the minutes as amended and Ms. Arneill seconded the motion. Motion carried. (Abstentions 3: Johnson-Schulke, Kennedy, Montgomery-Block)

Agenda Item	Discussion
<b>V. Mental Health Board Business</b>	<p>Announcements:</p> <ul style="list-style-type: none"> <li>• Mr. Campbell is a candidate to serve on the CALBHBC Board of Directors. The election is May 20, 2017 at the CALBHBC meeting, which will be held the morning of the MHB Annual Retreat.</li> <li>• The MHB Annual Retreat will be held on Saturday, May 20, 2017, at the Doubletree Hotel Arden. The Retreat will begin with the CALBHBC Mental Health Board 101 Training from 10 am – 1:00 pm, and at 1:00 pm, MHB members will move to the Rivercon River Room to conduct the Annual Retreat.</li> <li>• Ms. Ashley will attend a Mental Health Treatment Seminar on May 10, 2017.</li> <li>• Ms. Ashley shared an article from <i>The Sacramento Bee</i>, which explained the story of Ricky Nelson’s struggles with mental illness and his unfortunate death. Ms. Ashley explained that Mr. Nelson’s family had resources, but ultimately could not help their son. Ms. Ashley recommends interviewing the family of Mr. Nelson to identify what the issues were and perhaps the MHB could address the issues. MHB members would like to discuss this further at the upcoming Annual Retreat.</li> </ul>
<b>VI. System Partner Updates</b>	<p>Ms. Blia Cha, Family Advocate, announced the following:</p> <ul style="list-style-type: none"> <li>• NAMI Walk: Saturday, May 6, 2017 (Attachment 1)</li> <li>• Expert Pool Town Hall Meeting: June 2, 2017, at 2130 Stockton Blvd, Blding 300 (Attachment 2)</li> <li>• Wrap Around the World: June 5-7, 2017 (Attachment 3)</li> </ul> <p>Ms. Diana White of the Association of Behavioral Health Contractors explained the challenges experienced by contracted providers, which include flat budgets; high turnover rates of younger, unexperienced staff; burnout; and, the rising costs of psychiatrists. Hourly rates for psychiatrists have increase substantially from approximately \$165 per hour to \$200 per hour.</p> <p>Deputy Allie Murphy, Sacramento Sheriff’s Department, reported that law enforcement Crisis Intervention Team training has been approved for field training officers at the Academy. Stigma reduction and de-escalation techniques are a focus of the trainings. Field training officers were initially offered 16-hours of CIT training with annual training updates. Training hours have been increased by 24 hours, which means field training officers are receiving 40 training hours at the Academy. Chair Puente thanked Deputy Murphy for the excellent work. Deputy Murphy will attend our meetings on a quarterly basis to provide updates.</p>
<b>VII. Director’s Report</b>	<p>Ms. Uma Zykofsky, Behavioral Health Services Director, provided her report (Attachment 4).</p> <p>Question and Answers:</p> <ul style="list-style-type: none"> <li>• Ms. Johnson-Schulke inquired about Palmer House. Ms. Zykofsky explained that Palmer House is one of the housing</li> </ul>

Agenda Item	Discussion
	<p>projects that are part of the Mental Health Services Act Homeless Full Service Partnership. Funding for the housing component has been cut by approximately \$237,000. This project functions as a brief interim housing option for clients who are referred from the Guest House while we are trying to situate them in housing. This funding was originally in the housing and redevelopment funds and it is the last portion that is now expiring. State Department of Finance has instructed the provider, TLCS, Inc. that this funding will not be available for Fiscal Year 2017-18. The Division of Behavioral Health Services is working with the provider to see how we can fill this gap.</p> <p>Ms. Sherri Heller explained the proposed State funding reductions to In-Home-Support Services and the potential impact it could have on Realignment that funds mental health programs.</p>
<b>VIII. Presentation</b>	<p>A presentation was provide on the Mental Health Team at the Youth Detention Facility by:</p> <ul style="list-style-type: none"> <li>• Uma K. Zykofsky, <i>Behavioral Health Services Director</i></li> <li>• Mike Shores, <i>Chief Assistant Probation Officer</i></li> <li>• Matt Quinley, <i>Program Manager</i></li> <li>• Christopher Eldridge, <i>Mental Health Program Coordinator</i></li> </ul> <p>See Attachment 5 for the full presentation.</p>
<b>IX. Public Comment</b>	No public comments.
<b>X. Adjournment</b>	<ul style="list-style-type: none"> <li>• Chair Puente adjourned the meeting at 7:55 pm.</li> <li>• The next MHB General meeting will be held June 7, 2017 at 6:00 p.m.</li> </ul>