

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Meeting Minutes

September 15, 2022, 6:00 PM – 8:00 PM

Meeting Location

Webinar and phone conference

Meeting Attendees:

- MHSA Steering Committee members: Carmen Briscoe, Diana Burdick, Gretchen Bushnell, Daniel Calabretta, Karen Cameron, Genelle Cazares, Ebony Chambers, Laurie Clothier, Ed Dziuk, Karly Gonzalez, Anatoily Gridyushko, Hafsa Hamdani, Crystal Harding, Sharon Jennings, Erin Johansen, Melissa Lloyd, Brad Lueth, Ryan McClinton, Leslie Napper, Mary Parker, Koby Rodriguez, Lynsey Semon, Andrew Swift, Christopher Williams, Jane Ann Zakhary
- General Public

Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:03 p.m. MHSA Steering Committee members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Approval of Prior Meeting Minutes	The August 2022 draft meeting minutes were reviewed; no changes were made.
IV. Announcements	<p>Gretchen Bushnell, SC Member:</p> <ul style="list-style-type: none"> • Announced she will be stepping down as the Consumer Adult primary seat after this meeting. • Sally Zinman, author of <i>Self Help: The Wave of the Future</i>, passed away. <p>Brad Lueth, SC Member: requested to have the Mental Health Board present at a future SC meeting on the Psychiatric Advance Directives multi-county collaborative MHSA Innovation project. See Attachment A - 2022 Psychiatric Advance Directives Recommendations.</p> <p>Erin Johansen, SC Member: The City of Sacramento will soon open its Outreach and Engagement Center at what used to be the Science & Space Center and Museum – 3615 Auburn Blvd, Sacramento, CA 95821.</p> <p>Leslie Napper, SC Member:</p> <ul style="list-style-type: none"> • Acknowledged Ebony Chambers for the Black Women United event held at William Land Park. • This month is LatinX/Hispanic heritage month. • Agile Group has an upcoming wellness event. • Acknowledged Diana Burdick for her advocacy and efforts in supporting family members with mental illness.

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	<ul style="list-style-type: none"> • OnTrack has announced the Criminal Justice workgroup and are looking for participants to join. <p>Chris Williams, SC Member:</p> <ul style="list-style-type: none"> • Sacramento County Office of Education is actively recruiting for a Family and Community Health Systems Navigator and other mental health based positions. More information can be found at www.edjoin.org • Upcoming dates have been set for the Student Mental Health and Wellness Collaborative events. See Attachment B - Student Mental Health and Wellness Collaborative. <p>Crystal Harding, SC Member: North Highlands Recreation and Park District is offering scholarships for families to use for youth and seniors. More information can be found here: www.NHRPD.org</p> <p>Hafsa Hamdani, SC Member: September 11 was National Grandparents' Day.</p>
<p>V. Executive Committee / MHSA Updates</p>	<p>Executive Committee Update Christopher Williams, SC Co-Chair, requested those present to submit post-meeting evaluations and also shared the following update on behalf of the Executive Committee:</p> <p><u>Pre-Meeting "Meet and Greet"</u> Starting in October, we will begin opening our MHSA Steering Committee Virtual meeting space at 5:30 for "Meet and Greet" sessions hosted by the Executive Committee. Steering Committee members as well as the public are welcome to sign on early to say hello and get to know each other. This is also an opportunity to discuss items related to MHSA Steering Committee or MHSA in general.</p> <p>MHSA Updates Jane Ann Zakhary, Division Manager, provided the following update:</p> <p><u>Community Outreach Recovery Empowerment (CORE)</u> Last month the committee viewed a presentation on the new Adult Transformation CORE program. The division will be hosting three upcoming presentations about the program on 9/28/22, 10/27/22 and 11/18/22. You can sign-up and come to any one of those sessions to get the latest information about the program. See Attachment C - CORE Program Presentation Flyer.</p>

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<p>VI. MHSA Prevention and Early Intervention (PEI) Program Presentation – Time-Limited Community-Driven PEI Grants Round 1 Update</p>	<p>Alexander Trac, BHS Program Planner, provided background and context regarding MHSA Prevention and Early Intervention (PEI) Program Presentation – Time-Limited PEI Community Driven Grants Round 1 update. See Attachment D - CalMHSA Time-limited Community-Driven PEI Grants Round 1 Update.</p> <p>Presenters.</p> <ul style="list-style-type: none"> • Candice Medina, Senior Program Coordinator, CalMHSA • Jeremy Wilson, Senior Program Director, CalMHSA <p>Member Questions and Discussion</p> <p>[SC members praised the presentation, CalMHSA and especially the Grantees for the work they do.]</p> <p>During the COVID-19 pandemic, I had a difficult time interacting especially with the digital divide. Are there programs that can help?</p> <p><i>La Familia has a program called Tech Savvy. They help seniors and teach participants how to use Zoom, FaceTime and smart devices.</i></p> <p>I appreciate how grants are helping the Afghanistan community.</p> <p>Tonight we reviewed grants from round one and with the support of Steering Committee from prior meetings, we will be moving forward with your recommendation to issue a second round. Round two has been posted for 30 day public comment and will go before the Board of Supervisors for approval to expand our contract with CalMHSA so we can proceed with round two.</p> <p>When funding runs out for some of these programs, how will their work continue?</p> <p><i>Grantees continue their work in many ways, such as sustaining by creating online free resources, volunteer or peer led programs, and seeking other funding opportunities</i></p> <p>Public Comment</p> <p>Maria Padilla-Castro, Mental Health Board member: In my opinion, I have issues with the term “LatinX”. Please do not be offended with this comment, but I feel obligated to express my opinion. I appreciate your hard work otherwise.</p>
<p>VII. General Steering Committee Comment</p>	<p>None</p>
<p>VIII. General Public Comment</p>	<p>Mary Ann Bernard: I am a lawyer, mother of a severe mentally ill young man, and an advocate for the severe mentally ill. Sacramento County is serving many people under the MHSA</p>

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	<p>Prevention and Early Intervention statute; however, the focus of these programs should be on those individuals with a diagnosed severe mental illness. Relapse prevention programs to reduce duration of untreated mental illness and assistance in regaining productive lives for those who have an existing mental illness should be part of PEI programming. Two programs I think would be helpful for relapse prevention is Assisted Outpatient Treatment (AOT) and Community Assistance, Recovery and Empowerment (CARE) Court.</p> <p>Maria Padilla-Castro, Mental Health Board member: I support the future request to present the Psychiatric Advance Directives to this Steering Committee. We would like your support. Additionally please support the Kaiser strike for the mental health workers.</p>
<p>IX. Adjournment / Upcoming Meetings</p>	<p>The meeting was adjourned at 7:54 p.m. Upcoming meetings will be held on</p> <ul style="list-style-type: none"> • October 20, 2022 • November 17, 2022

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.gov.