

**Sacramento County  
Mental Health Board (MHB) General Meeting Minutes  
November 2, 2022**

**Meeting Location**

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

<b>Attendance</b>			
<b>MHB Members</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Corrine McIntosh Sako, <i>Chair</i>	<u>Present</u> Absent	Bradley Lueth	<u>Present</u> Absent
Paul Wagstaffe, <i>Vice Chair</i>	<u>Present</u> Absent	Maria Padilla-Castro	<u>Present</u> Absent
Laura Bemis, <i>Secretary</i>	<u>Present</u> Absent	Silvia Rodriguez	<u>Present</u> Absent
Ann Arneill	<u>Present</u> Absent	Lourdes Santana-Sanchez	Present <u>Absent</u>
William Cho	<u>Present</u> Absent	Theresa Riviera	<u>Present</u> Absent
Ryan Gallant	<u>Present</u> Absent		
Supervisor Patrick Kennedy	<u>Present</u> Absent		
<b>County Staff to MHB</b>			
<b>Name</b>	<b>Attendance</b>	<b>Name</b>	<b>Attendance</b>
Jason Richards	<u>Present</u> Absent	Rob Parrish	<u>Present</u> Absent

<b>Agenda Item</b>	<b>Discussion</b>
<b>I. Welcome and Introductions</b>	Chair McIntosh Sako called the meeting to order at 6:02 p.m. A quorum was declared and introductions were made.
<b>II. Conduct Agreement</b>	Mr. Wagstaffe read the MHB Conduct Agreement.
<b>III. Approval of Minutes</b>	Dr. Arneill moved to approve the minutes and Mr. Wagstaffe seconded the motion. (Mr. Lueth and Ms. Riviera abstained. All other members voted Aye.) Motion carried.
<b>IV. Division of Behavioral Health Services</b>	<p>Dr. Ryan Quist, Behavioral Health Director, provided a written report on the status of Behavioral Health Services (BHS). He also provided verbal updates and answered questions as follows:</p> <ul style="list-style-type: none"> <li>• Native American Heritage Month was highlighted, and a land acknowledgement was declared to publicly recognize indigenous peoples who have been dispossessed and displaced from their ancestral homelands in Sacramento County.</li> <li>• Dia de los Muertos was acknowledged as an important Latin American holiday where families visit local cemeteries on November 1 and 2 to pay homage to those who have passed away.</li> <li>• Timothy W. Lutz has officially been appointed as the new Director of the Department of Health Services.</li> <li>• The State is currently working on a waiver for the IMD exclusion – the current rule that prohibits counties from receiving Federal funding for</li> </ul>

Agenda Item	Discussion
	<p>facilities with more than 16 beds. Sacramento County is especially impacted by the IMD waiver, since they are a large county.</p> <ul style="list-style-type: none"> <li>• BHS continues to work intensively on its homeless response programs, including the HEART program. BHS continues its efforts to recruit additional staff for this new program.</li> <li>• SUD residential treatment capacity continues to be a top priority. BHS is currently awaiting the results of the next round of the Behavioral Health Continuum Infrastructure Program grant.</li> <li>• BHS has identified scholarship opportunities for peer certification. More info to come!</li> <li>• Support for prospective youth members of the MHB is moving forward. A proposal is going out to bid for a provider to deliver support and mentorship for these youth members. The Children’s System of Care Committee will draft a bylaw amendment to allow for voting youth members. Supervisor Kennedy recommended linking participation on the existing Behavioral Health Youth Advisory Board to the Mental Health Board.</li> </ul>
<p><b>V. System Partner Updates</b></p>	<p><b>Advocacy Update</b> Ms. Andrea Housley, Ms. Robin Barney, and Ms. Angelina Johnson announced the following:</p> <ul style="list-style-type: none"> <li>• Advocates will be hosting an upcoming meeting to help people navigate the peer certification process. More info to come!</li> <li>• Advocates presented to BHS staff at the Utilization Review Committee regarding best practices for engaging and interacting with consumers, and will be presenting on this topic to SUPT as well.</li> <li>• Advocates noted some issues that have been coming up for consumers lately, including recent diagnoses of behavioral health conditions, transitioning out of board and care facilities, navigating the food bank system, and life stressors such as the loss of a home or loved ones.</li> <li>• The next Expert Pool will be on Friday, November 4th. The topic will be how to best support the peer workforce, including peer certification and employment considerations.</li> </ul> <p><b>Association of Behavioral Health Contractors</b> Ms. Diana White expressed appreciation for children’s providers receiving augmented compensation for the rest of the year, to reflect the raises given to other providers.</p> <p><b>Behavioral Health Youth Advisory Board</b> Mr. Mark Borges announced that the YAB is in the process of drafting its policy recommendations, with a focus on how the educational system intersects with youth mental health. Mr. Borges expressed that any space that uplifts youth voices is a positive step, and that there is value in connecting the YAB with the MHB.</p>
<p><b>VI. Mental Health Board Business</b></p>	<p><b>Liaison Reports</b> No written liaison reports were submitted for this meeting.</p> <p><b>Committee and Workgroup Updates</b></p> <ul style="list-style-type: none"> <li>• <b>Adult System of Care Committee:</b> Chair McIntosh Sako reported the following:</li> </ul>

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	<ul style="list-style-type: none"> <li>○ A presentation was given by the Director of Advocacy &amp; Training at the Sacramento LGBT Community Center regarding behavioral health support offered by the organization.</li> <li>○ A presentation was given on Sacramento County Listening Session results for the California Pan-Ethnic Health Network (CPEHN) People Power for Public Health study by the Community Care First Coalition.</li> <li>○ The committee reviewed progress status of the ASOC's 2022 Goals.</li> <li>○ The committee discussed and approved recommendations regarding behavioral health services provided to individuals detained in Sacramento County jails.</li> <li>○ The next Adult System of Care Committee meeting will be on November 22nd at 4 p.m.</li> <li>● <b>Children's System of Care Committee:</b> Ms. Silvia Rodriguez reported the following: <ul style="list-style-type: none"> <li>○ The committee approved a report for School Based Mental Health, which will advance to the MHB for approval.</li> <li>○ As Ms. Rodriguez and Dr. Arneill will be terming out at the end of this year, plans for a Youth Mental Health Conference have been placed on hold until future committee meetings.</li> <li>○ The next Children's System of Care Committee meeting will be held next year, due to the upcoming holidays.</li> </ul> </li> <li>● <b>Executive Committee:</b> Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> <li>○ The committee reviewed and discussed the MHB Member Orientation Training presentation, and provided feedback to BHS staff.</li> <li>○ The committee discussed and approved the updated Mental Health Board Brochure (Handout #17).</li> <li>○ Update on Site Visits: The Mental Health Court site visit on October 19th was the last site visit for 2022. Sites of interest for 2023 visits will be discussed at the 2023 MHB annual retreat.</li> <li>○ Brown Act Update for 2023: Outside of a Public Health Emergency, Board members will only be allowed to participate remotely for board meetings without having to publish their physical location on the meeting agenda for "Just Cause" or "Emergency" reasons, as specified: <a href="https://www.calbhbc.org/uploads/5/8/5/3/58536227/brown_act_for_lmhbhbc.pdf">https://www.calbhbc.org/uploads/5/8/5/3/58536227/brown_act_for_lmhbhbc.pdf</a></li> <li>○ MHB Membership Update to WIC § 5604, regarding Veterans, takes effect on January 1st. <ul style="list-style-type: none"> <li>▪ Veteran Requirement: One MHB member shall be a veteran or veteran advocate.</li> <li>▪ "Veteran advocate" is defined as a parent, spouse, or adult child of a veteran, or an individual who is part of a veterans organization such as the Veterans of Foreign Wars or the American Legion.</li> <li>▪ Chair McIntosh Sako will include this information in the next Chiefs of Staff briefing so that the Board Supervisors are aware of this requirement when making appointments.</li> </ul> </li> <li>○ The next Executive Committee meeting will be on November 15th at 12:00 p.m.</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>• <b>Wellness Crisis Call Center and Response Team Program Advisory Committee:</b> Chair McIntosh Sako reported the following: <ul style="list-style-type: none"> <li>○ At the October 7th meeting, the committee: <ul style="list-style-type: none"> <li>▪ Reviewed the WCCCRT Advisory Committee's Purpose</li> <li>▪ Members shared their purpose for serving on the WCCCRT Advisory Committee</li> <li>▪ Reviewed program developments to date</li> <li>▪ Voted on committee Co-Chairs</li> <li>▪ Voted to hold the remaining 2 MHB Committee seats open until more members join the MHB</li> </ul> </li> <li>○ At the October 24th meeting, the committee: <ul style="list-style-type: none"> <li>▪ Reviewed and discussed the Bylaws draft</li> <li>▪ Reviewed and Discussed the October 21st Program Implementation Update, including the Risk Assessment Flowchart draft <ul style="list-style-type: none"> <li>• May have a "soft" opening in November 2022, coordinated with WellSpace's 988 call center</li> <li>• Only 1 of 11 teams has been hired to date</li> <li>• The call center opening has been delayed to January 2023 due to the current behavioral health workforce crisis</li> </ul> </li> </ul> </li> <li>○ The next WCCCRT Advisory Committee meeting will be held on November 14th at 3:00 p.m.</li> </ul> </li> <li>• <b>Psychiatric Advance Directives Ad Hoc Workgroup:</b> Ms. Padilla-Castro, Ms. Bemis, and Mr. Wagstaffe reported that workgroup members presented at the MHSA Steering Committee meeting on October 20th. Some MHSA Steering Committee members felt that there may be other ways to advance this directive, rather than as an innovation project.</li> </ul> <p><b>Mental Health Board Announcements</b></p> <ul style="list-style-type: none"> <li>• Chair McIntosh Sako announced that MHB meetings are planned to resume in person in March, once the emergency order is no longer in effect.</li> <li>• The MHB will be losing members Dr. Arneill, Ms. Bemis, and Ms. Rodriguez at the end of this year, as they will be terming out. Chair McIntosh Sako and Supervisor Kennedy thanked these members for their service. Supervisory Kennedy suggested that term limits be removed to support members who wish to continue to serve. County Counsel Robert Parrish noted that these term limits were established by the MHB bylaws rather than State law, and can therefore be removed if needed.</li> </ul>
<p><b>VII. Mental Health Board Discussion/Action Item:</b> Review &amp; Approve Updates to Mental Health Board Exhibits A/B to include Subcommittee Community Member</p>	<p>Each Board has its own section of the County Code (Exhibits A &amp; B) setting forth its designated positions required to file conflict of interest disclosures (Form 700). County Code specifies that each Board shall amend its Exhibit A &amp; B when necessary, including the creation of new positions.</p> <p>MHB members reviewed updates to Exhibit A &amp; B, which would add community members on the WCCCRT Advisory Committee to the Form 700 conflict of interest disclosure system.</p> <p>Supervisor Kennedy moved to approved the amendments to Exhibit A &amp; B, and Dr. Arneill seconded the motion. (Mr. Cho abstained. All other members voted Aye.) Motion carried.</p>

Agenda Item	Discussion
Positions for the Form 700 system	
<p><b>VIII. Election of Officers for CY 2023</b></p> <ul style="list-style-type: none"> <li>• Chairperson</li> <li>• Vice-Chairperson</li> <li>• Public Interest Secretary</li> </ul>	<p>MHB Members voted for officers for calendar year 2023. Nominations were as follows:</p> <ul style="list-style-type: none"> <li>• Chairperson – Dr. Arneill nominated Dr. McIntosh Sako.</li> <li>• Vice-Chairperson – Mr. Lueth nominated Mr. Wagstaffe.</li> <li>• Public Interest Secretary – Supervisor Kennedy nominated Mr. Cho.</li> </ul> <p>Votes were as follows:</p> <ul style="list-style-type: none"> <li>• Chairperson (Dr. McIntosh Sako, unopposed) <ul style="list-style-type: none"> <li>○ Aye – Dr. McIntosh Sako, Mr. Lueth, Mr. Wagstaffe, Ms. Rodriguez, Dr. Arneill, and Ms. Bemis</li> <li>○ No – Mr. Cho</li> <li>○ Abstain – Supervisor Kennedy and Mr. Gallant</li> </ul> </li> <li>• Vice-Chairperson (Mr. Wagstaffe, unopposed) <ul style="list-style-type: none"> <li>○ Aye – Dr. McIntosh Sako, Mr. Lueth, Mr. Wagstaffe, Ms. Rodriguez, Dr. Arneill, Ms. Bemis, Mr. Gallant, and Mr. Cho</li> <li>○ No – None</li> <li>○ Abstain – Supervisor Kennedy</li> </ul> </li> <li>• Public Interest Secretary (Mr. Cho, unopposed) <ul style="list-style-type: none"> <li>○ Aye – Mr. Lueth, Mr. Wagstaffe, Ms. Rodriguez, Dr. Arneill, Ms. Bemis, Mr. Gallant, and Mr. Cho</li> <li>○ No – Dr. McIntosh Sako</li> <li>○ Abstain – Supervisor Kennedy</li> </ul> </li> </ul>
<p><b>IX. Mental Health Board Discussion/Action Item:</b> Review and Approve Recommendations for Increasing the Effectiveness of Employment Services Provided by Full Service Partnerships (ASOC 2022 goal)</p>	<p>Dr. Arneill provided an presentation on the ASOC’s recommendations for increasing the effectiveness of employment services provided by full service partnership programs. This presentation highlighted challenges with helping consumers find employment and recommended Individual Placement and Support (IPS) as an evidence based approach.</p> <p>Mr. Wagstaffe moved to approved the recommendations, and Ms. Bemis seconded the motion. (All members voted Aye.) Motion carried.</p>
<p><b>X. Public Comment</b></p>	<p>Public Comment 1: Community member expressed appreciation to terming out members Ms. Bemis, Ms. Rodriguez, and Dr. Arneill for their service on the MHB. This community member also advocated for the needs of seniors, justice-involved individuals, and community members in substance use disorder recovery.</p> <p>Public Comment 2: Community member noted that mental health court supports justice-involved individuals post-plea, and advocated for pre-plea mental health diversion for this population.</p> <p>Public Comment 3: Community member highlighted the ongoing workforce crisis for behavioral health staff, and advocated for higher pay for behavioral health professionals in comparison to law enforcement staff.</p>

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	<p>Public Comment 4: Community member affirmed the MHB for the organized format of their agenda, and advocated for Individual Placement and Support for full service partnership programs in alignment with MHB recommendations.</p> <p>Public Comment 5: Community member advocated for support for consumers who are ready to step down from inpatient psychiatric treatment, but who are not quite ready to go home.</p> <p>Public Comment 6: Community member expressed appreciation to terming out members Ms. Bemis, Ms. Rodriguez, and Dr. Arneill for their service on the MHB. This community member also advocate for part-time employment opportunities for peers, and encouraged support for peers who do not have a car.</p> <p>Public Comment 7: Community member advocated for increased beds for severely mentally ill individuals to be included in MHB recommendations. This community member also highlighted a California court decision, which held that indefinitely detaining mentally ill persons deemed incompetent to stand trial is a violation of due process.</p> <p>Public Comment 8: Community member expressed appreciation for MHB members for all of their hard work, and congratulated the newly-elected MHB officers on their positions.</p>
<b>XI. Adjournment</b>	Chair McIntosh Sako adjourned the meeting at 8:28 p.m.