

**Sacramento County**  
**Department of Health Services, Behavioral Health Services**  
**Mental Health Services Act (MHSA) Steering Committee**

**Our Mission**

*To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.*

**Our Vision**

*We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.*

**Our Values**

*Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus*

**February 16, 2023 Meeting Minutes**

**Time: 6:00-8:00 PM**

**Location: Virtually (Zoom) and phone conference**

**Meeting Attendees - General Public and MHSA Steering Committee members:**

<b>Stakeholder Group</b>	<b>Primary</b>	<b>Alternate</b>
Mental Health Board	x Patricia Wentzel	Brad Lueth
Mental Health Director	x Ryan Quist	Jane Ann Zakhary
Service Provider - Children	x Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	x Erin Johansen (TLCS)	Marlyn Sepulveda (Hope Cooperative)
Service Provider - Older Adults	x Genelle Cazares (El Hogar)	Martha Sinclair-West
Law Enforcement	x Corey Jackson	Laura Mueller
Senior and Adult Services	x Heidi Richardson	Mary Parker
Education	x Christopher Williams	Brent Malicote
Department of Human Assistance	Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	Lori Miller	x Michelle Besse
Cultural Competence	x Koby Rodriguez	Lakshmi Malrouth
Child Welfare	x Melissa Lloyd	Kim Pearson
Primary Health	Vacant	Vacant
Public Health	x Olivia Kasirye	Staci Syas
Juvenile Court	Daniel Calabretta	Sarah Davis
Probation	x Lynsey Semon	Derrick Casebeer
Veterans	Rochelle Arnold	Vacant
Consumer - TAY	Arushi Mishra	Vacant
Consumer - TAY	Karly Gonzalez	Vacant
Consumer - Adult	x Hafsa Hamdani	Vacant
Consumer - Adult	Leslie Napper	Chezia Tarleton
Consumer - Older Adult	x Karen Cameron	Vacant
Consumer - Older Adult	x Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Ebony Chambers McClinton	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	x Susan McCrea	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	x Ryan McClinton	x Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	Daniela Guarnizo	Evin Johnson

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Agenda Item	Discussion
I. <b>Welcome and Member Introductions</b>	The meeting was called to order at 6:00 p.m. MHSA Steering Committee members introduced themselves.
II. <b>Agenda Review</b>	The agenda was reviewed; no changes were made.
III. <b>Approval of Prior Meeting Minutes</b>	The January 2023 draft meeting minutes were reviewed; no changes were made.
IV. <b>Announcements</b>	<p><b>Sharon Jennings</b>, SC Member: I had my first experience speaking with the Stop Stigma Speakers Bureau. I spoke to a group of Afghan youth involved in their own special project with the International Rescue Committee (IRC). The IRC helps people effected by humanitarian crises to survive, recover, and build their lives. I was invited to participate as someone who has experience with drug and alcohol addiction. I spoke about my PTSD, drug and alcohol addiction, and bipolar disorder. It was well received and questions were generated by my talk. It was rewarding and an honor to share my story. Stop Stigma Speakers Bureau helps to eliminate stigma by inviting people to share their personal stories of recovery. If you are experiencing mental health issues and are in recovery, or are supporting a loved one experiencing mental health issues, please consider joining the Bureau to share your strength and hope. The more we have the conversation openly and continue to have the conversation the more we will eliminate stigma and normalize mental health care. Please visit: <a href="http://www.stopstigasacramento.org/get-involved/speakers-bureau">www.stopstigasacramento.org/get-involved/speakers-bureau</a></p> <p><b>Patricia Wentzel</b>, SC Member: The Mental Health Board (MHB) meets on the first Wednesday of the month and we welcome your attendance. Additionally, the Children’s System of Care Committee (MHB subcommittee) is establishing a meeting date and time. If you are interested in attending any of these meetings, you are welcome to visit the MHB webpage for meeting information and updates: <a href="https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Meetings-2023.aspx">https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Mental-Health-Board/BC-Mental-Health-Board-Meetings-2023.aspx</a></p> <p>I would also like to share that NAMI Sacramento has support groups for family members and individuals with mental health conditions. You may be interested in NAMI’s In Our Own Voice, a program where peers present their own recovery experience in the community. Please visit: <a href="https://namisacramento.org/">https://namisacramento.org/</a></p> <p><b>Koby Rodriguez</b>, SC Member: The LGBT Community Center is hosting “You Betta Work!” Fair, a career fair, on March 9, 2023 [since, this event has been rescheduled to March 23, 2023]. This fair is open to everyone but centers on LGBTQ job seekers who are looking to become employed. Please</p>

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	<p>visit our website and Facebook page for more information: <a href="#">RESCHEDULED - You Betta Work! Fair (facebook.com)</a>. Additionally, while on our website, view the “Living with Opioid Use Disorder While Maintaining Employment” video presentation to find out more about employers rights when dealing with opioid use disorder in the workplace. The presentation can be viewed on Facebook: <a href="#">Living with Opioid Use Disorder While Maintaining Employment   Facebook</a></p> <p><b>Heidi Richardson</b>, SC Member: Sacramento County received an Access to Technology for Seniors and Persons with Disabilities grant award in the amount of \$1.6M. This grant program will provide digital devices, service plans, and training for adults age 60 and up and individuals with disabilities. Agency on Aging will administer this program. To learn more about this and other programs, please visit: <a href="https://agencyonaging4.org/">https://agencyonaging4.org/</a></p> <p>Additionally, please check the Sacramento County Department of Child, Family, and Adult Services contractor bidding opportunities page: <a href="https://dcfas.saccounty.gov/Pages/Contractor-Bidding-Opportunities.aspx">https://dcfas.saccounty.gov/Pages/Contractor-Bidding-Opportunities.aspx</a> where you can sign up for email updates about current and future opportunities to serve adults, families, and children.</p> <p><b>Diana Burdick</b>, SC Member: I encourage you all to buy <i>People</i> magazine featuring a few articles on mental health. On a different note, Sacramento County’s Assisted Outpatient Treatment (AOT) program officially launched.</p>
<p><b>V. Executive Committee / MHSA Updates</b></p>	<p><b>Executive Committee Update</b></p> <p>Sharon Jennings, SC Co-Chair, requested that meeting participants submit post-meeting evaluations. Sharon also shared the following update on behalf of the Executive Committee:</p> <p><u>MHSA SC membership changes</u></p> <p>Laura Bemis, who was in the Mental Health Board (MHB) alternate seat, had last her meeting in January. We thank her for her service. Brad Lueth, formerly in the MHB primary seat, is now in the alternate seat. We welcome Patricia Wentzel, who is stepping into the MHB primary seat.</p> <p>Additionally, Deputy Andrew Swift and Deputy Eric Aduba who were the Law Enforcement primary and alternate seats respectively, attended their last meeting in January. Thank you both for your service. We welcome Deputy Corey Jackson (primary seat) and Deputy Laura Mueller (alternate seat) as our new Law Enforcement representatives.</p>

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**MHSA Updates**

Dr. Ryan Quist, Behavioral Health Director, provided the following updates:

February Observance

- Black History Month

Community Outreach Recovery Empowerment (CORE)

As mentioned in previous meetings, the CORE programs have begun providing services throughout the County. We are excited that there are now eight (8) CORE outpatient clinics and seven (7) CORE Wellness Centers open. CORE provider, Bay Area Community Services (BACS), hosted their open house last week. CORE providers, El Hogar, hosted their open house this week and Turning Point will host their open house next week. These are all opportunities to celebrate the growing number of CORE sites available to the community.

Mental Health Assisted Outpatient Treatment (AOT) Program

Thank you Diana for mentioning AOT during your announcement. For more information please visit:

<https://dhs.saccounty.gov/BHS/Pages/Laura's-Law-AOT-Community-Input.aspx>

California Advancing and Innovating Medi-Cal (CalAIM)

The most recent focus of CalAIM has revolved around payment reform. The California Department of Health Care Services (DHCS) in partnership with counties (including Sacramento County) plans to move from cost-based payment to a fee-for-service payment model for providers. This creates incentives for providers and moves us closer to a payment system known as capitation, where we will receive a set amount of Medi-Cal dollars for every client each month. This will greatly simplify our system. Payment reform will take us from a system in which providers document and bill for the services by the minute via Current Procedural Terminology (CPT) codes that signifies the service was delivered. This payment system imposes a huge administrative burden on providers, counties, and the state. It also creates financial uncertainty at every level since the auditing process could take several years to settle a single year's accounting leaving providers not knowing whether or not they owe or must pay back money. There have been some delays in DHCS' rollout of new rules and guidance around fee-for-service rates; however, we believe they are in the ballpark.

DHCS' implementation deadline for this new reimbursement system is July 1, 2023. We are scheduling meetings with our contract providers to collect the information we need to develop the new fee-for-service rates. These meetings will start within the next two weeks and will continue until implementation begins.

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	<p>Jane Ann Zakhary, Division Manager, provided the following update:</p> <p><u>Draft MHSA FY 2023-24 Annual Update</u>            We are currently working on the Draft MHSA FY 2023-24 Annual Update and plan to post the Annual Update for 30-day public review and comment period on March 6, 2023. We expect to present the Annual Update to you next month.</p> <p>Andrea Crook, MHSA Program Manager, provided the following update:</p> <p><u>CalMHSA Peer Certification</u>            There are 1,500 Peer Certification scholarships remaining. They are available to peers across the state. Because of the short timeline to apply, CalMHSA is administering the remaining scholarships. CalMHSA requests that anyone who is interested in a scholarship go to their website to fill out an application: <a href="https://www.capeercertification.org/certification-scholarships/">https://www.capeercertification.org/certification-scholarships/</a>. Scholarships are available on a first come, first serve basis.</p>
<p><b>VI. MHSA Steering Committee Charter</b></p> <ul style="list-style-type: none"> <li>• Member Discussion</li> <li>• Public Comment</li> <li>• SC Action</li> </ul>	<p>Andrea Crook presented the draft MHSA Steering Committee Charter. See <a href="#">Attachment A – MHSA SC Charter Draft</a>.</p> <p>The MHSA SC Charter was created early on when we initially implemented the MHSA. Our Executive Committee has resurrected and refined the Charter, a living document that can be continuously refined and revised as our meetings evolve throughout the years. We initially shared the draft Charter with you last month. The Executive Committee would like to use the Charter not only to outline the purpose and procedures of the committee but also as an educational tool for members and public relating to MHSA, its components, and acronyms that are often mentioned and discussed during meetings.</p> <p><b>Member Questions and Discussion</b>            There was discussion regarding SC primary and alternate members two (2) year term limit.</p> <p>The following suggestions were presented:</p> <ul style="list-style-type: none"> <li>• Extend term limit beyond two (2) years.</li> <li>• Stagger the term limits to provide adequate mentorship.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Consider that new members often require time to acclimate and feel comfortable fully engaging with the committee.</li> <li>• Pair an established SC member with a new member to mentor during the onboarding process.</li> <li>• Provide training curriculum to onboard new members.</li> </ul> <p><b>Motion</b>            Sharon Jennings motioned to take the draft MHSA SC Charter back to the Executive Committee for further in-depth discussion to refine the draft. Seconded by Patricia Wentzel.</p> <p><b>Public Comment</b>            None</p> <p><b>SC Action</b>            Motion passed</p>
<p><b>VII. Youth Help Network – Prevention and Early Intervention (PEI) Component Funding for Consideration</b></p> <ul style="list-style-type: none"> <li>• Member Discussion</li> <li>• Public Comment</li> <li>• SC Action</li> </ul>	<p>Julie Leung, MHSA Program Planner, provided background and context regarding the Prevention and Early Intervention (PEI) Component. She then introduced Melissa Planas, BHS Program Coordinator, who presented the Youth Help Network for PEI funding consideration. See <a href="#">Attachment B – Youth Help Network Presentation</a>.</p> <p><b>Member Questions and Discussion</b>            [members praised the presentation and Youth Help Network (YHN) program for the positive impact the services has on youth in the community]</p> <p>What percentage of the participants that connect with the program do not follow through with services?  <i>We will get back to you on specific data. In the success story we shared, we mentioned that it was not until the sixth time YHN engaged the young person when they actually came to realize that they wanted mental health services. When working with transition age youth, they often do not know that they want or need mental health services until YHN follows through and engages them through additional interaction, at which point, the youth realizes the benefit of YHN's services.</i></p>

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Do you have the duplicated number of services for service recipients since 2019?

*YHN services were provided 14,867 times to a total of 999 youth.*

In regards to funding, where is the money coming from and what is the fiscal impact and the length of time for this funding request?

*As presented to the SC, there are PEI dollars currently available, so existing PEI programing would not be impacted if you chose to support this program. Should revenues decline in the future, then we would need to have conversations regarding cuts, but right now it would not have any negative impact.*

If this funding request is approved, would it result in a competitive bid process?

*YHN was originally a pilot project funded through a grant award. And, Capital Stars was selected to implement the program through a competitive selection process. The grant funding period is about to expire. Should your committee support sustaining this program with MHSA PEI funding, the program will not be re-bid for approximately another three (3) years.*

Does the YHN program include the STAY crisis residential program?

*STAY is a separate program from YHN. However, they work closely with one another and have the ability to refer to a wide range of other programs.*

I would like to raise a note regards to cultural responsibility for this particular funding. We have about \$900,000 allocated to four (4) organizations that provide trauma informed wellness for African American youth. I just want to point out the expenditure for this one program versus those four organizations that make up the other program in total.

**Motion**

Koby Rodriguez motioned to support funding Youth Help Network with \$936,175 using PEI funds on an annual basis starting July 1, 2023. Seconded by Ebony Chambers.

**Public Comment**

None

**SC Action**

Motion passed.

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<p><b>VIII. MHSA Innovation Component Survey Results - Continued from last meeting</b></p> <ul style="list-style-type: none"> <li>• Member Discussion</li> <li>• Public Comment</li> <li>• SC Action</li> </ul>	<p>Due to time constraints, members suggested postponing review of the MHSA Innovation Component Survey Results to provide ample time for discussion and consideration.</p> <p><b>Motion</b>            Olivia Kasirye motioned to postpone the review and discussion of the MHSA Innovation Component Survey Results to a later meeting. Seconded by Patricia Wentzel.</p> <p><b>Public Comment</b>            None</p> <p><b>SC Action</b>            Motion passed.</p>
<p><b>IX. General Steering Committee Comment</b></p>	<p>None.</p>
<p><b>X. General Public Comment</b></p>	<p>None.</p>
<p><b>XI. Adjournment / Upcoming Meetings</b></p>	<p>The meeting was adjourned at 8:28 p.m. Upcoming meetings will be held on</p> <ul style="list-style-type: none"> <li>• March 16, 2023</li> <li>• April 20, 2023</li> </ul>

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or [ruckera@saccounty.gov](mailto:ruckera@saccounty.gov).