

Sacramento County Mental Health Board Special Meeting

**Sacramento County
Mental Health Board (MHB) Special Meeting Minutes**
November 8, 2022

In compliance with County, State, and Centers for Disease Control and Prevention directives related to the COVID-19 public health emergency, this meeting was held remotely via Zoom and Conference Call.

Attendance			
MHB Members			
Name	Attendance	Name	Attendance
Corrine McIntosh Sako, <i>Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Bradley Lueth	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Paul Wagstaffe, <i>Vice Chair</i>	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Maria Padilla-Castro	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Laura Bemis, <i>Secretary</i>	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent	Silvia Rodriguez	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
Ann Arneill	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Theresa Riviera	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
William Cho	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent		
Ryan Gallant	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent		
Supervisor Patrick Kennedy	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent		
County Staff to MHB			
Name	Attendance	Name	Attendance
Jason Richards	<input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent	Rob Parrish	<input type="checkbox"/> Present <input checked="" type="checkbox"/> Absent

Agenda Item
<p>I. Welcome and Introductions Roll Call and Declaration of a Quorum</p> <ul style="list-style-type: none"> Chair McIntosh Sako called the meeting to order at 6:01 p.m. A quorum was declared and introductions were made.
<p>II. Read Conduct Agreement</p> <ul style="list-style-type: none"> Mr. Wagstaffe read the conduct agreement.
<p>III. Mental Health Board Discussion and Action Item Review and Approve Recommendations to the Board of Supervisors regarding Improving the Process of Referrals from Schools to Specialty Mental Health Services</p> <ul style="list-style-type: none"> Dr. Ann Arneill provided a presentation on the Children’s System of Care (CSOC) Committee’s recommendations regarding improving the process of referrals from schools for specialty mental health services (Handout #2). Chair McIntosh Sako asked if members of the Behavioral Health Youth Advisory Board were involved in these recommendations. Dr. Arneill and Ms. Rodriguez confirmed that YAB members attended the CSOC committee meetings where these recommendations were determined.

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- Ms. Padilla-Castro asked about the high rate of suicidal ideation in the report, and Dr. Arneill clarified that these numbers came were self-identified on the California Health Kids Survey. Ms. Padilla-Castro advocated for more interventions and follow-up for suicidal ideation cases.
- Mr. Wagstaffe affirmed the CSOC committee for their hard work on this report, and pointed out the positive focus on minority groups with behavioral health needs such as LGBTQ+ and foster youth.
 - Public Comment #1: Community member thanked the CSOC committee for their report, and highlighted the continued need for services for unhoused individuals.
 - Public Comment #2: Community member advocated for support for parents whose children have behavioral health needs, and affirmed the CSOC committee for writing such a great report.
 - Public Comment #3: Community member thanked the CSOC committee for their report, and pointed out the difficulty in researching these very important issues.
- Mr. Wagstaffe moved to approve the recommendations, and Ms. Rodriguez seconded the motion.
- Vote: Ms. Padilla-Castro abstained. All other members voted Aye. Motion carried.

IV. Mental Health Board Discussion and Action Item

Review and Approve Recommendations to the Board of Supervisors regarding Behavioral Health Services Provided to Individuals Detained in Sacramento County Jails

- Chair McIntosh Sako provided a presentation on the Adult System of Care (ASOC) Committee's recommendations regarding behavioral health services provided to individuals detained in Sacramento County jails (Handout #3).
- Ms. Padilla-Castro highlighted the importance of Post Incarceration Syndrome as mentioned in the report, as well as the current behavioral health workforce crisis.
- Dr. Arneill affirmed the ASOC committee for their great work on this report, and lifted up the challenges faced by individuals found incompetent to stand trial. Chair McIntosh Sako agreed that this population would be a great area for future advocacy and research in future reports.
- Mr. Lueth advocated for more coordination between law enforcement and behavioral health programs, to ensure that individuals are being referred to the services that they need.
 - Public Comment #1: Community member advocated for input from family/caregivers in coordinating care for their family members in the law enforcement system.
 - Public Comment #2: Community member advocated for collaborative court options, assisted outpatient treatment, follow-up on referrals after release, recruitment of more behavioral health professionals, and collaboration with the Public Safety Advisory Committee.
 - Public Comment #3: Community member affirmed the MHB for the care demonstrated for individuals involved with the justice system by making these recommendations, and advocated for the MHB's continued support of "care instead of cages".
 - Public Comment #4: Community member advocated for diversion initiatives, including expanded services for community members who are incompetent to stand trial.
 - Public Comment #5: Community member affirmed the ASOC committee for advocating for "care first, jails last" for this population.
 - Public Comment #6: Community member advocated for a change in law enforcement culture from top-to-bottom, as well as removing the emergency call/dispatch systems from the hands of law enforcement. This community member also advocated for higher pay and additional recruitment/retention efforts for the behavioral health workforce in Sacramento County, including parity with Sheriff's Department salaries.
 - Public Comment #7: Community member pointed out how these issues affect the families of children and youth in public schools, and advocated for community based behavioral health supports to further reduce the trauma suffered by this population.
- Mr. Wagstaffe moved to approve the recommendations, and Ms. Padilla-Castro seconded the motion.

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- Chair McIntosh Sako proposed a friendly amendment that AOT services be mentioned specifically in Recommendation #4. Mr. Wagstaffe and Ms. Padilla-Castro agreed.
- Vote: All members voted Aye. Motion carried.

V. Adjournment

- Chair McIntosh Sako adjourned the meeting at 8:31 p.m.