

**Sacramento County**  
**Department of Health Services, Behavioral Health Services**  
**Mental Health Services Act (MHSA) Steering Committee**

**Meeting Minutes**

March 17, 2022, 6:00 PM – 8:00 PM

**Meeting Location**

Webinar and phone conference

**Meeting Attendees:**

- MHSA Steering Committee members: Ronald Briggs, Diana Burdick, Karen Cameron, Laurie Clothier, Julie Field, Karly Gonzalez, Anatoliy Gridyushko, Hafsa Hamdani, Crystal Harding, Sharon Jennings, Erin Johansen, Evin Johnson, Brenna Lin, Melissa Lloyd, Brad Lueth, Lori Miller, Noel Mora, Leslie Napper, Ryan Quist, Heidi Richardson, Koby Rodriguez, Lynsey Semon, Martha Sinclair-West, Christopher Williams
- General Public

Agenda Item	Discussion
I. <b>Welcome and Member Introductions</b>	The meeting was called to order at 6:03p.m. MHSA Steering Committee members introduced themselves.
II. <b>Agenda Review</b>	The agenda was reviewed; no changes were made.
III. <b>Approval of Prior Meeting Minutes</b>	The February 2022 draft meeting minutes were reviewed; correction to the spelling of Koby Rodriguez’s name was made.
IV. <b>Announcements</b>	<p><b>Koby Rodriguez, SC member:</b> Trans-day of Visibility is on March 31<sup>st</sup>. The Sacramento LGBT Center and The Gender Health Center will feature live programming. Please look at those programs for your own organization. It is a great time and a reminder to highlight and lift up the voices of trans-people you serve and who are employed by you.</p> <p><b>Crystal Harding, SC member:</b> The North Highlands Recreation and Parks District is having a tree planting this Saturday at Larchmont Park. This is a great way to utilize space and boost mental health wellness. I encourage people to utilize their local parks and recreation programs and activities. You can visit their website: <a href="https://www.nhrpd.org/2022-03-19-north-highlands-tree-planting">https://www.nhrpd.org/2022-03-19-north-highlands-tree-planting</a></p> <p><b>Randy Hicks, Disability Advisory Commission (DAC) of Sacramento County:</b> I wanted to know if the MHSA Steering Committee could make a presentation to the DAC, we are looking for program ideas. Additionally, the Health and Human Services Coordinating Council is also looking for more information about how MHSA is being provided in Sacramento County.</p>

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<p><b>V. Executive Committee / MHSA Updates</b></p>	<p><b>Executive Committee Updates</b>            Sharon Jennings, SC Co-Chair, requested those present to submit post-meeting evaluations and also shared the update below:</p> <p><u>MHSA SC Membership Changes</u>            Shaunda Cruz, representing Probation, had her last Steering Committee meeting on February 17. We would like to thank her for her service on this committee. Lynsey Semon, who was Shaunda’s alternate, will now represent Probation as the primary member. Derek Casebeer will be her alternate. Welcome Lynsey and Derek.</p> <p><b>MHSA Updates</b>            Dr. Ryan Quist, Behavioral Health Director, provided the following updates:</p> <p><u>COVID-19 Update</u>            Sacramento County Public Health will be updating data every Wednesday. Our seven-day average for COVID-19 cases is down to 80. Our seven-day average is lower than it was before Omicron and really close to the level as it was before Delta.</p> <p>As a reminder, the public health order lifted requirements for indoor masking. However, indoor masking is still recommended based on the environments you are in. If you are within six feet of people, you might want to still consider wearing masks indoors.</p> <p>Our vaccination rates are doing great. We have 70% of the population partially vaccination and 65% of the population with full vaccinations, so keep up the great work promoting vaccinations within our community.</p> <p><u>World Events</u>            I want to take a moment to acknowledge what is going on in the world. There are some stressful events happening in Eastern Europe and I want to recognize these events are having an impact on members of our community. We have a large number of Ukrainian neighbors here within our community and this is a difficult time right now. We want to extend our support and please reach out if there is any way we can support this community at this time.</p> <p><u>Cultural Observances</u>            March is Women’s History Month. The 2022 theme is women providing healing, promoting hope. This theme is contributing to work of caregivers and front line workers during the pandemic, and recognition of the thousands of ways women of all cultures have provided healing and hope throughout history.</p>

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	<p>Today is Saint Patrick’s Day – the feast day of Saint Patrick, the patron saint of Ireland, that was originally celebrated with feasts and services.</p> <p>I also want to recognize Cesar Chavez day on March 31<sup>st</sup>. This day is an American national commemorative holiday aimed to celebrate the birth and enduring legacy of the American civil rights and labor moment activist, Cesar Chavez. The holiday is to commemorate and promote service to the community in honor of Cesar Chavez’s life and work.</p> <p>Jane Ann Zakhary, BHS Administration, Planning and Outcomes Division Manager, presented the following update:</p> <p><u>MHSA Fiscal Year 2022-23 Annual Update Timeline</u></p> <p>I want to remind our steering committee members and all of our guests in the public that we are going to be posting the Fiscal Year 2022-23 MHSA Annual Update for the 30-day public comment and review period in April. We will focus on that presentation at your April Steering Committee meeting and ask for your collective comments.</p>
<p><b>VI. MHSA Community Services and Supports (CSS) Program Presentation – Flexible Integrated Treatment (FIT)</b></p>	<p>Sheri Green LMFT, Health Program Manager, Child and Family Mental Health, provided background and context regarding the Flexible Integrated Treatment (FIT) program.</p> <p>See <a href="#">Attachment A – Flexible Integrated Treatment Presentation</a></p> <p>Presenters:</p> <ul style="list-style-type: none"> <li>• Kristen Curry, Sacramento County Program Coordinator <a href="mailto:curryk@saccounty.gov">curryk@saccounty.gov</a></li> <li>• Karen Thompson, HeartLand Child and Family services Program Manager of Collaborative Services <a href="mailto:karen.thompson@doingwhateverittakes.org">karen.thompson@doingwhateverittakes.org</a></li> <li>• Lalila Cota, HeartLand Child and Family Services Housing Coordinator <a href="mailto:lalila.cota@doingwhateverittakes.org">lalila.cota@doingwhateverittakes.org</a></li> <li>• Kris Rickards, Sacramento Children’s Home, FIT Clinical Program Manager <a href="mailto:kris.rickards@kidshome.org">kris.rickards@kidshome.org</a></li> <li>• Jennifer Churchill, Sacramento Children’s Home, FIT Advocacy Supervisor <a href="mailto:jennifer.churchill@kidshome.org">jennifer.churchill@kidshome.org</a></li> <li>• Julia Weber, Capital Star, Housing Resource Specialist, <a href="mailto:jweber@starsinc.com">jweber@starsinc.com</a></li> <li>• Davina Cuellar, Capital Star, Advocate Supervisor, <a href="mailto:dcuellar@starsinc.com">dcuellar@starsinc.com</a></li> </ul>

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**Member Questions and Discussion**

*[SC members praised the presentation as well as the presenters for the work they do]*

I heard you say the police are called as last resort when it comes to suicidal and homicidal calls. This reminds me of Lil Wayne, the rapper, who previously shared his suicide story. When he was a child, he shot himself and all the police except one treated him like a criminal. The one police officer saw him struggling and took him directly to the hospital.

My questions are what police station would be called as last resort and how are you equipped to deal with suicidal and homicidal calls especially when dealing with racial biases? We often do not hear of African American youth dealing with suicidal issues and instead they are treated as criminals. How would you know for sure or be certain that the police are able to deal with this appropriately?

*That is one of the concerns, and why some of the clientele have decided not to engage the police. One of the programs we have in Sacramento County is the Mobile Crisis Support Teams (MCST) specifically trained in mental health services and they are our emergency response team. MCSTs are taught a lot about mental health services, they have a clinician that rides with the police officer, and the goal is for these teams to respond to situations like those that you were mentioning.*

*There are some trainings with police departments here in Sacramento County to provide knowledge around mental health services and we hope that is who responds to our clients. Unfortunately, sometimes they are not able to respond and it does not go the way we hope. We are lucky to have services that are connected to police departments that understand there are mental health needs. Sometimes we have to find ways that do not include law enforcement because families will tell us they will not use them. We need to become inventive with safety planning and where we can take youth when having concerns that do not include police officers. Additionally, voice and choice are prominent in FIT programs so the advocates can also be there when law enforcement or navigators are called so we are able to give extra support to the family on the spot right then and there.*

Are you able to record videos or posts, to share with different venues such as schools to get the word out? This presentation was 20 minutes could be cut down to bite-size sections.

*That is a great idea rather than just the brochures. and individual trainings which usually have to be in person. We will look into this. Thanks for the suggestion.*

I would like to thank the group for your presentation. The FIT services help many of our kids in child welfare and have made a

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	<p>lot of difference for both the children and their families so Sheri and team thank you so much for all you do.</p> <p><b>Public Comment</b></p> <p><b>Dr. Diane Wolfe:</b> Have you considered finding a way to provide childcare for sick children so parents can go to work when a child is considered too ill to go to school, but not dangerously ill?  <i>There are many rules and regulations around childcare and we do not have a current way to meet those requirements so unfortunately childcare is not something we can provide at this time.</i></p> <p>Are children with SED eligible for Medi-Cal services even if the family has private insurance so often there are not providers or flexibility services available through private insurance?  <i>Our clientele for FIT program must have Medi-Cal in order to qualify. If they have private insurance they are not eligible for Medi-Cal, unfortunately. That is an area we are advocating for, that we would like private insurance companies to cover the type of services we are able to provide in the public mental health system.</i></p> <p>Are homeless TAY under the age of 21 eligible for FIT?  <i>Yes, all youth under the age of 21 who meet eligibility requirements around having a mental health condition with Medi-Cal can receive services in our FIT program.</i></p> <p><b>Lillian Glamben, ONTRACK Program Resources:</b> Great presentation and program. Where do I get information on the FIT program that I can share with my colleagues?  <i>Here is our Child and Family Mental Health brochure:</i>  <a href="https://dhs.saccounty.gov/BHS/Documents/Provider-Forms/Brochures/BR-Child-and-Family-Integrated-System-of-Care.pdf">https://dhs.saccounty.gov/BHS/Documents/Provider-Forms/Brochures/BR-Child-and-Family-Integrated-System-of-Care.pdf</a></p> <p><b>Randy Hicks, Disability Advisory Commission of Sacramento County:</b> I understand that you guys work with people mental health disabilities, for those that have physical disabilities what are the reasonable accommodations that you provide? Additionally, some of the programs in the county do not do ASL interpretation and we wanted to see if you guys have contracts for people who need ASL or people that need materials in other format?  <i>We have a good neighbor policy in Sacramento County and part of that policy requires buildings to be accessible and dignified, as well as clean and accessible to public transportation, and sited in a geography where there is need. We do not want our locations to be off in the middle of nowhere where nobody needs services</i></p>

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	<i>so we pay a lot of attention to that and monitor all programs on monthly basis. FIT providers do have access to interpreter services and utilize ASL interpreters when needed to work with clients and their families.</i>
<b>VII. General Steering Committee Comment</b>	<b>Crystal Harding:</b> I am grateful for the programs and impact on youth, family, and community!
<b>VIII. General Public Comment</b>	None.
<b>IX. Adjournment / Upcoming Meetings</b>	The meeting was adjourned at 7:30 p.m. Upcoming meetings will be held on <ul style="list-style-type: none"> <li>• April 21, 2022</li> <li>• May 19, 2022</li> </ul>

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or [ruckera@saccounty.gov](mailto:ruckera@saccounty.gov).