

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes  
February 5, 2020**

**Meeting Location**  
700 H Street  
Sacramento, CA 95814

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Ann Arneill, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Caroline Lucas	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Bryan Richter, <i>Vice-Chair</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Mike Nguy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Dan Niccum, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Viva Asmelash	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Loran Sheley	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		
<b>County Staff to MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Janice Snyder	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	Chair Ann Arneill called the meeting to order at 6:00 p.m. and introductions were made.
<b>II. Comfort Agreement</b>	Ms. Maria Padilla-Castro read the MHB Comfort Agreement.
<b>III. Approval of Agenda</b>	Mr. Dan Niccum moved to approve the agenda and Ms. Padilla-Castro seconded the motion. Motion carried.
<b>IV. Approval of Minutes</b>	<p>Chair Arneill moved to correct the date on the November 6, 2019 General Meeting minutes. Ms. Laura Bemis moved to approve the amended minutes and Mr. Niccum seconded the motion. Motion carried.</p> <p>Ms. Bemis moved to correct the date on the January 11, 2020 Annual Retreat minutes. Mr. Niccum moved to approve the Annual Retreat amended minutes and Ms. Viva Asmelash seconded the motion. Motion carried.</p>
<b>V. Public Comment</b>	Public Comment #1: Community member announced that members of the African American community are working on an upcoming letter to address concerns related to the contract bidding process.

Agenda Item	Discussion
<p><b>VI. System Partner Updates</b></p>	<p><b>Advocacy Update</b>  Ms. Katherine Ferry, Client Advocate Liaison, announced the following:</p> <ul style="list-style-type: none"> <li>• The upcoming Expert Pool meeting will be held on February 7<sup>th</sup> at La Familia Counseling Center at 3301 37<sup>th</sup> Ave. The Expert Pool is for client/consumers of behavioral health services, family members, and supporters to come together with others to share their experience and stay informed about training opportunities, services, and supports within Sacramento County’s Behavioral Health system.</li> <li>• Advocates are looking forward to attending the Peer Empowerment Conference on June 19, 2020 at the Sacramento State Alumni Center at 6000 J St.</li> </ul> <p>Ms. Sandena Bader, Client Advocate Liaison, announced the following:</p> <ul style="list-style-type: none"> <li>• The upcoming Behavioral Health Services Community Conversation event will be held on February 26<sup>th</sup> at Oak Park Community Center at 3425 Martin Luther King Jr. Blvd.</li> </ul> <p><b>Alcohol and Drug Advisory Board</b>  No updates.</p> <p><b>Association of Behavioral Health Contractors</b>  Ms. Diane White highlighted the shortage of mental health professionals in the community, which impacts the availability of mental health services. Issue with cost settlement system is that sometimes agencies are asked to operate with insufficient funds until cost settlement time.</p>
<p><b>VII. Mental Health Board Business</b></p>	<p><b>Mental Health Board Announcements</b></p> <ul style="list-style-type: none"> <li>• Chair Arneill announced that she spoke at the Board of Supervisors meeting on December 14, 2019 about the MHB Performance Report. Dr. Ryan Quist and Dr. Peter Beilensen were present at the meeting and answered questions from Supervisors.</li> <li>• Chair Arneill announced that she attended the Telecare Arise open house, which serves people who are homeless or at risk of homelessness and shared information about their program.</li> <li>• Chair Arneill announced that the Behavioral Health Services Community Conversation is on February 26<sup>th</sup> at Oak Park Community Center at 3425 Martin Luther King Jr. Blvd.</li> <li>• Mr. Niccum announced that a survey has been distributed to MHB members to determine preferences for 2020 site visits and availability.</li> <li>• Ms. Bemis announced that the 2020 Journey of Hope Art show has been rescheduled for May 2021. Supervisor Patrick Kennedy and Dr. Quist to follow up.</li> <li>• Ms. Silvia Rodriguez announced that the Maternal Mental Health Collaborative is now being hosted by the County and had its first meeting in this new format last week.</li> <li>• Mr. Mike Nguy asked the MHB if the Children’s System of Care Committee would be interested in learning more about the Mental Health Services Oversight and Accountability Commission’s Youth Innovation Lab program. Mr. Nguy to follow up.</li> </ul> <p><b>Liaison Reports</b></p>

Agenda Item	Discussion
	<p>Liaisons submitted reported on the Cultural Competence Committee, Mental Health Services Act Steering Committee, National Alliance on Mental Illness, and Older Adult Coalition.</p> <p><b>Appoint Budget Committee Member</b> Chair Arneill appointed Mr. Nguy and Ms. Asmelash to the Budget Committee.</p> <p><b>Approve Changes to Public Comment</b> Chair Arneill announced that the MHB has received a request from members of the public to move the Public Comment period to the end of the meetings to give participants a chance to comment on what happened at the meeting. The MHB approved this request.</p> <p><b>Approve Proposed Presentations for 2020 General Meetings</b> Ms. Rodriguez moved to approve the following 2020 General Meeting presentations, and Ms. Asmelash seconded the motion. Motion carried.</p> <ul style="list-style-type: none"> <li>• Review and Approve Annual Report (April)</li> <li>• Review and Approve Data Notebook (October)</li> <li>• Review and Approve Performance Report (November)</li> <li>• Performance Measures (TBD)</li> <li>• Cultural Competence Plan (TBD)</li> <li>• School-Based Mental Health Services (TBD)</li> <li>• Medi-Cal Reform – Healthier California for All (TBD)</li> <li>• Homelessness Mental Health Services Update (TBD)</li> <li>• Emergency Department Presentation (TBD) <ul style="list-style-type: none"> <li>○ This topic is in progress and will be further developed.</li> </ul> </li> </ul> <p>A separate meeting to discuss the topic of Jail Mental Health Services will be discussed by the MHB at a later date.</p> <p><b>Approve 2020 MHB Goals</b> Mr. Niccum moved to approve MHB goals #1-6, as drafted at the MHB Annual Retreat, and Ms. Asmelash seconded the motion. Motion carried.</p> <p>The wording for MHB goal #7 has been referred to the Adult System of Care committee and will be brought to the MHB for approval once it has been drafted.</p> <p><b>Establish Monthly Meeting Times for the Adult System of Care and Children’s System of Care Committees</b> MHB members submitted surveys to Chair Arneill to determine monthly meeting times for the Adult System of Care and Children’s System of Care committees.</p>
<p><b>VIII. Presentation – Behavioral Health Services Budget Overview</b></p>	<p>Dr. Quist provided an overview presentation on the Behavioral Health Services (BHS) Budget for the current fiscal year.</p>

<b>Agenda Item</b>	<b>Discussion</b>
<b>IX. Director's Report</b>	Dr. Quist, Behavioral Health Director, provided a written report on the status of BHS.
<b>X. Adjournment</b>	Chair Arneill adjourned the meeting at 8:03 p.m.