

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

August 3, 2022

Meeting Location

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Loran Sheley, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Corrine McIntosh Sako, <i>Vice-Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Jasmine Morales	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis, <i>Secretary</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ann Arneill	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
William Cho	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Lourdes Santana-Sanchez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ryan Gallant	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Paul Wagstaffe	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Rob Parrish (Rick Heyer covering)	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	Chair Loran Sheley called the meeting to order at 6:01 p.m. A quorum was declared and introductions were made.
II. Conduct Agreement	Ms. Laura Bemis read the MHB Conduct Agreement.
III. Approval of Minutes	Ms. Theresa Riviera clarified that she was present at the July meeting, and the minutes were amended accordingly. Ms. Bemis moved to approve the amended minutes and Mr. Paul Wagstaffe seconded the motion. (All members voted Aye.) Motion carried.
IV. System Partner Updates	Advocacy Update Ms. Robin Barney, Ms. Angelina Woodberry, and Ms. Andrea Housley announced the following: <ul style="list-style-type: none"> • CalVoices is beginning to provide trainings for peers, in preparation for peer certification. They will be conducting a group facilitation training in September and another one in the spring. An internal training for Ethics and Boundaries of Confidentiality will be held on August 18th. • The Expert Pool event will be held on August 12th, to discuss the adult transformation with core providers for behavioral health. • Ms. Woodberry shared a success story about a client who received advocacy from the Hearing Voices network, getting him

Agenda Item	Discussion
	<p>the services he needed to improve his situation through peer support.</p> <p>Association of Behavioral Health Contractors No announcements were made.</p>
<p>V. Mental Health Board Business</p>	<p>Liaison Reports Written liaison reports were provided for the Behavioral Health Racial Equity Collaborative, Human Services Coordinating Council, and Mental Health Services Act Steering Committee.</p> <p>Committee and Workgroup Updates Written reports were provided for the Adult System of Care Committee, Executive Committee, and Wellness Crisis Call Center and Response Ad Hoc Workgroup.</p> <ul style="list-style-type: none"> • Ms. Silvia Rodriguez provided an update that the WCCCRT Selection Committee completed its recruitment process, and has selected the 6 community members who will participate on the WCCCRT Advisory Committee. <ul style="list-style-type: none"> ○ There are also 3 seats for MHB members on this committee. 2 MHB members applied and 1 was selected so far. More MHB members were encouraged to apply. <p>Update on Site Visits</p> <ul style="list-style-type: none"> • Ms. Bemis reminded MHB member about upcoming site visits: <ul style="list-style-type: none"> ○ Mental Health Urgent Care Clinic on August 8th, at 1 p.m. ○ Mental Health Treatment Center on September 26th, at 2 p.m. ○ A possible Jail visit in October, with more information to come. <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> • Chair Sheley reminded MHB members that DHS has sought MHB member feedback regarding the search for a new Director of Health Services (Handout #6). MHB member feedback should be sent to the email address provided in the handout. • Chair Sheley announced that she will be leaving the MHB to pursue her master's degree in Counseling Psychology. <ul style="list-style-type: none"> ○ MHB members expressed their gratitude and appreciation for all of Chair Sheley's hard work and support.
<p>VI. Presentation – Sacramento County's Implementation of California Advancing and Innovating Medi-Cal (CalAIM) for Behavioral Health Services</p>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a presentation on BHS's implementation of CalAIM in Sacramento County. Highlighted items were as follows:</p> <ul style="list-style-type: none"> • CalAIM Components and Timelines • Payment Reform • Medical Necessity, Eligibility Criteria, & Documentation Redesign • Long-term Plan for Foster Youth (in progress) • Behavioral Health Quality Improvement Program (BH-QIP) • Enhanced Care Management and Proposed Community Supports (previously known as In Lieu of Services) • Other CalAIM Initiatives

Agenda Item	Discussion
	<ul style="list-style-type: none"> ○ SMI/SED Waiver ○ Mental Health/Substance Use Prevention and Treatment Integration ○ Behavioral Health Jail Warm Hand-Offs <p>Dr. Quist provided a copy of his presentation in the chat (on file and available upon request).</p>
<p>VII. Mental Health Board Discussion/Action Item – Review and Approve Mental Health Board Bylaw Amendment Related to Mental Health Board Member Removal Process</p>	<p>Chair Sheley outlined the background (Handout #10) of a proposed bylaw change which would create a process for the MHB to recommend member removal to the Board of Supervisors by a 2/3 vote (Handout #11):</p> <ul style="list-style-type: none"> ● According to the handout, work on this proposed change began following a discussion at the January 2022 Mental Health Board retreat: <ul style="list-style-type: none"> ○ Current Sacramento County Mental Health Board bylaws have a process for officers’ removal by majority vote (Article VI, Section 4). ○ The MHB Conduct Agreement includes language about co-chairs acting if rules are consistently disregarded. It has been suggested that this language is vague, and it would be beneficial to have more clarity on what the course of action would be. ○ It was also suggested that the decision to raise a recommendation of this serious nature should not rest solely in the hands of the co-chairs, and the full board should have the opportunity to weigh in. ● In the MHB Executive Committee’s research of this issue, several other counties’ mental/behavioral health boards were identified as having published member removal policies (e.g., Orange County, Napa County, Alameda County, Butte County). <ul style="list-style-type: none"> ○ The MHB Executive Committee noted that they did not complete a full search of all other counties. ● Chair Sheley stated that County Counsel has advised the Executive Committee that other Sacramento County advisory boards have procedures related to member removal. <ul style="list-style-type: none"> ○ County Counsel Rick Heyer clarified that the removal provisions for other advisory boards are very similar to the ones already existence for the MHB, and include reasons such as attendance. ○ Mr. Heyer clarified that he is not aware of a Sacramento County advisory board with procedures similar to the proposed bylaw change. <p>This item was discussed as follows:</p> <ul style="list-style-type: none"> ● Ms. Rodriguez asked for clarification regarding what would happen at member removal proceedings. Chair Sheley clarified that procedures would be determined “at the discretion of the MHB” per the proposed bylaws. ● Dr. Quist asked County Counsel Rick Heyer to clarify the procedure for implementing a bylaw provision. <ul style="list-style-type: none"> ○ Mr. Heyer clarified that if this item is approved by the MHB, it would need to go to the Board of Supervisors for ratification. Mr. Heyer stated that these kinds of motions have come before the Board of Supervisors

Agenda Item	Discussion
	<p>before, and have not passed due to the desire for diverse community input with varying points of view.</p> <ul style="list-style-type: none"> ○ Mr. Heyer also clarified that the MHB already has the ability to make recommendations to the Board of Supervisors. The Board of Supervisors may then choose to accept or reject those recommendations. • Mr. Ryan Gallant read a statement expressing frustration with interpersonal conflicts between MHB members taking away from the time and focus from the MHB's work on behavioral health issues in Sacramento County. Mr. Gallant advocated against the proposed bylaw amendment accordingly. • Mr. Paul Wagstaffe stated that he had reviewed the bylaws and County codes in the counties mentioned in the process handout as has having MHB member removal provisions. The reasons for removal in those provisions were much more limited than the proposed MHB amendment (e.g., attendance issues, disorderly conduct) and specifically left out issues related to speech. Mr. Wagstaffe also identified challenges with vagueness in the proposed amendment regarding due process, such as witnesses allowed at proceedings and hearing timeframes, as well as reasons for removal. Mr. Wagstaffe highlighted that the MHB has existed for 16 years without a removal amendment. Mr. Wagstaffe advocated against the proposed bylaw amendment accordingly. • Dr. Corrine McIntosh Sako highlighted the written public comments received the day of this meeting, which expressed concern about the behavior of one specific MHB member, Mr. William Cho. Dr. McIntosh Sako expressed that she has been personally attacked by Mr. Cho at three MHB meetings, and wondered if a similar situation has ever come up for the MHB. Dr. McIntosh Sako advocated for the proposed bylaw amendment accordingly. • Dr. Ann Arneill asked MHB members to consider the proposed bylaw amendment apart from the behavior of any specific MHB member. Dr. Arneill advocated for the proposed bylaw amendment due to its usefulness in clarifying rules and procedures for making member removal recommendations to the Board of Supervisors. <ul style="list-style-type: none"> ○ In response to Mr. Wagstaffe's concern about the 7 day time limit for the accused party to respond, Dr. Arneill proposed a friendly amendment that this requirement be extended to 14 days. • Mr. Brad Lueth reminded MHB members that everyone on the MHB is a volunteer, and that people are human and make mistakes. Mr. Lueth highlighted the importance of the MHB's work in advocating for mental health services to help people and save lives in Sacramento County, and expressed concern that the interpersonal conflicts between MHB members Dr. McIntosh Sako and Mr. Cho have been taking time and focus away from this important work. Mr. Lueth advocated against the proposed bylaw amendment accordingly. • Ms. Jasmine Morales expressed that it is unfortunate how much time the MHB has spent on this topic, but expressed agreement with Dr. McIntosh Sako about the importance of MHB member

Agenda Item	Discussion
	<p>accountability. Ms. Morales advocated for the proposed bylaw amendment accordingly.</p> <ul style="list-style-type: none"> • Ms. Rodriguez stated that member disagreements gave rise to the creation of the previous MHB Comfort Agreement. Ms. Rodriguez expressed that MHB members are volunteers and do not deserve to be treated badly by one another. Ms. Rodriguez advocated for the proposed amendment accordingly. • Supervisor Kennedy informed members that he would abstain from this particular vote, because if passed, the recommendation would come before the Board of Supervisors which would be the appropriate place for him to take a position. Supervisor Kennedy highlighted that disagreements and friction are a natural part of MHB discussions, and stated that he has advocated for mediation of the current disagreement between MHB members. <p>Public Comments on this topic were as follows:</p> <ul style="list-style-type: none"> • Community member stated that she has been on public boards for over 20 years and has never seen the level of discord and time wasted due to the present interpersonal conflict between MHB members Dr. McIntosh Sako and Mr. William Cho. • Community member agreed with the first public commenter, and expressed sadness that conflict at public meetings are taking away from the work of the MHB to address behavioral health needs of the community. • Community member expressed concern about Mr. Cho's refusal to state his pronouns and dismay at the alleged bullying of another MHB member. This community member stated that an apology is warranted. • Community member stated that the MHB is currently in the position of having expectations in the form of the Conduct Agreement, but no way to enforce it. • Community member advocated for the MHB bylaws to be amended to be gender neutral. • Community member expressed disappointment that this was the first MHB meeting attended by Youth Advisory Board members. This community member advocated for the MHB to focus on their mission of solving behavioral health issues in the community, rather than on interpersonal conflict. • Community member expressed dismay from the viewpoint of a youth that the MHB spent so much time on this issue, rather than working on behavioral health issues in Sacramento County. • Community member stated that from the viewpoint of a youth it felt upsetting to see adult MHB members complaining about things that should not be happening to begin with. • Community member expressed appreciation for the Youth Advisory Board members in attendance, and highlighted that most meetings focus on the important work that the MHB does for behavioral health in Sacramento County. • Community member stated that this issue is not about differences of opinion, but rather about harm from one person to another. This community member expressed concern about

Agenda Item	Discussion
	<p>MHB members and community members becoming burned out due to this issue.</p> <p>Dr. McIntosh Sako moved to approve the proposed bylaw amendment with the friendly amendment above, and Dr. Arneill seconded the motion. Motion carried. Votes were as follows:</p> <ul style="list-style-type: none"> • Aye: Chair Sheley, Ms. Riviera, Dr. McIntosh Sako, Ms. Rodriguez, Dr. Arneill, Ms. Bemis, and Ms. Morales • No: Mr. Cho, Mr. Lueth, Mr. Wagstaffe, Mr. Gallant, and Ms. Padilla-Castro • Abstain: Supervisor Kennedy and Ms. Santana Sanchez
VIII. Division of Behavioral Health Services	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). Dr. Quist acknowledged the difficulty of the topic discussed at this meeting, thanked Youth Advisory Board members for attending, and highlighted the importance of focusing on promoting recovery practices for behavioral health consumers in Sacramento County.</p>
IX. Public Comment	<p>Public Comment 1: Community member expressed concerns about stigmatizing language from a former law enforcement officer on the MHB towards another member, and advocated for mental health frameworks in Sacramento County to not have any involvement with law enforcement.</p> <p>Public Comment 2: Community member stated their belief that members of the Board of Supervisors intentionally placed members sympathetic to law enforcement on the MHB to further their own goals.</p> <p>Written Public Comments were also received prior to the meeting and distributed to all MHB members (on file and available upon request).</p>
X. Adjournment	<p>Chair Sheley adjourned the meeting at 8:47 p.m.</p>