

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

June 1, 2022

Meeting Location

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Loran Sheley, <i>Chair</i>	<u>Present</u> Absent	Bradley Lueth	<u>Present</u> Absent
Corrine McIntosh Sako, <i>Vice-Chair</i>	<u>Present</u> Absent	Jasmine Morales	<u>Present</u> Absent
Laura Bemis, <i>Secretary</i>	<u>Present</u> Absent	Maria Padilla-Castro	<u>Present</u> Absent
Ann Arneill	<u>Present</u> Absent	Silvia Rodriguez	<u>Present</u> Absent
William Cho	<u>Present</u> Absent	Lourdes Santana-Sanchez	<u>Present</u> Absent
Ryan Gallant	<u>Present</u> Absent	Theresa Riviera	<u>Present</u> Absent
Supervisor Patrick Kennedy	<u>Present</u> Absent	Paul Wagstaffe	<u>Present</u> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<u>Present</u> Absent	Rob Parrish	<u>Present</u> Absent

Agenda Item	Discussion
I. Welcome and Introductions	Chair Loran Sheley called the meeting to order at 6:03 p.m. A quorum was declared and introductions were made.
II. Conduct Agreement	Ms. Laura Bemis read the MHB Conduct Agreement.
III. Approval of Minutes	Mr. Paul Wagstaffe moved to approve the minutes and Dr. Corrine McIntosh Sako seconded the motion. (Dr. Ann Arneill abstained. All other members voted Aye.) Motion carried.
IV. System Partner Updates	<p>Advocacy Update Ms. Robin Barney, Ms. Angelina Woodberry, and Ms. Andrea Housley announced the following:</p> <ul style="list-style-type: none"> Peer Empowerment Conference will be on June 10th from 10:00 am - 2:30 pm. Families have been requesting transportation resources, due to increased gas prices. Participants were encouraged to reach out to Ms. Andrea Housley for more information, and contact information was provided in the chat. <p>Association of Behavioral Health Contractors Ms. Diane White announced the following:</p> <ul style="list-style-type: none"> The Association of Behavioral Health Contractors is planning an event to honor behavioral health providers who provided services during Covid. The event will take place on June 30th and announcements will be distributed later this month.

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<p>V. Mental Health Board Business</p>	<p>Liaison Reports Written liaison reports were provided for the MHSA Steering Committee and Behavioral Health Racial Equity Collaborative.</p> <p>Committee and Workgroup Updates</p> <ul style="list-style-type: none"> • Adult System of Care Committee: Dr. Corrine McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ The committee continued working on analysis of BHS vocational services data, to improve vocational rehabilitation services for consumers. ○ The committee reviewed the Public Health Advisory Board’s recommendations related to services provided for the jail population. ○ The next Adult System of Care Committee meeting will be on June 28th at 4 p.m. • Children’s System of Care Committee: Ms. Silvia Rodriguez reported the following: <ul style="list-style-type: none"> ○ The committee met last week, and adjourned the meeting early due to lack of attendance from community members, since feedback could not be collected. ○ Ms. Rodriguez advocated for a Youth Mental Health Conference. ○ Dr. Arneill and Supervisor Kennedy affirmed the importance and continued collaboration of the Youth Advisory Board in providing feedback on youth mental health in Sacramento County. ○ Behavioral Health Director, Dr. Ryan Quist, discussed challenges youth have experienced with scheduling feedback sessions, due to the end of the school year and the start of summer. Dr. Quist affirmed the importance of accommodating youth schedules and Ms. Rodriguez concurred. ○ The next Children’s System of Care Committee meeting will be on June 23rd at 4 p.m. • Executive Committee: Chair Sheley reported the following: <ul style="list-style-type: none"> ○ There are 2 current vacancies on the MHB: Public Interest and Consumer Representatives, both from District 4. There will be at least 3 more vacancies at the end of the year, due to members completing their term limits. MHB members were encouraged to start thinking about ways to provide outreach and recruitment efforts. ○ The next Executive Committee meeting will be on June 6th at 12 p.m. • Wellness Crisis Call Center and Response Ad Hoc Workgroup: Chair Sheley reported the following: <ul style="list-style-type: none"> ○ BHS staff will be presenting on WCCCRT updates at the July MHB General Meeting. ○ BHS will be providing feedback and responses to questions as they develop workflows. ○ The WCCCRT program start date has been updated to October.

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	<ul style="list-style-type: none"> ○ The MHB will continue recruiting more members for the WCCCRT Subcommittee, to inform the upcoming program. ○ The MHB distributed a community survey regarding the name of the WCCCRT program. Feedback received will be analyzed and submitted to BHS. <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> • Ms. Bemis announced 2 upcoming MHB site visits to behavioral health providers sites: June 13th at 1 pm at the Hope Respite Center, and July 11th at 1 pm at Psynergy. • Chair Sheley and Dr. Ann Arneill announced that the MHB will be reviewing the proposed County Budget at a Special Meeting on June 6th at 4:30 pm. • Chair Sheley discussed the upcoming Special Meeting for the CARE Court Program, and will follow up with members to finalize scheduling efforts. <p>Discuss Future Mental Health Board Meeting Setting</p> <ul style="list-style-type: none"> • Chair Sheley provided an overview of MHB member survey responses, regarding preferences for future MHB meetings (Handout #3): <ul style="list-style-type: none"> ○ 58.33% preferred Hybrid meetings (hold meetings in person with an option for virtual participation) ○ 25.00% preferred In Person meetings ○ 6.67% preferred Remote/Virtual meetings • County Counsel, Mr. Robert Parrish, clarified that the Board of Supervisors is likely to extend remote meetings due to the continued prevalence of Covid in the community. • Upon resuming person meetings, MHB members will be required to attend in person to comply with the Brown Act unless the law changes. Members of the public will be given the option to attend remotely in a hybrid format.
<p>VI. Mental Health Board Discussion/Action Item: Mental Health Board Meeting Procedures</p>	<p>Dr. McIntosh Sako summarized a proposed procedural amendment to increase Public Comment time from 2 minutes per speaker to 3 minutes per speaker (Handout #4).</p> <ul style="list-style-type: none"> • Supervisor Kennedy and Ms. Rodriguez expressed their support for this initiative. • Mr. Paul Wagstaffe highlighted the need for time management at MHB meetings if this rule is adopted, due to some community members having physical or mental health challenges which could present challenges for those community members during longer meetings. Mr. Wagstaffe noted that members of the public may arrange for reasonable accommodation if needed, and that this information is included at the bottom of every MHB agenda. • Ms. Maria Padilla-Castro reiterated the need to stick to the timeframes on the agendas due to challenges with MHB meetings frequently running behind, thus limiting time for community feedback. <p>Dr. McIntosh Sako moved to adopt the amendment, and Ms. Maria Padilla-Castro seconded the motion. (Mr. William Cho and Mr. Wagstaffe voted No. All other members voted Aye.) Motion carried.</p>

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<p>VII. Mental Health Board Discussion/Action Item: Recommendation for AOT Stakeholder Workgroup</p>	<p>Chair Sheley summarized a proposed recommendation to BHS Director, Dr. Ryan Quist, to establish a stakeholder workgroup for the Assisted Outpatient Treatment Program (Handout #6).</p> <ul style="list-style-type: none"> • Dr. Quist confirmed that due to the current workforce crisis in behavioral health, AOT implementation is now planned for the Fall. • Dr. Quist highlighted the current behavioral health workforce crisis, and the danger of AOT implementation getting pushed back even further if additional layers of required meetings are added. Supervisor Kennedy concurred, followed by Ms. Padilla-Castro and Mr. Cho who shared the same concerns. • Ms. Theresa Riviera advocated for the inclusion of linguistic diversity in the proposed letter. • Mr. Wagstaffe asked who the oversight body would be for AOT implementation, apart from the proposed committee. Dr. Quist clarified that the MHB is the oversight body for this topic. • Dr. Arneill proposed taking a step back and considering another way to provide feedback besides a committee. • Dr. McIntosh Sako affirmed the importance of inclusion of community member voices in the decision making process on this topic. • Supervisor Kennedy reminded participants that the Board of Supervisors approved AOT in Sacramento County with a unanimous 5 to 0 vote, and affirmed that they are dedicated to its successful implementation. <p>Public Comment 1: Community member advocated for stakeholder feedback in the implementation of AOT, highlighting that community members want to ensure the survival of their family members.</p> <p>Public Comment 2: Community member advocated for the inclusion of community agencies in the AOT implementation process.</p> <p>Dr. McIntosh Sako moved to approve the amended recommendation (with the friendly amendment regarding linguistic diversity), and Dr. Arneill seconded the motion.</p> <ul style="list-style-type: none"> • Aye: Ms. Riviera, Dr. McIntosh Sako, Ms. Morales • No: Chair Sheley, Mr. Cho, Mr. Wagstaffe, Ms. Rodriguez, Dr. Arneill, Ms. Bemis • Abstain: Supervisor Kennedy, Mr. Brad Lueth <p>Motion not carried.</p>
<p>VIII. Mental Health Board Discussion/Action Item: Recommendation that Sacramento County Join the Multi-County Psychiatric Advance Directive Mental Health Services Act Innovation Project</p>	<p>Ms. Padilla-Castro, Ms. Bemis, and Mr. Wagstaffe provided an overview of Psychiatric Advance Directives (PADs), and summarized a proposed recommendation to support Sacramento County joining the multi-county collaborative PAD Mental Health Services Act Innovation Project, and advance the recommendation to the Board of Supervisors (Handout #7).</p> <ul style="list-style-type: none"> • Ms. Riviera and Dr. Arneill affirmed the committee for their presentation and hard work on this topic, and advocated for the adoption of this proposal. • Mr. Lueth reiterated that the end goal is to have a technological document that can be accessed by providers if someone is in process.

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	<ul style="list-style-type: none"> • Mr. Wagstaffe highlighted the importance of this topic, due to the nature of a PAD needing to be completed before it is needed. • Ms. Morales asked about age requirements for PADs. Mr. Wagstaffe stated that advance directives are typically for people over the age of 18, but that youth may complete them so that they can be used to inform the decisions of their caretakers if they become necessary. • Mr. Wagstaffe and Mr. Cho proposed a friendly amendment for the notification of BHS and the MHSA Steering Committee for courtesy purposes, as well as the Board of Supervisors. • Dr. McIntosh Sako highlighted the MHB's scope in making recommendations to the Board of Supervisors rather than other boards and commissions throughout the County. County Counsel, Robert Parrish, advised that the MHB would need to stay within its statutory scope. • Ms. Padilla-Castro clarified that her motion was to submit the proposed recommendation to the Board of Supervisors directly, with no friendly amendments in accordance with the advice of County Counsel. <p>Public Comment 1: Community member advocated in support of the motion, so that PADs can become normalized in Sacramento County.</p> <p>Public Comment 2: Community member asked if PADs would be available only to clients, or to all community members. Ms. Padilla-Castro clarified that it would be available to all community members.</p> <p>Ms. Padilla-Castro moved to approve the recommendation, and Mr. Lueth seconded the motion. (Supervisor Kennedy abstained. All other members voted Aye.) Motion carried.</p>
IX. Division of Behavioral Health Services	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • Dr. Quist highlighted cultural events in June, including Pride Month and Juneteenth. • The RAND report was distributed to MHB members, which outlines current needs for psychiatric beds in Sacramento County. Community presentations will be provided on this topic as well. • Budget information was distributed to MHB members for discussion at the upcoming Special Meeting.
X. Public Comment	<p>Public Comment 1: Community member advocated for outreach and support for family members of consumers regarding housing and transportation needs.</p> <p>Public Comment 2: Community member expressed appreciation to the MHB for all of their hard work and continued support for mental health in Sacramento County.</p>
XI. Adjournment	<p>Chair Sheley adjourned the meeting at 8:35 p.m.</p>