

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

May 5, 2021

Meeting Location

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Loran Sheley, <i>Chair</i>	<u>Present</u> Absent	Supervisor Patrick Kennedy	<u>Present</u> Absent
Silvia Rodriguez, <i>Vice-Chair</i>	<u>Present</u> Absent	Bradley Lueth	<u>Present</u> Absent
Laura Bemis, <i>Secretary</i>	<u>Present</u> Absent	Maria Padilla-Castro	<u>Present</u> Absent
Ann Arneill	<u>Present</u> Absent	Theresa Riviera	<u>Present</u> Absent
William Cho	<u>Present</u> Absent	Paul Wagstaffe	<u>Present</u> Absent
Ryan Gallant	<u>Present</u> Absent		
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<u>Present</u> Absent	Janice Snyder	<u>Present</u> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair Loran Sheley called the meeting to order at 6:01 p.m. and introductions were made.</p> <p>The MHB welcomed new members William Cho and Paul Wagstaffe.</p> <p>Chair Sheley provided an overview of the agenda for this meeting.</p>
II. Comfort Agreement	Ms. Laura Bemis read the MHB Comfort Agreement.
III. Approval of Minutes	Ms. Ann Arneill moved to approve the minutes and Ms. Maria Padilla-Castro seconded the motion. (Ms. Bemis, Mr. Cho, and Mr. Wagstaffe abstained.) Motion carried.
IV. System Partner Updates	<p>Advocacy Update</p> <p>Ms. Sandena Bader and Ms. Robin Barney announced the following:</p> <ul style="list-style-type: none"> Ms. Bader has been working with the Children’s System of Care (CSOC) Committee on outreach to parents for the upcoming CSOC meeting for feedback on school based mental health. The Peer Empowerment Conference is on June 18th, and the theme is “Can You See Me Now: Racial Equity and Disparity.” The speaker for this year has a documentary on Netflix entitled Trial Four, and there will be live music and a discussion panel as well. <p>Association of Behavioral Health Contractors</p>

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	<p>Ms. Diana White expressed appreciation from the Association of Behavioral Health Contractors on how BHS has supported providers over the past year throughout COVID-19.</p>
<p>V. Mental Health Board Business</p>	<p>Liaison Reports Liaisons reported on the Mental Health Services Act Steering Committee, National Alliance on Mental Illness, and Older Adult Coalition.</p> <p>Standing Committee Updates</p> <ul style="list-style-type: none"> • Children’s System of Care Committee: Ms. Silvia Rodriguez reported that the Children’s System of Care Committee met on April 22nd and accomplished the following: <ul style="list-style-type: none"> ○ School based mental health, child welfare, and juvenile justice were the goals established for the CSOC committee in January 2020. The committee has since decided to focus primarily on school based mental health. ○ Ms. Arneill is preparing a report on school based mental health, which includes data and analysis discussed at CSOC committee meetings. ○ The next meeting will focus on feedback from parents, and will be held at 6 p.m. instead of 4 p.m. to accommodate their schedules. ○ The next Children’s System of Care Committee meeting will be on May 27th at 6 p.m. • Adult System of Care Committee: Ms. Ann Arneill reported that the Adult System of Care Committee was unable to meet in April due to lack of a quorum. <ul style="list-style-type: none"> ○ The next Adult System of Care Committee meeting will be on May 25th at 4 p.m. <p>Updates on Mental Health Board Recommendations to the Board of Supervisors Related to Mobilization of Resources/Emergency Response Dealing with Homelessness</p> <ul style="list-style-type: none"> • Ms. Maria Padilla-Castro summarized the MHB recommendations submitted to the Board of Supervisors on the topic of homelessness, as approved by the MHB. • The primary recommendations in the letter included the following: <ul style="list-style-type: none"> ○ Focus on unincorporated areas of the county in homeless planning processes. ○ Expand weather criteria to open warming and cooling centers during more time periods. ○ Allowing warming and cooling centers to also serve as clean air centers. • The MHB recommendations were sent to the Supervisors of each district and included as a receive and file item on April 20th. • Ms. Padilla-Castro had a Zoom meeting with Supervisor Serna to discuss the MHB’s recommendations. Supervisor Serna emphasized that he is supportive of homelessness issues and that the recommendations would be considered in June, when budgetary decisions are made.

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	<ul style="list-style-type: none"> ○ Ms. Arneill to provide homelessness data as prepared by the ASOC committee. ○ Ms. Janice Snyder clarified that the existing letter can be reconsidered by the Board without MHB action, since it has already been approved. Additional changes would need to be approved by the MHB. ● Supervisor Kennedy clarified the County's budget process and stated that the Chairperson of the MHB could call in at the budget hearing to highlight the MHB recommendations. <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> ● Chair Sheley discussed a potential ad hoc work group that could be formed to explore possible recommendations on psychiatric advanced directives, and asked if any MHB members would be interested. Ms. Rodriguez, Ms. Bemis, and Ms. Arneill expressed interest in joining such a workgroup. ● Chair Sheley announced that an MHB training will be held via Zoom on June 15th from 5:30 p.m. to 7:00 p.m., on the topic of "How Volunteer Mental Wellness & Substance Abuse Service Board Recommendations & Decisions Can Authentically Represent Diverse Communities." ● Chair Sheley announced that this year's MHB Retreat will be held in July 2021 (postponed from January due to vacancies). Dr. Richards to send a poll to MHB members to assess availability.
<p>VI. Presentation – Overview: Mental Health Services Act Three-Year Plan Process</p>	<p>Ms. Jane Ann Zakhary, BHS Division Manager for Administration, Planning, and Outcomes, provided a presentation on the Mental Health Services Act Three-Year Plan process. The MHB will hold a public hearing on June 2nd at 6 p.m. regarding this topic.</p>
<p>VII. Mental Health Board Discussion and Action Item</p>	<p>Chair Sheley summarized the action items below, as presented in Handout #6.</p> <p>Review and approve Recommendations on Citizen and Professional Involvement in the Behavioral Health Crisis Response Program Planning Process</p> <ul style="list-style-type: none"> ● Chair Sheley reviewed the proposed MHB recommendations for the Behavioral Health Crisis Response Program (Handout #7). ● Ms. Rodriguez asked for clarification regarding the desired result of the letter. Chair Sheley clarified that the proposed letter recommends that an additional process be established to ensure community involvement and transparency about the planning process and program development. ● Dr. Quist summarized how feedback from the community informed the proposed budget for this program, which will be discussed by the Board of Supervisors at the June budget hearing. Continued community conversations will occur moving forward regarding program development and implementation. <ul style="list-style-type: none"> ○ Ms. Rodriguez communicated support for the current format of proposing a budget for this program in June. ○ Mr. Brad Lueth asked for clarification on the role of the MHB as an advisory board during this process. Dr.

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	<p>Quist clarified that advice from the MHB would be instrumental in the design, implementation, and accountability for this program.</p> <p>Discuss Holding Special Meeting at Future Date to Continue Discussion on Community Advisory Board Function for Behavioral Health Crisis Response Program</p> <ul style="list-style-type: none"> • Chair Sheley proposed having a Special Meeting to more fully discuss the Behavioral Health Crisis Response Program and the MHB’s function as a community advisory board. • Mr. William Cho moved to table the vote on recommendations until after the Special Meeting and Ms. Rodriguez seconded the motion. Motion carried. <ul style="list-style-type: none"> ○ No MHB actions were taken at this meeting, with further discussion and actions to occur at the Special Meeting. <p>Public Comment</p> <ul style="list-style-type: none"> • Community member advocated for a community advisory board to inform the development of this program. • Community member advised that traditional board meetings might be difficult for some community members to provide feedback at due to the structured format.
VIII. Division of Behavioral Health Services	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • Dr. Quist announced that May is mental health month! Dr. Quist highlighted mental health resources available in the community and encouraged MHB members to share this information widely. • Dr. Quist highlighted BHS’s support of the spirit of the MHB homelessness recommendations, including adding encampment teams in collaboration with the Department of Human Assistance, as a proactive approach to transitioning individuals experiencing homelessness to shelter and housing. • Assisted Outpatient Treatment (AOT/Laura’s Law) community listening sessions/panels were held March 15th, March 16th, and April 19th. Additional conversations were held at the MHSA Steering Committee on March 18th and April 15th, and the MHSA Steering Committee voted to recommend against using MHSA funds for this purpose. AOT/Laura’s Law will be discussed at the Board of Supervisors meeting on May 18th.
IX. Public Comment	<p>Public Comment 1: Community member encouraged community feedback and County transparency in the development of the Behavioral Health Crisis Response Program and AOT/Laura’s Law.</p> <p>Public Comment 2: Community member recommended that MHB members attend other advisory board meetings to educate themselves on how different parts of the County work.</p>
X. Adjournment	<p>Chair Sheley adjourned the meeting at 8:12 p.m.</p>