

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes
November 3, 2021**

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Loran Sheley, <i>Chair</i>	<u>Present</u> Absent	Bradley Lueth	<u>Present</u> Absent
Silvia Rodriguez, <i>Vice-Chair</i>	Present <u>Absent</u>	Corrine McIntosh Sako	<u>Present</u> Absent
Laura Bemis, <i>Secretary</i>	<u>Present</u> Absent	Jasmine Morales	<u>Present</u> Absent
Ann Arneill	<u>Present</u> Absent	Lourdes Santana-Sanchez	Present <u>Absent</u>
William Cho	<u>Present</u> Absent	Maria Padilla-Castro	<u>Present</u> Absent
Ryan Gallant	<u>Present</u> Absent	Theresa Riviera	<u>Present</u> Absent
Supervisor Patrick Kennedy	Present <u>Absent</u>	Paul Wagstaffe	<u>Present</u> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<u>Present</u> Absent	Janice Snyder	<u>Present</u> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair Loran Sheley called the meeting to order at 6:03 p.m. and introductions were made.</p> <p>MHB members welcomed Jasmine Morales as a new member. Ms. Morales will represent District 5 as a consumer representative.</p>
II. Comfort Agreement	<p>Ms. Laura Bemis read the MHB Comfort Agreement. Chair Sheley summarized the purpose of the comfort agreement as set of guidelines to ensure that all voices are heard respectfully, so that all participants can feel safe fully participating in meeting discussions.</p>
III. Approval of Minutes	<p>Dr. Ann Arneill moved to amend the typo “ible reflect” on Page 4 to “if possible, reflect.”</p> <p>Mr. Paul Wagstaffe moved to approve the amended minutes and Dr. Corrine McIntosh Sako seconded the motion. (Mr. William Cho, Ms. Jasmine Morales, and Ms. Bemis abstained, and all other members in attendance voted Aye.) Motion carried.</p>
IV. System Partner Updates	<p>Advocacy Update</p> <p>Ms. Angelina Woodberry, Ms. Robin Barney, and Ms. Andrea Housley announced the following:</p> <ul style="list-style-type: none"> Peer Adult Advisory Counsel meeting is coming up on November 18th, with a local psychologist speaking about the importance of taking care of ourselves as well as others. Every other week, Ms. Woodberry and Ms. Barney have a mental health support group and are currently looking for a place to meet.

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	<p>Interested parties should contact Ms. Woodberry at woodberryan@saccounty.net.</p> <ul style="list-style-type: none"> • Reminded participants about the importance of getting Laura’s Law/AOT processes up and running, and to support consumers and family members during this time of transition to the new program. • Reminded participants about November being Native American history month as well as caregiver appreciation month. • Ms. Maria Padilla-Castro asked Dr. Quist about the status of AOT program implementation, and his updates are recorded below in the Director’s Report section. <p>Association of Behavioral Health Contractors No updates were made.</p>
<p>V. Mental Health Board Business</p>	<p>Liaison Reports Liaisons reported on the Alcohol & Drug Advisory Board, Mental Health Services Act Steering Committee, National Alliance on Mental Illness, First 5 Sacramento Advisory Committee, and Older Adult Coalition.</p> <p>Standing Committee Updates</p> <ul style="list-style-type: none"> • Adult System of Care Committee: Dr. Corrine McIntosh Sako reported that the Adult System of Care Committee met on October 26th and accomplished the following: <ul style="list-style-type: none"> ○ Discussed SB 803, Peer Support Specialist certification and training efforts. Sacramento County is currently undertaking peer certification via CalMHSA through a statewide standardized approach, along with other counties. ○ The Adult System of Care will continue to monitor the development and implementation of the AOT program, the redesign of the Adult System of Care, and Peer Certification. ○ The next Adult System of Care Committee meeting will be on November 23rd at 4 p.m. • Children’s System of Care Committee: Ms. Silvia Rodriguez reported that the Children’s System of Care Committee is currently on hiatus and continues to work on its report. The committee will meet on December 16th at 4 p.m. to review and approve the report. • Executive Committee: Chair Sheley reported that the Executive Committee did not meet in October due to lack of a quorum. • Wellness Crisis Call Center and Response (Formerly Alternatives to 911) Ad Hoc Workgroup: Chair Sheley reported that the Wellness Crisis Call Center and Response Ad Hoc Workgroup has prepared feedback and recommendations on the Wellness Crisis Call Center and Response program, which will be presented to the full MHB and approved at a future meeting. Members of the committee met with Behavioral Health Director Dr. Ryan Quist and Department of Health Services Director Chevon Kothari, and received feedback that representatives from the substance use prevention and treatment side of behavioral health will be included in the

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	<p>recommendation process. Please see Handout #3 for further details on these items.</p> <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> • Chair Sheley announced that an MHB Special Meeting will take place on December 15th at 6 p.m. to review recommendations from the Wellness Crisis Call Center and Response Ad Hoc Workgroup. • Chair Sheley summarized the purpose of the Human Services Coordinating Counsel, and appointed Ms. Lourdes Santana Sanchez to fill the current vacant liaison position. • Chair Sheley announced that Ms. Morales will participate on the Children’s System of Care Committee. • Chair Sheley shared that she reviewed the MHB Annual Report with the Board of Supervisors, and that they provided positive feedback and thanked MHB members for their efforts. The Board of Supervisors shared that they appreciated the live presentation and would welcome such a presentation in future years. Dr. Quist expressed appreciation and shared positive feedback on Chair Sheley’s presentation. <p>Election of Officers</p> <p>Chair Sheley shared the descriptions of the MHB officer positions. MHB Members elected the officers for calendar year 2022, as follows:</p> <ul style="list-style-type: none"> • Chairperson: Loran Sheley <ul style="list-style-type: none"> ○ Nominations: Loran Sheley (ran unopposed) ○ Loran Sheley <ul style="list-style-type: none"> ▪ Yes – Chair Sheley, Mr. Cho, Mr. Lueth, Ms. Riviera, Dr. McIntosh Sako, Dr. Arneill, Ms. Bemis, Mr. Wagstaffe, Mr. Gallant ▪ No – None ▪ Abstain – Ms. Morales • Vice-Chairperson: Corrine McIntosh Sako <ul style="list-style-type: none"> ○ Nominations: William Cho or Corrine McIntosh Sako ○ William Cho <ul style="list-style-type: none"> ▪ Yes – Mr. Cho, Mr. Lueth, Mr. Gallant ▪ No – Chair Sheley, Dr. McIntosh Sako, Dr. Arneill, Ms. Bemis, and Ms. Riviera ▪ Abstain: Mr. Wagstaffe, Ms. Morales ○ Corrine McIntosh Sako <ul style="list-style-type: none"> ▪ Yes – Chair Sheley, Dr. McIntosh Sako, Dr. Arneill, Ms. Bemis, and Ms. Riviera ▪ No – Mr. Cho, Mr. Lueth, and Mr. Gallant ▪ Abstain: Mr. Wagstaffe, Ms. Morales • Public Interest Secretary: Laura Bemis <ul style="list-style-type: none"> ○ Nominations: William Cho, Paul Wagstaffe, or Laura Bemis. Mr. Wagstaffe declined the nomination. ○ William Cho <ul style="list-style-type: none"> ▪ Yes – Mr. Cho, Mr. Gallant ▪ No – Chair Sheley, Dr. McIntosh Sako, Dr. Arneill, Ms. Bemis, Ms. Riviera, and Mr. Lueth ▪ Abstain – Mr. Wagstaffe and Ms. Morales ○ Laura Bemis <ul style="list-style-type: none"> ▪ Yes – Chair Sheley, Dr. McIntosh Sako, Dr. Arneill, Ms. Bemis, Ms. Riviera, Mr. Lueth, and Mr. Wagstaffe ▪ No – Mr. Cho, Mr. Gallant ▪ Abstain – Ms. Morales

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<p>VI. Mental Health Board Discussion/Action Item - Action Item: Review and Approve Data Notebook</p>	<p>Chair Sheley gave a presentation on the 2021 Data Notebook. The Data Notebook is collected annually by the California Behavioral Health Planning Council (CBHPC) for reviewing information and reporting on behavioral health services in each California county.</p> <p>Beginning in 2020, the CBHPC moved the Data Notebook survey to an online format utilizing the SurveyMonkey platform. The focus topic for 2021 is “Racial/Ethnic Inequities in Behavioral Health.” Full questions and responses are available in the 2021 Data Notebook Presentation handout, distributed to members at the meeting and available upon request.</p> <p>Feedback and recommendations were received as follows:</p> <ul style="list-style-type: none"> • Dr. Arneill asked about a discrepancy between the number of patients in Insitutes of Mental Disease versus bed days. BHS Division Manager Kelli Weaver to provide updated data. • Dr. Arneill asked about the proportion of youth placed in out-of-county care (71 placed out-of-county versus total number placed in county). Dr. Quist to gather this information from BHS Division Manager Melissa Jacobs and report this information back to the MHB. • Dr. Arneill asked about who provided the answers to the questions about Racial/Ethnic Inequities in Behavioral Health. Dr. Jason Richards clarified that Cultural Competence and Ethnic Services managers provided responses to those questions. • Ms. Bemis and Mr. Lueth provided feedback on the subjectivity of the racial designations and the possible responses allowed by the survey. • Mr. Gallant provided clarification on the difference between access to services versus engagement in services, as specified in the survey. • Dr. McIntosh Sako recommended that Cultural Competence and Ethnic Services staff provide clarification on how operational definitions for the Data Notebook were arrived at. Feedback will be provided at a future MHB meeting.
<p>VII. Division of Behavioral Health Services</p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • BHS has been working very hard on getting the AOT program up and going. Board of Supervisors agendas have been very full, and BHS is currently pushing for a December Board date for this item. • Covid levels have declined but are still at higher level than earlier this year. Vaccinations and precautions such as masking and social distancing continue to be important measures and Covid continues to impact our communities. • County websites and email addresses will be transitioning from “saccounty.net” to “saccounty.gov.” The old addresses will redirect to the new ones to ensure that messages are received during this transition. • The Fentanyl Awareness Safety Fair will be held on November 6th on the Capitol North Lawn. Narcan demonstrations and kit

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	<p>giveaways will be held. Please see Handout #11 for further details.</p> <ul style="list-style-type: none"> • Updated MHSA budget and program information was reported to the MHSA Steering Committee. Dr. Quist reviewed this same information with the MHB, which was provided as a PowerPoint in the chat. Highlighted proposals included: <ul style="list-style-type: none"> ○ Increase rates by 10% across CSS and PEI programs ○ Increase capacity by 7% across CSS and PEI programs ○ Implement Peer Certification with 3 new County Peer Manager positions ○ Increase FSP Capacity (new and expanded) ○ Transition Mental Health Urgent Care Clinic Innovation project to CSS funding in 2022-23 • Dr. Quist reiterated that before Covid, there was a Behavioral Health workforce shortage. Now, it has become a Behavioral Health workforce crisis. To meet this moment, the MHSA Steering Committee voted to increase provider rates by 10% and capacity by 7%.
VIII. Public Comment	<p>Public Comment 1: Community member highlighted the MHSA requirement that funds go to programs for diversion from jails for severely mentally ill consumers.</p> <p>Public Comment 2: Community member stated that Sacramento County opted into CalMHSA's Peer Certification program without community feedback, and stated that CalVoices would welcome further conversation on this topic.</p> <p>Public Comment 3: Community member recommended that BHS work with existing Room and Board programs to meet client needs.</p> <p>Public Comment 4: Community member discussed a community event regarding the criminal justice experiences of diverse community members and linked event information in the chat.</p>
IX. Adjournment	Chair Sheley adjourned the meeting at 8:11 p.m.