


Collaborate with stakeholders throughout Sacramento County to develop a common vision for student mental health and wellness

Share resources and best practices to actively promote the mental health and wellbeing of students throughout Sacramento County

Discuss common challenges and develop strategies to address barriers to student mental health and wellness



# Please join us for the Student Mental Health and Wellness Collaborative!

<https://scoe.zoom.us/j/95911507769>

## *Collaborate, Learn, Plan*

Who should attend? Mental health professionals, educators, youth, caregivers, and anyone passionate about student mental health and wellness.

### **Meeting Dates:**

**Tuesday, October 5, 2022, 3:00-5:00 p.m.**

**Tuesday, December 7, 2022, 3:00-5:00 p.m.**

**Tuesday, February 8, 2022, 3:00-5:00 p.m.**

**Tuesday, April 12, 2022, 3:00-5:00 p.m.**

*All meetings will be held via Zoom.*

### **For more information:**

For questions, please contact Chris Williams at [cwilliams@scoe.net](mailto:cwilliams@scoe.net).

To be added to the list serve, please contact Karista Yeagley at [kyeagley@scoe.net](mailto:kyeagley@scoe.net).