

**Sacramento County
Mental Health Board (MHB) Special Meeting Minutes**

June 24, 2021

Meeting Location

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Loran Sheley, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
Silvia Rodriguez, <i>Vice-Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis, <i>Secretary</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Corrine McIntosh Sako	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ann Arneill	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
William Cho	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ryan Gallant	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Paul Wagstaffe	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Janice Snyder	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	<p>Chair Loran Sheley called the meeting to order at 4:03 p.m. and introductions were made.</p> <p>Chair Sheley summarized the agenda for this meeting.</p>
II. Information on Mental Health Board Demographic Survey	<p>Chair Sheley shared information gathered from the Mental Health Board Demographic Survey. Key items included:</p> <ul style="list-style-type: none"> • The MHB remains committed to the recruitment of diverse community members, to reflect the diversity of the County. • Hispanic/Latino ethnicity and Black/African-American race represented the two largest minority demographics in the County. • Dr. Corrine McIntosh Sako highlighted that there are currently no Black/African-American members on the MHB, despite a large presence in the County. • Ms. Ann Arneill highlighted that a large percentage of MHB members declined to report their race/ethnicity in the survey. Ms. Arneill expressed concern at the large number of MHB members who did not report this information. • Ms. Theresa Riviera pointed out that members of the Black/African-American race could be part of the multi-racial category as reported. • Ms. McIntosh Sako asked about recruitment efforts in targeting multiple demographic groups. Chair Sheley and Ms. Arneill clarified that recruitment letters were sent out through all

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	<p>provider distribution lists as well as contacts provided by the Cultural Competence unit to include specific demographic groups.</p> <ul style="list-style-type: none"> • Dr. McIntosh Sako asked about MHB seats being held open for community advisement purposes. Chair Sheley clarified that those seats are no longer being held open, and are currently available to be filled.
<p>III. Mental Health Board Discussion Item – Next steps for Community Advisory Board Committee Wellness Crisis Call Center and Response (formerly Alternatives to 911 for Mental Health)</p>	<ul style="list-style-type: none"> • Chair Sheley summarized that the MHB agreed to form a subcommittee composed of both MHB and community members with voting rights, to advise on the upcoming Community Advisory Board Committee Wellness Crisis Call Center and Response Program. • On June 8th, BHS convened a stakeholder workgroup to provide recommendations for this program. • Dr. McIntosh Sako asked about the process of changing the MHB’s bylaws to include community members with voting rights. Chair Sheley advised that Dr. Quist has clarified that the Board of Supervisors would need to vote for this change, and that the process of identifying changes that need to be made, preparing a Board Letter, getting approval for the item to move forward, and getting the item on the Board’s agenda would take several months. • BHS Division Manager Kelli Weaver stated that the date for the next stakeholder workgroup is in development, and that there will be another opportunity to participate coming soon. Ms. Weaver stated that the outcome of the workgroup would be used to inform program design, as well as the composition and charge of the advisory subcommittee on this topic. • Dr. McIntosh Sako highlighted the shortage of mental health professionals as highlighted in the Sacramento Bee, and expressed concern over recruitment of qualified mental health professionals to participate in this program. Ms. Weaver agreed and clarified that the shortage of mental health professionals remains an ongoing challenge across all programs. • Ms. Arneill asked if the MHB should wait for the workgroup’s recommendations before convening the advisory subcommittee to ensure that community recommendations are honored. Chair Sheley expressed agreement. • Cal Voices representative expressed optimism about community outreach efforts beyond the usual County distribution lists.
<p>IV. Mental Health Board Action Item - Review and Approve 2020 Annual Report on the Sacramento County Mental Health Board</p> <p>Public Comment</p>	<p>Ms. Arneill reviewed this topic (Handout #2), since she was the MHB Chair in 2020 when the report was written. Highlighted issues included:</p> <ul style="list-style-type: none"> • Ms. Arneill reminded the MHB that this is a Receive and File item for the Board of Supervisors. • The list of MHB members will be updated in the report to include recent new members. • Meeting locations will be updated to reflect that MHB meetings are now being held via Zoom. • The Children’s and Adults System of Care Committees will be added to the committee section of the report. • The MHB will need to consider if they wish to return to in-person meetings at a future time.

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	<ul style="list-style-type: none"> • Site visits were suspended during the COVID-19 public health emergency and are not planned for the rest of 2021 as a result. They could be resumed at a future date, as appropriate. • Mr. Brad Lueth moved to approve the report as amended and Mr. Ryan Gallant seconded the motion. <p>Public Comments</p> <ul style="list-style-type: none"> • Community member pointed out the change in Supervisor for District 3, and affirmed Cal Voices referrals for outreach efforts to community partners. • Community member affirmed the MHB discussion of inclusive representation from underserved communities. • Community member advocated for the Sac Map program from Cal Voices. <p>Votes were as follows. Motion carried.</p> <ul style="list-style-type: none"> • Yes: Chair Sheley, Mr. Lueth, Ms. Rodriguez, Mr. Gallant, Mr. Cho, Dr. McIntosh Sako • No: None • Abstain: Ms. Riviera
<p>V. Mental Health Board discussion item – FY 2021-22 Through FY 2023-24 Three-Year Mental Health Services Act Budget pages (follow up item from June 2, 2021 Mental Health Board meeting and Public Hearing)</p>	<p>BHS Division Manager Jane Ann Zakhary outlined the Budget section of the MHSA Three-Year plan and MHB members asked questions as follows:</p> <ul style="list-style-type: none"> • Chair Arneill asked about the negative balance of PEI funds in the report. Ms. Zakhary clarified that these are projections and new information if forthcoming to likely make up for this deficit. • Chair Arneill asked if the 24/7 Crisis Center will be a priority for funding in the future. Ms. Zakhary clarified that PEI funds as well as local funds could be used as potential funding sources, and that this program would be prioritized. • Ms. Rodriguez expressed concern about unspent funds in the CSS component. Ms. Zakhary clarified that we are spending more than we receive in CSS funds each year, which is spending down the unspent balance over time in a sustainable way. Ms. Rodriguez expressed that she would not support a plan without the funds being spent down in their entirety during the time period of the current plan. • Mr. Gallant asked for clarification regarding how MHSA funds are broken out into the different funding components and how the prudent reserve is regulated. Ms. Zakhary clarified these items as specified under MHSA statute, and as included in the report. • Ms. Arneill expressed satisfaction with the current unspent fund balance in context of the full amount and the current plans to spend it down. • Dr. McIntosh Sako asked about the MHSA Three-Year Plan process, including if things could be changed during that time. Ms. Zakhary clarified that there is an annual update each year during the plan's three-year time period. • Ms. Riviera asked about the dollar amount of the current surplus funds and plans to spend them down. Ms. Zakhary reiterated the current surplus amount, as well as the current plan to spend more funds than received each year, thereby spending down the surplus. Ms. Riviera stated that she could not support the plan without a more accelerated spending down of surplus

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	<p>funds. Chair Sheley clarified that a vote was not being taken on support for the plan at this time.</p> <ul style="list-style-type: none"> • Ms. Arneill advocated for a slide included in a future presentation on the historical volatility of MHSA funding. • Mr. Gallant asked for clarification on how MHSA funding allocations are determined. Ms. Zakhary discussed the community planning process which informs MHSA funding decisions. • Ms. Rodriguez clarified that MHSA funding projections are made available to the County on a projected basis, and advocated for accelerated spending of the surplus. Ms. Zakhary reiterated that the County uses a fiscal consultant who also contracts with the State, and relies on those fiscal projections in the process of developing the plan.
VI. Public Comment – Items on the Agenda	<p>Public Comment 1: Community member advocated for the increased use of WET component funds.</p> <p>Public Comment 2: Community member advocated for the inclusion of robust community planning processes.</p> <p>Public Comment 3: Community member advocated for a more accelerated spending down of CSS component funds, with the goal of depleting the surplus in its entirety during the current MHSA Three-Year Plan.</p> <p>Public Comment 4: Community member affirmed the importance in recruiting diverse membership for the MHB as well as subcommittees.</p>
VII. Adjournment	Chair Sheley adjourned the meeting at 5:50 p.m.