

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes  
August 2, 2017**

**Meeting Location**

700 H Street, Hearing Room 2  
Sacramento, CA 95814

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
<i>John Puente, Chair</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Matt Gallagher	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<i>Tom Campbell, Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Collette Johnson-Schulke	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<i>Ann Arneill, Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Lisa Ashley	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Kindra Montgomery-Block	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Dmitri Godamunne	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<b>Staff to the MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Stephanie Dasalla	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	June R. Powells-Mays	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
<b>Meeting Participants &amp; Audience Members</b>			
<b>Name/Title</b>	<b>Agency/Representing</b>	<b>Name/Title</b>	<b>Agency/Representing</b>
Sandena Bader, Family & Youth Advocate	Division of Behavioral Health MHA Northern California	Uma Zykofsky, Director	Division of Behavioral Health
Blia Cha, Adult & Family Advocate	Division of Behavioral Health MHA Northern California	Robin Howard, Executive Director	Terra Nova Counseling
Angela Chalmers, Sr. Admin Analyst	Division of Behavioral Health	Paul Powell, Director of Special Projects	TLCS, Inc.

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	Mr. Campbell, MHB Vice Chair, called the meeting to order at 6:02 p.m. and introductions were made.
<b>II. Comfort Agreement</b>	Ms. Montgomery-Block read the MHB Comfort Agreement.
<b>III. Approval of Agenda</b>	Mr. Campbell requested to add, "Mental Health Board Announcements" to the agenda. Ms. Arneill motioned to approve the amended agenda and Ms. Montgomery-Block seconded the motion. Motion carried.
<b>IV. Approval of Minutes</b>	Ms. Rodriguez motion to approve the July 5, 2017 minutes as written and Ms. Ashley seconded the motion. Motion carried (Abstention: Montgomery-Block).
<b>V. MHB Announcements</b>	<ul style="list-style-type: none"> <li>Ms. Arneill announced that she would be sending out an email to MHB members regarding the site visit of the Rio Linda Crisis Residential program.</li> <li>Ms. Ashley shared two book with MHB members; "<i>Insane Consequences: How the Mental Health Industry Fails the Mentally Ill</i>" by DJ Jaffe and "<i>No One Cares About Crazy People: The</i></li> </ul>

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	<p><i>Chaos and Heartbreak of Mental Health in America</i>” by Ron Powers.</p>
<p><b>VI. 2017 Goals</b></p>	<p>Mr. Campbell distributed a draft of the MHB 2017 Goals (ATTACHMENT 1). Ms. Johnson-Schulke mentioned that the version distributed was not reflective of the topic items identified at the Annual Retreat. MHB members referred to the July 2017 General meeting minutes, which included a summary of topic items from the Annual Retreat. MHB members decided to convene a meeting of members to the draft the 2017 MHB Goals. MHB members will include Mr. Campbell, Mr. Gallagher, Ms. Johnson-Schulke, Mr. Godamunne, Ms. Montgomery-Block, and Ms. Rodriguez. The draft of the goals will be presented to the MHB for review and approval at a future meeting.</p>
<p><b>VII. MHB Budget Letter of Support</b></p>	<p>The MHB Budget Sub-Committee met on July 27, 2017. Mr. Campbell, Mr. Gallagher, and Ms. Ashley attended the meeting as well as Division of Behavioral Health Services staff, providers, and community members. At the meeting, it was decided that the MHB would draft a budget letter of support. Mr. Campbell distributed a draft of the letter to MHB members (ATTACHMENT 2).</p> <p>MHB members read and discussed the content of the letter and made suggestions for edits. Mr. Gallagher made a motion to include the following to the letter. Mr. Godamunne seconded the motion. Motion carried.</p> <ol style="list-style-type: none"> <li>1. Add verbiage to improve access to services for homeless, older adults, and other vulnerable populations;</li> <li>2. Modify Continuum of Care Reform verbiage in paragraph 3;</li> <li>3. Expand on the impacts of not providing a cost of living increase to providers (more than simply a raise for contractors); and,</li> <li>4. Add verbiage regarding alcohol and drug treatment services and support for the Drug Medi-Cal Organized Delivery System.</li> </ol> <p>Ms. Rodriguez will be responsible for making edits to the letter and submitting it to Mr. Campbell for signature. MHB members also discussed presenting the letter to the Board of Supervisors at the August 22 Board hearings.</p>
<p><b>VIII. 2016 MHB Annual Report</b></p>	<p>Mr. Campbell will draft the 2016 MHB Annual Report for MHB members to review and approve at a future meeting.</p>
<p><b>IX. System Partner Updates</b></p>	<p>Ms. Bliia Cha, Family Advocate, announced the following:</p> <ul style="list-style-type: none"> <li>• Recovery Happens 2017 on September 6 on the South Steps of the Capitol flyer (ATTACHMENT 3)</li> <li>• Mental Health America of Norther California is sponsoring registrations for the Aging Conference. If you are interested, please contact Ms. Cha.</li> </ul> <p>Mr. Paul Powell, representing the Association of Behavioral Health Contractors, handed out a letter from the Association that would be</p>

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	sent to the Board of Supervisors (ATTACHMENT 4). The letter encourages the Board to consider providing a cost of living increase to contracted behavioral health service providers.
<b>X. Director's Report</b>	<p>Ms. Uma Zykofsky, Behavioral Health Services Director, provided her report (ATTACHMENT 5).</p> <p>Question and Answers:</p> <p>Mr. Gallagher inquired about Prevention &amp; Early Intervention regulations. Ms. Zykofsky explained that her staff has not conducted a thorough analysis at this point since the regulations were just released on Thursday. Ms. Zykofsky will provide an update at a future meeting.</p>
<b>XI. Public Comment</b>	No public comments.
<b>XII. Adjournment</b>	<ul style="list-style-type: none"> <li>• Mr. Campbell adjourned the meet at 8:00 pm.</li> <li>• The next MHB General meeting will be held September 6, 2017 at 6:00 p.m.</li> </ul>

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