

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes**

April 6, 2022

**Meeting Location**

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Loran Sheley, <i>Chair</i>	<u>Present</u> Absent	Bradley Lueth	Present <u>Absent</u>
Corrine McIntosh Sako, <i>Vice-Chair</i>	<u>Present</u> Absent	Jasmine Morales	<u>Present</u> Absent
Laura Bemis, <i>Secretary</i>	<u>Present</u> Absent	Maria Padilla-Castro	<u>Present</u> Absent
Ann Arneill	Present <u>Absent</u>	Silvia Rodriguez	<u>Present</u> Absent
William Cho	<u>Present</u> Absent	Lourdes Santana-Sanchez	<u>Present</u> Absent
Ryan Gallant	<u>Present</u> Absent	Theresa Riviera	<u>Present</u> Absent
Supervisor Patrick Kennedy	Present <u>Absent</u>	Paul Wagstaffe	<u>Present</u> Absent
<b>County Staff to MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Jason Richards	<u>Present</u> Absent	Rob Parrish	<u>Present</u> Absent

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	Chair Sheley called the meeting to order at 6:01 p.m. A quorum was declared and introductions were made.
<b>II. Conduct Agreement</b>	Ms. Bemis read the MHB Conduct Agreement.
<b>III. Approval of Minutes</b>	Ms. Bemis moved to approve the minutes and Mr. Wagstaffe seconded the motion. (Chair Sheley, Mr. Cho, and Ms. Padilla-Castro abstained. All other members voted Aye.) Motion carried.
<b>IV. System Partner Updates</b>	<p><b>Advocacy Update</b> Ms. Angelina Woodberry and Ms. Robin Barney announced the following:</p> <ul style="list-style-type: none"> <li>• Shared a success story of a mother of a consumer who was able to be assisted by peer partners in order to successfully transition from an emergency room environment.</li> <li>• The 26th Annual Peer Empowerment Conference will be on June 10th.</li> <li>• Highlighted the successful meeting of the California Association of Peer Professionals in March.</li> <li>• CalVoices and BHS are co-sponsoring Youth Anger Management groups for youth ages 13-18 who are Sacramento County Residents. A flyer was distributed in the chat and is on file.</li> <li>• Peer Partners will be helping facilitate Kids Day is on April 23rd.</li> </ul>

Agenda Item	Discussion
	<ul style="list-style-type: none"> <li>• Peer partners have been receiving calls from parents experiencing challenges with the IEP process in schools during this time, and have been providing information and referrals accordingly.</li> </ul> <p><b>Association of Behavioral Health Contractors</b>  Ms. Diane White highlighted the crisis in the behavioral health workforce. The Association of Behavioral Health Contracts has partnered with the Los Rios Community College district to facilitate an apprenticeship program for future behavioral health professionals in training.</p> <p><b>Sacramento County Department of Personnel Services (DPS)</b>  Ms. Candice Mabra announced that DPS is seeking the MHB's feedback regarding the recruitment of a new Social Services Agency Director, as Mr. Bruce Wagstaff is retiring. DPS is seeking recommendations on the recruitment process from community partners such as the MHB prior to the recruitment process, and has offered to hold listening sessions as requested. Ms. Mabra summarized the areas of responsibility and expertise for this position.</p>
<p><b>V. Mental Health Board Business</b></p>	<p><b>Liaison Reports</b>  No written liaison reports were submitted for this meeting.</p> <p><b>Committee and Workgroup Updates</b></p> <ul style="list-style-type: none"> <li>• <b>Adult System of Care Committee:</b> Dr. McIntosh Sako reported the following: <ul style="list-style-type: none"> <li>○ Ms. Andrea Jarvis and Ms. Stephanie Kelly from Sacramento County Adult Correctional Health gave a presentation on Adult Correctional Health services in Sacramento County.</li> <li>○ Dr. McIntosh Sako reported back on her meeting with Los Angeles County Reentry Health Advisory Collaboration, and her meeting with PHAB and Dr. Amy Barnhorst, UC Davis Vice Chair of Community Mental Health.</li> <li>○ Mr. and Ms. Nancy and Wade Brynelson provided a presentation from the perspective of family advocates on the topic of AOT.</li> <li>○ The next Adult System of Care Committee meeting will be on April 26th at 4 p.m.</li> </ul> </li> <li>• <b>Children's System of Care Committee:</b> Ms. Rodriguez reported the following: <ul style="list-style-type: none"> <li>○ The CSOC committee is examining the County's referral system for school-based mental health services.</li> <li>○ Ms. Rodriguez summarized the County's current tier system for school-based mental health services. The CSOC committee is currently evaluating the tier system.</li> <li>○ Ms. Melissa Jacobs provided an overview of the County's referral system. Ms. Rodriguez congratulated Ms. Jacobs on her promotion and transition to the Department of Child, Family, and Adult Services.</li> <li>○ The CSOC Committee will be recommending that the MHB bylaws be amended to include a youth member.</li> </ul> </li> </ul>

Agenda Item	Discussion
	<p>This proposal will be brought to the MHB at a future meeting.</p> <ul style="list-style-type: none"> <li>○ The next Children’s System of Care Committee meeting will be on April 28th at 4 p.m.</li> <li>● <b>Executive Committee:</b> Chair Sheley reported the following: <ul style="list-style-type: none"> <li>○ A regularly scheduled meeting was held on March 15th, during which the committee discussed the process of responding to the request from DPS (outlined above under announcements), discussed and voted to approve bringing the extended public comment time item below to the full MHB, and discussed proposing an amendment to the MHB bylaws to include a member removal request process.</li> <li>○ A special meeting was held on March 30th, during which County Counsel presented on the role of County Counsel in advising the MHB, and provided clarification on the proposed member removal amendment.</li> <li>○ The next Executive Committee meeting will be on April 19th at 12 p.m.</li> </ul> </li> <li>● <b>Budget Committee:</b> <ul style="list-style-type: none"> <li>○ No updates at this time.</li> </ul> </li> <li>● <b>Wellness Crisis Call Center and Response Ad Hoc Workgroup:</b> Dr. McIntosh Sako and Ms. Rodriguez reported the following: <ul style="list-style-type: none"> <li>○ WCCCRT call center software is in development.</li> <li>○ A recruitment flyer for the WCCCRT committee is in development by the Recruitment Committee. They will be requesting that the flyer be translated into threshold languages as appropriate.</li> <li>○ The committee will be conducting an online survey, in partnership with the BHS Research, Evaluation, and Program Outcomes unit, to collect community input on the name for this program.</li> </ul> </li> </ul> <p><b>Mental Health Board Announcements</b></p> <ul style="list-style-type: none"> <li>● Chair Sheley provided an overview of the survey about MHB members’ preferences for presentations.</li> <li>● Committee assignment changes: <ul style="list-style-type: none"> <li>○ Chair Sheley to step away from the Human Services Coordinating Counsel and Psychiatric Advance Directives Ad Hoc Committee because of family obligations.</li> <li>○ Ms. Padilla-Castro was appointed to serve on the Psychiatric Advance Directives Ad Hoc Committee.</li> <li>○ MHB members interested in serving on the Human Services Coordinating Counsel to let Chair Sheley know.</li> </ul> </li> <li>● The annual update to the MHSA Three-Year Plan has been posted (link provided in chat) for the usual 30-day comment period. The MHB will host the Public Hearing next month to provide input on this document.</li> <li>● In the coming days, the MHB will be sent a survey on whether they would prefer MHB meetings to be held remotely, in person, or using a hybrid approach.</li> </ul>

Agenda Item	Discussion
	<ul style="list-style-type: none"> <li>Kids Day in the Park, highlighting Children’s Mental Health Awareness Day, will be held on April 23<sup>rd</sup>. Mr. Gallant provided feedback regarding concerns about a sponsor of the event advocating for an anti-scientific worldview.</li> </ul>
<b>VI. Presentation – SAC MAPS</b>	<p>Ms. Stephanie Ramos, Education Director for Cal Voices, provided a presentation on the SacMap program. The SacMap program provides an online resource directory where Sacramento County community members can find behavioral health programs and services available to them. These resource lists focus on programs that do not require a formal referral, and many are available at no cost.</p>
<b>VII. Mental Health Board Discussion/Action Item: Mental Health Board Meeting Procedures</b>	<p>Mr. Robert Parrish, Deputy County Counsel, provided a presentation on the Brown Act as it applies to the MHB. The Brown Act requires local government business to be conducted at open and public meetings, except in specific limited situations. Public Comments were highlighted as an essential component of the government process.</p> <p>A procedural amendment to increase Public Comment time from 2 minutes to 3 minutes per speaker will be discussed at a future MHB meeting.</p>
<b>VIII. Division of Behavioral Health Services</b>	<p>Dr. Ryan Quist, Behavioral Health Director, provided an overview of California Advancing and Innovating Medi-Cal (CalAIM) initiatives. Highlighted components included payment reforms and medical necessity, eligibility criteria, and documentation redesign. Other components of CalAIM include foster youth reforms and the Behavioral Health Quality Improvement Program.</p> <p>Dr. Quist then discussed his written report (Handout #4) on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> <li>Dr. Quist acknowledged the tragedy which occurred the previous weekend involving guns and the loss of life in downtown Sacramento.</li> <li>Dr. Quist highlighted the community’s resilience in the face of adversity through recent challenges. Dr. Quist shared some trauma resources in the chat, as well as the link to further resources on the BHS website.</li> </ul>
<b>IX. Public Comment</b>	<p>Public Comment 1: Community member thanked Dr. Quist and BHS for acknowledging the shooting over the previous weekend, as well as the resources provided.</p> <p>Public Comment 2: Community member expressed thanks for the informative and open meeting.</p> <p>Public Comment 3: Community member asked for information on the tools used to stratify consumers between managed care plans and County mental health. Dr. Quist provided information that this tool is currently in development.</p> <p>Public Comment 4: Community member highlighted the upcoming Safe Black Spaces event on April 9<sup>th</sup>, and announced that this is the 4<sup>th</sup></p>

<b>Agenda Item</b>	<b>Discussion</b>
	anniversary for Safe Black Spaces. A link to this event was provided in the chat.
<b>X. Adjournment</b>	Chair Sheley adjourned the meeting at 8:02 p.m.