

**Sacramento County
Mental Health Board (MHB) General Meeting Minutes**

October 5, 2022

Meeting Location

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Chair</i>	<u>Present</u> Absent	Bradley Lueth	Present <u>Absent</u>
Paul Wagstaffe, <i>Vice Chair</i>	<u>Present</u> Absent	Maria Padilla-Castro	<u>Present</u> Absent
Laura Bemis, <i>Secretary</i>	<u>Present</u> Absent	Silvia Rodriguez	<u>Present</u> Absent
Ann Arneill	<u>Present</u> Absent	Lourdes Santana-Sanchez	<u>Present</u> Absent
William Cho	<u>Present</u> Absent	Theresa Riviera	<u>Present</u> Absent
Ryan Gallant	<u>Present</u> Absent		
Supervisor Patrick Kennedy	Present <u>Absent</u>		
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<u>Present</u> Absent	Rob Parrish	<u>Present</u> Absent

Agenda Item	Discussion
I. Welcome and Introductions	Chair Corrine McIntosh Sako called the meeting to order at 6:01 p.m. A quorum was declared and introductions were made. Chair McIntosh Sako acknowledged the tragic death community member Jaime Naranjo, who was shot and killed by a deputy during a welfare check on September 28 th . A moment of silence was held.
II. Conduct Agreement	Secretary Laura Bemis read the MHB Conduct Agreement.
III. Approval of Minutes	<p>Chair McIntosh Sako asked that the next Executive Committee reminder be amended from 12:30 pm to 12:00 pm. Dr. Ann Arneill asked that her announcement on page 4 be amended to: “Dr. Arneill is serving as the informal liaison to the Behavioral Health Youth Advisory Board. She will attend their meetings as necessary and will update the MHB as needed.”</p> <p>Dr. Arneill moved to approve the amended minutes and Mr. Ryan Gallant seconded the motion. (Ms. Bemis abstained. All other members voted Aye.) Motion carried.</p>
IV. Division of Behavioral Health Services	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> • Cultural observances were highlighted, including Hispanic Heritage Month, ADA Awareness Month, Bullying Awareness Month, LGBT History Month, National Coming Out Day, and Red Ribbon Week, among others. • As part of the Behavioral Health Continuum Infrastructure Program (BHCIP), the next application round was submitted for a youth crisis stabilization unit and psychiatric health facility. BHS anticipates that it will

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	<p>apply for the following round of funding as well, with the intention of identifying a site for a substance use disorder residential treatment facility.</p> <ul style="list-style-type: none"> • The Adult services transformation is well underway, with 7 out of 10 of our Adult outpatient providers up and running. All of these providers will have a walk-in, peer-run wellness center. Please see the Adult outpatient services transformation webpage for more information: https://dhs.saccounty.gov/BHS/Pages/Adult-Outpatient-Services-Transformation.aspx • The Homeless Encampment and Response Team (HEART) program is an updated Sacramento County BHS program which serves homeless individuals. Please see the HEART webpage for more information: https://dhs.saccounty.gov/BHS/Pages/Heart.aspx • On September 15th and 16th, BHS partnered with the Department of Personnel Services on a hiring event. Over 100 staff from BHS and DPS assisted in staffing that event. Applicants were able to submit their applications, attend interviews, and in many cases receive job offers on-site. • However, BHS remains in a workforce crisis, with many job opportunities still available. Please see https://personnel.saccounty.net/Pages/EmploymentServices_Jobs.aspx for more information. • BHS has begun implementation of documentation reform, as one of the CalAIM initiatives. This will help providers spend more time serving clients rather than doing paperwork. Full implementation is projected by July 1, 2023, when BHS implement its new electronic health record (EHR) in collaboration with CalMHSA. • A presentation on Psychiatric Advance Directives will be given at the next MHSA Steering Committee meeting, and may even be included in the new EHR if approved. More info to come. • BHS will be offering scholarships for the new Peer Support Specialist certification, for both existing peers and new peers. These scholarships will be funded by CalMHSA.
<p>V. System Partner Updates</p>	<p>Advocacy Update</p> <p>Ms. Andrea Housley, Ms. Robin Barney, and Ms. Angelina Johnson announced the following:</p> <ul style="list-style-type: none"> • BHS Youth and Family Division Manager Sheri Green facilitated listening sessions for both FAC and YAC. These listening sessions were very successful, and youth expressed appreciation that their voices were being heard. • At the last QIC meeting, Andrea Crook expressed that she was open to presenting at future meetings regarding the peer certification and scholarship process. • Advocates have been assisting Kaiser patients with getting linked to support groups, to ensure that they are getting wellness tools while many Kaiser therapists are on strike. • An increase in consumers have been calling wanting to know how to get off of their medications. Advocates have been working with them on how to speak with their doctors about this important health decision. • CalVoices' Mental Health Support Group continues to meet virtually twice a month, and has been well-attended.

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	<ul style="list-style-type: none"> Advocates discussed a successful warm handoff collaboration with BHS, regarding the family of a hit and run victim. BHS Forensic Division Manager, Nina Acosta, to reach out to Ms. Barney with additional resources. <p>Association of Behavioral Health Contractors No announcements were made.</p> <p>Behavioral Health Youth Advisory Board (YAB) Mr. Mark Borges expressed appreciation for the MHB member who attended a recent YAB meeting. The YAB has also heard from advocates and is in the process of developing policy recommendations which center around expanding school-based mental health services, peer-to-peer programs, and outreach to minority groups. A listening session for youth will be held on October 15th, to learn about what youth want from a policy update.</p>
<p>VI. Mental Health Board Business</p>	<p>Liaison Reports Written liaison reports were provided for the Behavioral Health Racial Equity Collaborative and the MHSA Steering Committee.</p> <p>Committee and Workgroup Updates</p> <ul style="list-style-type: none"> Adult System of Care Committee: Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> Update on BHS Implementation of AOT/Laura's Law, Forensic Innovation Project, and other services provided by BHS Forensic Division Manager Nina Acosta. Programs under Forensic Behavioral Health include: <ul style="list-style-type: none"> Community Justice Full Service Partnership (CJFSP) – started September 2022, with El Hogar as the contracted provider Mobile Crisis Response Team (MCST) – last quarter, 89% of response calls did not result in incarceration of hospitalization Collaborative Courts – current wait time for assessment after being referred is 6 weeks due to staffing shortage (down 4 clinicians); last month 49 clients were referred, 26 of those were served, 16 of those were connected to county mental health services Jail Diversion Treatment and Resource Center (JDTRC) - only 8 individuals served last month due to scope of funding constraints (misdemeanor charge vs. cited & released), and up to 25 individuals are able to participate in each class Adult Day Reporting Centers Youth Detention Facility (YDF) Assisted Outpatient Treatment (AOT) – tentative start date of January 2023; will consist of (1) County Operated program for engagement & civil court process if needed, and (2) a contracted provider, Telecare (which currently operates AOT in Orange County); county will have 1 clinician per 10 individuals, will be folded into Department 8 Judge Brown Substance Use Prevention and Treatment (SUPT) Partnership Reviewed and approved recommendations for increasing the effectiveness of employment services provided by Full Service Partnership (FSP) Programs. These recommendations will go

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	<p>before full Mental Health Board at the November 2022 general meeting for consideration</p> <ul style="list-style-type: none"> ○ The next Adult System of Care Committee meeting will be on October 25th at 4 p.m. <ul style="list-style-type: none"> ● Children’s System of Care Committee: <ul style="list-style-type: none"> ○ No updates were received at this time ○ The next Children’s System of Care Committee meeting will be on October 27th at 4 p.m. ● Executive Committee: Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ Coordinated MHB Monthly General Meeting scheduling for discussing and taking action on FSP effectiveness recommendations and the CSOC Committee’s school referral study ○ Reviewed updated MHB brochure drafts & provided feedback. Feedback to be implemented reviewed at the next EC meeting ○ Site visits planned for the remainder of 2022: Sacramento County Mental Health Treatment Center – 9/26/22; Mental Health Treatment Court 10/19/22; WellSpace Health Crisis Receiving for Behavioral Health – November TBD; Sacramento County Main Jail – December TBD ○ Discussed presentations at upcoming MHB meetings – on hold in order to accommodate review & approval of committee recommendations ○ Update on adding Youth MHB seats: BHS has identified a process for developing support for youth that may be selected as MHB members – will go through a competitive bid process for identifying a contract provider to provide this support ○ The next Executive Committee meeting will be on October 18th at 12:00 p.m. ● Wellness Crisis Call Center and Response Ad Hoc Workgroup: Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> ○ The WCCCRT program renaming survey remains ongoing. Community members were encouraged to participate by going to https://dhs.saccounty.gov/BHS/Documents/Virtual-Meetings/Wellness-Crisis-Call-Center-and-Response/Advisory-Committee/Community-Survey-WCCCRT-Renaming-English.pdf ○ The the Wellness Crisis Call Center and Response Program Advisory Committee is having its first meeting on October 7th at 9:00 a.m. <p>Update on Site Visits</p> <ul style="list-style-type: none"> ● Ms. Bemis updated members that the next site visit will be to the Mental Health Court, both virtually and in-person, on October 19th. Members were encouraged to reach out to Ms. Bemis if they have questions regarding the required confidentiality form. <p>Mental Health Board Announcements</p> <ul style="list-style-type: none"> ● Chair McIntosh Sako reported that the Board of Supervisors voted not to adopt the MHB’s recommended bylaw amendment regarding member removal procedures. ● Ms. Maria Padilla Castro updated the MHB that the PAD committee will be presenting to the MHSA Steering Committee on October 20th.

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VII. Presentation – Implementation & Operation of ‘988’ Suicide & Crisis Lifeline	<p>Mr. Jonathan Porteus, Ms. Christie Gonzales, and Mr. Ben Avey from WellSpace Health provided a presentation on current programs as well as the implementation and operation of the ‘988’ suicide & crisis lifeline. This presentation highlighted evidence based practices, national guidelines, implementation information, and system partners for this important area of behavioral health.</p>
VIII. Mental Health Board Discussion/Action Item – Review and Approve Data Notebook	<p>MHB members reviewed the 2022 Data Notebook, which the California Behavioral Health Planning Council distributes to collect information from California counties on an annual basis. This presentation is detailed in Handout #17, including all data presented.</p> <p>Mr. Wagstaffe moved to approve the 2022 Data Notebook and Ms. Bemis seconded the motion. (All members voted Aye.) Motion carried.</p>
IX. Public Comment	<p>Public Comment 1: Community member thanked MHB members for holding virtual meetings, and encouraged more interaction between the Sheriff’s Department and Behavioral Health. The Sacramento County Community Review Commission (https://sccob.saccounty.net) is taking public comments on this topic by email to Florence Evans at BoardClerk@saccounty.net, or by phone at 916-874-5451, or in person the 3rd Tuesday of the month at 700 H Street, in Sacramento.</p> <p>Public Comment 2: Community member affirmed the MHB for holding a moment of silence for Jaime Naranjo at the beginning of the meeting, and advocated for urgent implementation of the Wellness Crisis Call Center and Response Team program (formerly known as Alternatives to 911).</p> <p>Public Comment 3: Community member affirmed BHS for holding a hiring event, and encouraged continued events due to the current behavioral health workforce shortage.</p> <p>Public Comment 4: Community member asked for the web address for the Adult Outpatient Services Transformation. This information was provided in the chat: https://dhs.saccounty.gov/BHS/Pages/Adult-Outpatient-Services-Transformation.aspx and https://dhs.saccounty.gov/BHS/Documents/Virtual-Meetings/Adult-Outpatient-Services-Transformation/Program%20Info/CORE_Map_Detail.pdf. Flyers are also in development and will be posted on the website as they become available.</p> <p>Public Comment 5: Community member advocated for quality mental health treatment for conservatees.</p>
X. Adjournment	<p>Chair McIntosh Sako adjourned the meeting at 8:40 p.m.</p>