

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

July 6, 2022

Meeting Location

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Loran Sheley, <i>Chair</i>	<u>Present</u> Absent	Bradley Lueth	<u>Present</u> Absent
Corrine McIntosh Sako, <i>Vice-Chair</i>	<u>Present</u> Absent	Jasmine Morales	<u>Present</u> Absent
Laura Bemis, <i>Secretary</i>	<u>Present</u> Absent	Maria Padilla-Castro	<u>Present</u> Absent
Ann Arneill	<u>Present</u> Absent	Silvia Rodriguez	<u>Present</u> Absent
William Cho	<u>Present</u> Absent	Lourdes Santana-Sanchez	<u>Present</u> Absent
Ryan Gallant	<u>Present</u> Absent	Theresa Riviera	<u>Present</u> Absent
Supervisor Patrick Kennedy	Present <u>Absent</u>	Paul Wagstaffe	<u>Present</u> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<u>Present</u> Absent	Rob Parrish	<u>Present</u> Absent

Agenda Item	Discussion
I. Welcome and Introductions	Chair Loran Sheley called the meeting to order at 6:02 p.m. A quorum was declared and introductions were made.
II. Conduct Agreement	Ms. Laura Bemis read the MHB Conduct Agreement.
III. Approval of Minutes	<p>Mr. William Cho clarified that his friendly amendment under Item VIII was for courtesy purposes, rather than for review purposes.</p> <p>Mr. Paul Wagstaffe clarified that his comment about the length of MHB meetings under Item VI was out of concern for members of the public, rather than MHB members. Mr. Wagstaffe requested that information be added to the minutes to remind members of the public that they can request an accommodation if needed. This information is also included at the bottom of MHB agendas.</p> <p>Chair Sheley moved to approve the amended minutes and Ms. Lourdes Santana-Sanchez seconded the motion. (All members voted Aye.) Motion carried.</p>
IV. System Partner Updates	<p>Advocacy Update</p> <p>Ms. Angelina Woodberry, Ms. Robin Barney, and Ms. Andrea Housley announced the following:</p> <ul style="list-style-type: none"> The Peer Empowerment Conference was highly successful and well attended. Minutes will be made available on the CalVoices website.

Agenda Item	Discussion
	<ul style="list-style-type: none"> • CalVoices is excited for changes that the adult transformation will bring, and the new adult advocate committee will help facilitate community feedback. • The Expert Pool event will be in August, to discuss the adult transformation with core providers for behavioral health. • The Peer Advisory Committee is coming up, and will have information on the topic of facilitation. The goal is to show peers how they can become more involved in county boards such as the MHB, the Alcohol and Drug Advisory Board, and the MHSA Steering Committee. • CalVoices will be facilitating a youth group for emotional intelligence including Anger Management, for community members ages 13-18. <p>Association of Behavioral Health Contractors Ms. Diane White expressed appreciation for BHS and behavioral health providers as the Covid pandemic continues, and highlighted the 30% increase in cases the previous week. Ms. White also highlighted the challenges of smaller behavioral health providers, including how Covid has impacted the diversity of small businesses.</p> <p>Ms. Christie Gonzales with WellSpace Health outlined the 988 National Suicide Prevention Lifeline, which has a go live date of July 16, 2022. WellSpace Health will be answering the calls to this hotline.</p>
<p>V. Mental Health Board Business</p>	<p>Liaison Reports Written liaison reports were provided for NAMI and the Human Services Coordinating Counsel.</p> <p>Committee and Workgroup Updates</p> <ul style="list-style-type: none"> • Adult System of Care Committee: Dr. Corrine McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ The committee received presentations from: <ul style="list-style-type: none"> ▪ Ms. Linda Kauffman-Rodriguez from Synergy, regarding educational information on their augmented board and care facility, the complex needs that this facility is able to meet in the community, and statistics about the population they serve. ▪ Ms. Christie Gonzales from WellSpace Health on the 988 number, which is going live this month. WellSpace expects an approximate 3x increase in calls with this new accessible resource. ○ The next Adult System of Care Committee meeting will be on July 26th at 4 p.m. • Children’s System of Care Committee: Ms. Silvia Rodriguez reported the following: <ul style="list-style-type: none"> ○ The committee’s report for the referral system will begin to take form in September. ○ Ms. Rodriguez advocated for a proposed youth event, with more information to come. ○ The committee plans to propose an update to the MHB bylaws in the fall, to allow for youth MHB members.

Agenda Item	Discussion
	<ul style="list-style-type: none"> ○ The next Children’s System of Care Committee meeting will be on July 28th at 4 p.m. ● Executive Committee: Chair Sheley reported the following: <ul style="list-style-type: none"> ○ The proposed CARE Court Special Meeting was unable to be held, due to challenges with MHB member availability. Instead, this program will be discussed at a future meeting once it is signed into law. ○ Proposed member removal recommendation procedures are under review and will be discussed at a future meeting. ○ The next Executive Committee meeting will be on July 19th at 12 p.m. ● Wellness Crisis Call Center and Response Team (WCCCRT) Ad Hoc Workgroup: Chair Sheley reported the following: <ul style="list-style-type: none"> ○ The selection committee has concluded its review of community member applications the resulting interview process (6 of the 9 members will be from the community, and 3 will be from the MHB). <ul style="list-style-type: none"> ▪ Ms. Rodriguez clarified that 11 community member applications and 2 MHB member applications were received. More MHB members were encouraged to apply. ○ The ad hoc workgroup is working with BHS to finalize the details of the stipend for community members. ○ A community engagement survey from the MHB was distributed to rename the WCCCRT program: <ul style="list-style-type: none"> ▪ The initial survey was extended because some email distribution lists were missed during the initial time period. ▪ Results are in the process of being analyzed. ▪ The top 5 suggestions will be sent out to the community in another survey for individuals to vote on. <p>Update on Site Visits</p> <ul style="list-style-type: none"> ● On June 13th, the MHB conducted a site visit to the Home Respite Center, which was very successful and informative. ● Upcoming site visits include: <ul style="list-style-type: none"> ○ July 11th at Synergy. Ms. Bemis clarified that this particular site requires vaccinations and masks. ○ August 8th at the Mental Health Urgent Care Clinic. ● Dr. Arneill thanked Public Interest Secretary, Ms. Bemis, for the interesting site visits that she has scheduled for the MHB. <p>Update on Future Mental Health Board Meeting Setting</p> <ul style="list-style-type: none"> ● Approvals for remote meetings for County Boards and Commissions, including the MHB, are being updated by the Board of Supervisors on an ongoing basis. ● At this time, the MHB does not have a specific date that they will return to in person meetings, as Covid continues to affect our communities. <p>Mental Health Board Announcements</p>

Agenda Item	Discussion
	<ul style="list-style-type: none"> No further announcements were made.
<p>VI. Update: Behavioral Health Services Wellness Crisis Call Center and Response Team Implementation</p>	<p>Ms. Alondra Thompson and Mr. Rob Kesselring, BHS Health Program Managers, provided an update on WCCCRT program implementation and answered questions as follows:</p> <ul style="list-style-type: none"> The WCCCRT program team has been conducting outreach to community organizations, focused on various demographic groups. Initially, crisis call center respondents were anticipated to be mostly clinicians, but since then the team been focused on recruiting peers as well. The WCCCRT program team have been recruiting at career fairs at various locations around the County. Software implementation progress remains ongoing, including workflows and depth procedures. The interim MHB ad hoc committee for the WCCCRT program continues to meet with BHS staff to provide community input and support throughout the development of the program. An update on the WCCCRT program is posted on the 3rd Friday of every month at: https://dhs.saccounty.gov/BHS/Pages/Wellness-Crisis-Call-Center-and-Response.aspx BHS will be promoting the WCCCRT program at the upcoming Love, Hope, and Healing Community Fair event on July 9th. Chair Sheley asked about the data used for the projected peak times for services. Mr. Kesselring and Ms. Thompson clarified that peak times have been identified in partnership with mental health providers and law enforcement, so that the WCCCRT program is prepared for the upcoming client load. A community member asked if peak time data has been identified with provider partners besides Mental Health Access and law enforcement. Ms. Thompson discussed the Mental Health Urgent Care Clinic as another partner, as well as other crisis stabilization providers in the community. Mr. Kesselring and Ms. Thompson provided their email addresses in the chat, for anyone with further questions or suggestions on the WCCCRT program: kesselringr@saccounty.net and thompsonal@saccounty.net. Recruitment fliers for the WCCCRT program are available on the website noted above.
<p>VII. Division of Behavioral Health Services</p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services. He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> Highlighted cultural observances in the month of July, including National Minority Mental Health Awareness Month, Independence Day, and Islamic New Year. On June 14th, the Board of Supervisors approved the Mental Health Services Act (MHSA) Fiscal Year 2022-23 Annual Update to the MHSA Three-Year Plan, as approved by the MHB at their May Public Hearing. Two division manager vacancies were filled this week: <ul style="list-style-type: none"> BHS's new Forensic Division Manager is Ms. Nina Acosta, who joins us from the District Attorney's office, where she previously oversaw Sacramento County's Victim Support program. Ms. Acosta was noted as

Agenda Item	Discussion
	<p>having great connections with system partners and is well-known in the community.</p> <ul style="list-style-type: none"> ○ The new Youth and Family Mental Health Division Manager is Sheri Green, who previously served as a Health Program Manager at BHS. Ms. Green has many years of experience with BHS, and is well-known to behavioral health providers and system partners in Sacramento County. • Chevon Kothari has been promoted to Social Services Director, and Sandi Damiano will be filling the DHS Director role on an interim basis. • BHS will be recruiting a Deputy Director to oversee day to day operations on an inward-facing basis, while Dr. Quist will occupy a new position entitled Behavioral Health Director to facilitate outward-facing aspects of behavioral health in Sacramento County. • BHS's proposal for building a new subacute 64 bed Mental Health Rehabilitation Center was approved for approximately \$23.5 million as a part of the Behavioral Health Continuum Infrastructure Program. This facility will expand the number of subacute adult beds in Sacramento County, which was identified as a key area of need in the Rand study. • Dr. Quist outlined the County Budget process, and discussed Behavioral Health items included in the Fiscal Year 2022-23 Budget, as approved by the Board of Supervisors in June. • BHS continues to coordinate the implementation of CalAIM initiatives, including Documentation Redesign and Payment Reform. BHS is opting in to becoming part of a Semi-Statewide Electronic Health Record, in partnership with CalMHSA. Behavioral health providers in the community have indicated their support. This change is set to take effect on July 1, 2023. • Dr. Quist facilitated an in depth discussion of services for the unhoused population, including expansion of the homeless response teams (7 additional clinicians), the MHSA Housing Program, and the No Place Like Home Program (234 additional units). Flex funding continues to be made available to behavioral health providers so that they can meet the needs of these members of the community.
VIII. Public Comment	Public Comment 1: Community member highlighted the potential need for voluntary bed availability at the upcoming Mental Health Rehabilitation Center.
IX. Adjournment	Chair Sheley adjourned the meeting at 7:46 p.m.