

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes
September 7, 2022**

Meeting Location

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Interim Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Jasmine Morales	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis, <i>Secretary</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ann Arneill	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
William Cho	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Lourdes Santana-Sanchez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ryan Gallant	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Supervisor Patrick Kennedy	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Paul Wagstaffe	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent		
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Rob Parrish	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent

Agenda Item	Discussion
I. Welcome and Introductions	Interim Chair Corrine McIntosh Sako called the meeting to order at 6:01 p.m. A quorum was declared and introductions were made.
II. Conduct Agreement	Dr. Ann Arneill read the MHB Conduct Agreement. Dr. McIntosh Sako issued an apology for the contentious environment at previous MHB meetings and affirmed the goal of moving forward in a positive environment.
III. Approval of Minutes	Mr. Paul Wagstaffe moved to approve the minutes and Mr. Ryan Gallant seconded the motion. (Mr. William Cho voted No. All other members voted Aye.) Motion carried.
IV. System Partner Updates	<p>Advocacy Update</p> <p>Ms. Andrea Housley and Ms. Robin Barney announced the following:</p> <ul style="list-style-type: none"> • Next week, Advocates will be hosting listening sessions with Sheri Green, BHS's new Family and Youth Mental Health Division Manager. • Advocates have been receiving a lot of calls and distributing information about cooling centers throughout Sacramento County. • Advocates shared the positive experience of a client who was successfully connected with a behavioral health program to meet her needs. • The Recovery Happens event happened on the day of this meeting. Advocates connected with individuals in attendance and distributed flyers.

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	<ul style="list-style-type: none"> • CalVoices' Mental Health Support Group is growing in attendance, and members are receiving the support that they need. <p>Association of Behavioral Health Contractors Ms. Diane White discussed the plan for a behavioral health apprenticeship program, in partnership with Los Rios Community College District, to help with the current behavioral health workforce shortage.</p>
<p>V. Mental Health Board Business</p>	<p>Liaison Reports Written liaison reports were provided for the MHSA Steering Committee and the Quality Improvement Committee.</p> <p>Committee and Workgroup Updates</p> <ul style="list-style-type: none"> • Adult System of Care Committee: Dr. McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ Presentation on the usage of pronouns and gender inclusive language as essential to mental health from the BHS Cultural Competence Committee. <ul style="list-style-type: none"> ▪ Please see https://pronouns.org for more information. ○ Presentation on WellSpace Health's Crisis Receiving for Behavioral Health (CRBH) program, formerly known as the Substance Use and Respite Engagement (SURE) Center. <ul style="list-style-type: none"> ▪ Funding from the City of Sacramento Department of Community Response, Sacramento County BHS SUPT, MediCal (CalAIM), and WellSpace Health. ▪ From Oct 2020 to June 2022, the program served 982 unique patients and facilitated 2629 crisis sessions. ○ Presentation on the bidirectional relationship between oral health and behavioral health for Sacramento County residents from Liberty Dental Plan. ○ The next Adult System of Care Committee meeting will be on September 27th at 4 p.m. • Children's System of Care Committee: Ms. Silvia Rodriguez reported the following: <ul style="list-style-type: none"> ○ The committee is making progress on completing part 2 of the School Based Mental Health Report, which focuses on the Sacramento County referral system. ○ Nobody showed up for the Youth Behavioral Health Conference agenda item last month. It will be re-added to the agenda, in case anyone would like to provide feedback. ○ The CSOC Committee is currently composed of only 3 members. One of the members will be moving out of state next month, and the remaining members will be termed out at the end of the year. MHB members were encouraged to express interest in serving on this committee. ○ The next Children's System of Care Committee meeting will be on September 22nd at 4 p.m.

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	<ul style="list-style-type: none"> • Executive Committee: Dr. McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ The committee agreed upon upcoming presentations for MHB meetings ○ Looked at current vacancies and upcoming vacancies for the MHB. The website was updated in collaboration with Dr. Jason Richards to make the application process more accessible. Recruitment letters were sent out to community partners. <ul style="list-style-type: none"> ▪ Please see https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Current-Members.aspx for more information on current vacancies and how to join the Mental Health Board. ○ The committee is working on the possibility of getting Youth voting members on the MHB. ○ The next Executive Committee meeting will be on September 12th at 12:00 p.m. • Wellness Crisis Call Center and Response Ad Hoc Workgroup: Dr. McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ Notifications regarding renaming the program are currently undergoing translation and surveys will be sent out to community members in the near future. <p>Mental Health Board Discussion/Action Item – Review and Approve Selection Committee’s Recommendations for WCCRT Advisory Committee Members</p> <ul style="list-style-type: none"> • Ms. Rodriguez reviewed the selection process and chosen candidates for membership in the official WCCRT (formerly known as Alternatives to 911) Advisory Committee (Handout #7). • Supervisor Kennedy and Mr. Wagstaffe thanked Ms. Rodriguez for all of her hard work as the Chair of the selection committee. • Mr. Wagstaffe noted that only 1 MHB member had been chosen to the committee, while 3 are required. Ms. Rodriguez clarified that the WCCRT Committee will select the other MHB members, to ensure community input on those positions. Dr. Arneill reminded members that new MHB members are soon to be appointed, and that this may create new interest in participating. Mr. Wagstaffe recommended that the Executive Committee consider filling the 2 vacant positions on an interim basis. • Ms. Rodriguez moved to approve the recommendations and Dr. Arneill seconded the motion. (Mr. William Cho voted no. All other members voted Aye.) Motion carried. <p>Update on Site Visits</p> <ul style="list-style-type: none"> • Ms. Bemis included a written update on the MHB’s recent site visit to the Mental Health Urgent Care Clinic (Handout #8). <p>Mental Health Board Announcements</p>

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	<ul style="list-style-type: none"> • Mr. Brad Lueth informed members that he had submitted written feedback on the August meeting, and asked Dr. Richards to distribute this feedback to MHB members after the meeting. • Ms. Jasmine Morales announced that she will be moving out of state with her family, and that this will be her last MHB meeting. MHB members thanked her for her service. • Dr. Arneill is serving as the informal liaison to the Behavioral Health Youth Advisory Board. She will attend their meetings as necessary and will update the MHB as needed. • Mr. Ryan Gallant discussed the 10 year anniversary of the tragic passing of a family member. He reminded MHB members that all participants are going through different things in their own lives, and affirmed MHB members for assuming best intentions from all members. • Supervisor Kennedy updated members that the Board of Supervisors passed the updated budget on the day of this meeting, including 154 subacute beds and an additional \$10 million for SUD Prevention and Treatment. Supervisor Kennedy affirmed the MHB for their advocacy efforts and encouraged them to continue communicating with the Board. • Ms. Maria Padilla-Castro advocated for the County's adoption of the MHB's recommendations regarding psychiatric advance directives (PADs), as well as additional support for unhoused individuals. Dr. Ryan Quist affirmed that the MHB's PAD recommendations are currently in the pipeline, and that the next step is for approval by the MHSA Steering Committee. Mr. Lueth indicated that he would raise this topic to the MHSA Steering Committee as the MHB liaison.
<p>VI. Election of MHB Officers</p>	<p>Mental Health Board Discussion/Action Item – Review and Approve Selection Committee's Recommendations for WCCRT Advisory Committee Members</p> <ul style="list-style-type: none"> • MHB members voted for a new Chairperson, who will complete the current term through the end of 2022. <ul style="list-style-type: none"> ○ Dr. Arneill nominated Dr. McIntosh Sako. Dr. McIntosh Sako accepted the nomination. ○ No public comments were made. ○ Votes were as follows: <ul style="list-style-type: none"> ▪ <u>Aye</u>: Dr. McIntosh Sako, Supervisor Kennedy, Ms. Santana Sanchez, Mr. Lueth, Ms. Padilla Castro, Mr. Wagstaffe, Ms. Rodriguez, Dr. Arneill, Mr. Gallant, and Ms. Morales ▪ <u>No</u>: Mr. Cho ▪ <u>Abstain</u>: None • Since Dr. McIntosh Sako was approved as the new Chairperson, the position of Vice Chairperson became vacant. MHB members voted for a new Vice Chairperson, who will complete the current term through the end of 2022. <ul style="list-style-type: none"> ○ Ms. Morales nominated Ms. Rodriguez. Ms. Rodriguez accepted the nomination. ○ Mr. Gallant nominated Mr. Wagstaffe. Mr. Wagstaffe accepted the nomination. ○ Mr. Wagstaffe nominated Mr. Lueth. Mr. Lueth declined the nomination. ○ No public comments were made.

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	<ul style="list-style-type: none"> ○ Votes were as follows: <ul style="list-style-type: none"> ▪ <u>Ms. Rodriguez</u>: Dr. McIntosh Sako, Mr. Lueth, Dr. Arneill, Ms. Morales ▪ <u>Mr. Wagstaffe</u>: Ms. Santana Sanchez, Mr. Cho, Ms. Padilla Castro, Mr. Wagstaffe, Ms. Rodriguez, Mr. Gallant ▪ <u>Abstain</u>: Supervisor Kennedy
VII. Presentation – Crisis Intervention Team (CIT)	<p>Ms. Jennifer Reiman and Deputy Spencer provided a presentation on the Crisis Intervention Team program, which serves individuals of all ages and diversity in Sacramento County by providing a joint response for calls involving a mental health crisis. Public comments are included below in the appropriate section.</p>
VIII. Division of Behavioral Health Services	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • The behavioral health workforce crisis continues to worsen. <ul style="list-style-type: none"> ○ BHS has over 100 vacancies for its clinical positions alone, along with many other non-clinical vacancies. ○ BHS will have a hiring event on September 15th and 16th, where members of the community can have their applications reviewed, interviews conducted, and offers extended all on the same day! The BHS hiring event flyer (Handout #19) was distributed in the chat. • BHS is transforming existing Adult Outpatient Specialty Mental Health services into the new CORE program. This program combines the elements of Wellness and Recovery, TCORE, Guest House, and Regional Support Team Programs, and adds new enhanced services. • The Recovery Happens event happens every September, on the steps of the Capitol. This event celebrates substance use disorder recovery and promotes the destigmatizing of substance use disorders. This year, Sacramento’s Recovery Happens event was recognized as the kickoff event for the entire nation.
IX. Public Comment	<p>Public Comment 1: Community member expressed support for the Crisis Intervention Team model and requested that chat be open for the entire meeting. County Counsel has previously advised that the chat remain closed in the interest of fairness to all members, so that Public Comments are allocated to the appropriate timeslot.</p> <p>Public Comment 2: Community member discussed the large amount of funds provided to the Sheriff’s department in comparison to the need for additional Crisis Intervention Team support.</p> <p>Public Comment 3: Community member expressed support for the Crisis Intervention Team model and thanked Mr. Cho for arranging the presentation.</p> <p>Public Comment 4: Community member advocated for individuals in mental health treatment to be reassessed for a higher level of care as needed in the event that further crises arise.</p>

Agenda Item	Discussion
X. Adjournment	Dr. McIntosh Sako adjourned the meeting at 8:25 p.m.