



2022 MHSA Steering Committee Accomplishments

MHSA Steering Committee
November 17, 2022

Alex Trac, MHSA Program Planner

Behavioral Health Racial Equity Collaborative (BHREC)

- BHREC successes and impacts:
 - Increased trust and relationships built between the County and the African American/Black/of African Descent communities
 - Intentionality about advancing racial equity across Behavioral Health Services beyond BHREC
 - Implemented quality improvement changes to advance equity within BHREC providers

MHSA Fiscal Year 2022–2023 Annual Update

The MHSA Steering Committee unanimously supported moving the Annual Update forward

Flexible Integrated Treatment (FIT)

- Community Supports and Services (CSS) funded FIT is Sacramento County's primary outpatient mental health program for children with serious emotional disturbance under the age of 21 years, and their families.
- In FY 2020–21:
 - 5,139 youth and families were referred to a FIT program
 - 8,469 youth and families were served
 - 239 families received some sort of rental assistance
 - 49 families were supported in applying for benefits such as SSI, CalWORKs, Medi-Cal

Community Outreach Recovery Empowerment (CORE)

- Adult Outpatient Services started its transition to the CSS funded CORE program
 - Transition completion expected summer of 2023
 - Capacity to serve 600 individuals/year at CORE Community Wellness Centers
 - Capacity to serve 700 individuals/year with CORE Outpatient Programs

MHSA Budget

- MHSA Steering Committee supported:
 - 10% salary rate increase and 7% capacity increase for Community Supports and Services (CSS) and Prevention and Early Intervention (PEI) direct service programs
 - One-time transfer of \$11M in CSS funds to MHSA Housing program to finance/develop additional dedicated apartments

Permanent Supportive Housing

- Since 2008, MHSA Steering Committee has supported investing \$28 million of local MHSA funding to develop more Permanent Supportive Housing units for homeless individuals and families living with serious mental illness
 - Currently in place: 221 dedicated apartments (built units) across 10 developments
 - In development: 236 dedicated apartments across 8 developments (includes 4 No Place Like Home projects)

TOTAL 457 built units across 18 developments

MHSA Growth FY 2022-23

- Prevention and Early Intervention (PEI) funded Supporting Community Connections Programs
 - Afghan Community
 - Farsi Speaking
 - Ukrainian Support Line
- CSS Full Service Partnership Programs (FSP)
 - MHSA Steering Committee supported expanding existing FSPs and implementing two new FSPs

Trauma-Informed Wellness Program (TIWP) for the African American Community

- PEI funded TIWP addresses mental health and wellness needs of our African American/Black community
 - 288 Group Healing Session/Wellness Circles
 - 200+ daily service for youth one-on-one mentoring/tutoring (K-12 setting)
 - 200+ individual support sessions to community members

Mental Illness: It's not always what you think Project

- For over a decade, the Project has worked to reduce stigma and discrimination associated with mental illness, with a focus on creating unique messaging for each of Sacramento County's multicultural communities
 - Partnered with community based organizations to reach and engage target audiences
 - Built a 50+ member Speakers Bureau
 - Garnered 128 million impressions annually
 - Engaged community to support mental health and wellness during the COVID-19 pandemic

Student Mental Health and Wellness Collaborative (SMHWC)

- Established for over 13 years
- Created new multi-year plan in 2022
 - Over 206 participants completed the SMHWC community survey

Youth Mental Health First Aid (YMHFA) and Question Persuade Refer (QPR) for Suicide Prevention Program

- Since 2014 the YMHFA program, administered by SCOE, has conducted 2,972 trainings to school and community members
- QPR launched in Spring of 2020 and in FY 2020–21 more than 325 participants from five local school districts were trained

Time-Limited Community-Driven PEI Grants

➤ Round One:

- 34 grantees were awarded
- Served over 67,701 in FY 2021-22
- Grant term extended through May 2023

➤ Round Two:

- MHSA SC supported using \$10M of PEI funds to issue Round 2 Time-Limited Community Driven PEI Grants

Innovation (INN) Projects

- INN Project 3: Behavioral Health Crisis Services Collaborative – consideration for 1–Year Extension
 - After meaningful review and discussion, MHSA Steering Committee did not support extending the Behavioral Health Crisis Service Collaborative project term beyond December 2022
- INN Project 2: Mental Health Urgent Care Clinic (MHUCC)
 - MHSA Steering Committee supported transitioning MHUCC from INN to CSS funding