

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

June 15, 2023 Meeting Minutes

Time: 6:00-8:00 PM

Location: Virtually (Zoom) and phone conference

Meeting Attendees - General Public and MHSA Steering Committee members:

Stakeholder Group		Primary	Alternate
Mental Health Board	X	Patricia Wentzel	Brad Lueth
Mental Health Director	X	Ryan Quist	Jane Ann Zakhary
Service Provider - Children		Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	X	Erin Johansen (TLCS)	Marlyn Sepulveda (Hope Cooperative)
Service Provider - Older Adults		Genelle Cazares (El Hogar)	Martha Sinclair-West (El Hogar)
Law Enforcement		Corey Jackson	Laura Mueller
Senior and Adult Services	X	Heidi Richardson	Mary Parker
Education	X	Christopher Williams	Brent Malicote
Department of Human Assistance		Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	X	Lori Miller	Michelle Besse
Cultural Competence	X	Koby Rodriguez	Lakshmi Malrouth
Child Welfare	X	Melissa Lloyd	Kim Pearson
Primary Health		Vacant	Vacant
Public Health		Olivia Kasirye	Staci Syas
Juvenile Court		Daniel Calabretta	Sarah Davis
Probation	X	Lynsey Semon	David Linden
Veterans		Rochelle Arnold	Vacant
Consumer - TAY		Arushi Mishra	Vacant
Consumer - TAY		Vacant	Vacant
Consumer - Adult	X	Hafsa Hamdani	Vacant
Consumer - Adult	X	Leslie Napper	Chezia Tarleton
Consumer - Older Adult		Vacant	Vacant
Consumer - Older Adult	X	Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	X	Ebony Chambers McClinton	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	X	Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs		Susan McCreia	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	X	Ryan McClinton	X Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs		Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	X	Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	X	Karly Gonzalez	Evin Johnson

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Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee (SC) members introduced themselves.
II. Agenda Review	The agenda was reviewed; no changes were made.
III. Review of Prior Meeting Minutes	The May 2023 draft meeting minutes were reviewed; no changes were made.
IV. Announcements	<p>Heidi Richardson, SC Member: Today, June 15, is World Elder Abuse Awareness Day. Please visit: https://www.saccounty.gov/news/latest-news/Pages/World-Elder-Abuse-Awareness-Day.aspx and https://www.un.org/en/observances/elder-abuse-awareness-day to find out more. Sacramento County Department of Child, Family and Adult Services (DCFAS), Senior and Adult Services posted a new contractor bidding opportunity to develop a Local Aging and Disability-Friendly Action Plan. The posting can be found here: https://procurement.opengov.com/portal/saccounty/projects/47641</p> <p>Lori Miller, SC Member: Safer Sacramento is Sacramento County's new initiative to provide resources to guide individuals to make healthy choices and avoid or reduce the potential harm from substance misuse. See Attachment A: Safer Sacramento Flyer. The Sacramento County Fentanyl Awareness and Action Summit is scheduled for August 17, 2023, at Sacramento State University. See Attachment B: Fentanyl Awareness Summit. The County also continues Fentanyl Education and Awareness in middle and high schools where we have impacted 36,000 students across Sacramento County. On March 29, 2023, the Federal Drug Administration approved the first non-prescription over the counter Narcan spray. The County also provides Narcan and Fentanyl test strips to the community upon request. Methamphetamine continues to impact our community. The next Meth Coalition meeting is scheduled for August 10, 2023, 2- 4 pm. Local hospital systems are seeing a rise in cocaine use and in many cases the cocaine has been laced with fentanyl. Hospital systems report that, on average, 10-12 patients overdosing on cocaine. Please tell your friends and family know that the danger of cocaine continues to rise. Behavioral Health Services' (BHS) Substance Use Prevention and Treatment Unit is prioritizing working with older adults because the Coroner's Office data for 2021 and 2022 show that 52 and 47 percent (respectively) of methamphetamine-related deaths were of individuals over 55 years of age. Lastly, please be on the lookout for another trending substance, xylazine, which is very dangerous, similar to fentanyl. See Attachment C: Xylazine What Is It? Flyer.</p> <p>Christopher Williams, SC Member: In partnership with the Department of Health Services, Sacramento County Office of Education (SCOE), for a couple of years now, has been implementing a</p>

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	<p>school-based mental health and wellness initiative Please visit the new website for more information: https://www.centersofwellness.scoe.net. SCOE has a job opening for a school-based Associate Mental Health and Wellness Clinician to support this expansion. If you or anyone is interested in the job, please visit: https://www.edjoin.org/Home/DistrictJobPosting/1792846.</p> <p>Ryan McClinton, SC Member: SC members Ebony Chambers McClinton and Koby Rodriguez were a select few named as this year’s honorees for the Sacramento Business Journal’s Diversity Equity Inclusion award. Congratulations to both Ebony and Koby.</p> <p>Erin Johansen, SC Member: Hope Cooperative submitted a California Department of Social Services grant application in partnership with DCFAS and BHS for a permanent supportive housing project focused on seniors. There is a growing population of seniors who are homeless or at risk of homelessness and involved with Adult Protective Services and BHS services. If awarded, services will be delivered at a property located in Citrus Heights.</p> <p>Patricia Wentzel, SC Member: NAMI Sacramento, in collaboration with CalHOPE, now offers a warmline for Transitional Age Youth ages 16-25. For more information please visit: https://namisacramento.org/calhope-nami-sacramento-tay-warmline/</p> <p>Melissa Lloyd, SC Member: DCFAS is hosting its first post-pandemic Resource Family Appreciation Picnic at William Land Park on July 22, 2023. For more information please visit: https://www.saccounty.gov/news/latest-news/Pages/Resource-Family-Appreciation-Picnic-.aspx</p>
V. Executive Committee / MHSA Updates	<p>Executive Committee Update</p> <p>Sharon Jennings, SC Co-Chair, requested that meeting participants submit post-meeting evaluations. Sharon also shared the following update on behalf of the Executive Committee:</p> <p><u>MHSA SC membership changes</u></p> <p>Assistant Chief Deputy Derek Casebeer’s, who was in the Probation alternate seat, last meeting was in May. Assistant Chief Deputy David Linden will step into the Probation alternate seat behind Derek. Thank you, Derek, for your service and welcome David.</p> <p>MHSA Updates</p> <p>Dr. Ryan Quist, Behavioral Health Director, provided the following three updates:</p>

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	<p><u>June Observances</u></p> <ul style="list-style-type: none"> • Pride Month • Juneteenth <p><u>Deputy Director of Behavioral Health Services</u> Kelli Weaver has promoted and is now our Deputy Director of Behavioral Health Services. She will oversee and support the day-to-day operations of the division. Her highest priority is to meet the needs of consumers and their families, enabling all who touch our system of care to achieve their greatest potential. Welcome, Kelli.</p> <p><u>California Advancing and Innovating Medi-Cal (CalAIM)</u> On July 1st, we are implementing CalAIM. This will replace Avatar, and we want to acknowledge our contract providers and their work in helping us get to this point. Our top priority is to improve the Electronic Health Record system so our service providing staff can spend less time charting and more time with our consumers. In addition, payment reform will move to a fee-for-service payment model for providers. The County and all the service providers will support each other with this new implementation.</p> <p>Andrea Crook, MHSA Program Manager, provided the following two updates:</p> <p><u>Sacramento County Community-Driven Time Limited Prevention and Early Intervention Grant:</u></p> <p>Round 2 awardees have been notified. For more information please visit: https://dhs.saccounty.gov/BHS/Documents/MHSA/GI-BHS-MHSA-Sacramento-County-Community-Driven-PEI-Grant-Awardees-Round-2.pdf</p> <p><u>MHSA Fiscal Year 2023-24 Annual Update</u> On May 23, 2023, the Board of Supervisors approved the MHSA Fiscal Year 2023-24 Annual Update.</p>
<p>VI. MHSA Steering Committee Innovation Subcommittee - Report Back and Recommendations</p> <ul style="list-style-type: none"> • Member Discussion • Public Comment 	<p>Andrea Crook provided the MHSA Innovation (INN) component overview and presented the INN Project Recommendations on behalf of the INN Subcommittee. See Attachment D – INN Subcommittee INN Project Recommendations.</p> <p>Member Questions and Discussion</p> <p>Transparency is vital for how the recommendations came forward to the MHSA SC and the INN Subcommittee.</p>

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<ul style="list-style-type: none"> • SC Action 	<p>The INN Subcommittee had robust and difficult conversations throughout their sessions. Although the Subcommittee passed all three recommendations, PADs and allcove™ passed narrowly. For allcove™, the concern was not about the project itself but rather the process of how it was recommended to be an INN project. Creating equity requires a long process and many months of discussion. Expediting input dilutes the community-driven process. We need to be mindful of how the community provides input for future INN projects.</p> <p>Motion 1</p> <p>Ryan McClinton motioned to vote on each INN recommendation separately and include an option that if any of the recommendations do not move forward, we will go back and review the community-submitted INN Survey write-in options. Seconded by Leslie Napper.</p> <p>Member Discussion on Motion 1</p> <p>How does this motion affect the INN timeline and INN funds if we need to revisit the community input survey write-in options for new programming?</p> <p><i>Ideally, we would have a plan approved within the next six months. The approval process includes posting the draft plans for a 30-day period of public review and comment, followed by the Mental Health Board convening a public hearing, approval from the Board of Supervisors, and finally approval by the MHSOAC. Regarding INN funds, \$5.7M needs to be spent by the end of fiscal year 2023/24 to avoid reversion, with a minimum of \$2.7M dedicated to new INN projects.</i></p> <p>Public Comment on Motion 1</p> <p>None</p> <p>SC Action on Motion 1</p> <p>Motion passed.</p> <p><u>INN Recommendation #1 (PADs) Discussion:</u></p> <p>Motion 2</p> <p>Patricia Wentzel motioned to approve PADs recommendation. Seconded by Crystal Harding.</p>

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Member Discussion on Motion 2

I would be remiss as a community member, as a consumer of services, and as a family member if I did not go back to Innovation and what it embodies, which is community voice. PADs was presented to us before the community INN Survey was launched and before the community could voice what they wanted. Likewise, allcove™ model was developed elsewhere, outside our county. Both were brought in from outside. Neither were things the community came up with. I do not want our INN funds to be reverted; however, I also do not want to dishonor our community and exclude them from the community-driven process.

There are other services our community is looking for, more urgent needs it has, that are not PADs. Additionally, the person who presented PADs to us is a contractor who would financially benefit if the SC chooses to fund PADs. For these reasons, I cannot vote to approve this recommendation.

(via chat): As a peer, it is important to me that PADs be approved. As it stands right now, I cannot make advance decisions about my psychiatric care if I cannot make those decisions for myself. I respectfully disagree regarding whether PADs is a project that is community driven.

How much money would go to the PADs Innovation project?

\$1 million annually over five years.

We need PADs already implemented in our community, but I cannot entirely agree with the proposed project. Our neighboring counties, who are already piloting the project, have yet to figure out how to roll it out. I need to see evidence on who this program will roll out to and how the community can access their PADs if it is in cloud-based software. What happens if I do not have access to the internet? What does this look like for me? I want to learn from the pilot counties before our county invests in it.

The INN Project Recommendation is to develop a PAD that can be used statewide, to work with the legislature to create a PAD that is a legal document, and to pilot technology that would help PADs be accessed. That is my understanding of the project. There are a lot of questions to be answered and I would like to see our county be involved in the project.

Public Comment on Motion 2

Andrea Housley (via chat): I think it is important that we strive to have agencies serving peers that are run by a majority of peers.

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	<p>SC Action on Motion 2 Motion did not pass.</p> <p><u>INN Recommendation #2 (allcove™) Discussion:</u></p> <p>Motion 3 Diana Burdick motioned to approve allcove™ model recommendation. Seconded by Sharon Jennings.</p> <p>Member Discussion on Motion 3 How was Greater Sacramento Urban League (GSUL) selected for the allcove™ Sacramento pilot? <i>BHS facilitated a competitive selection process to start implementing allcove™ Youth Drop-In Center through the Mental Health Services Oversight and Accountability Commission (MHSOAC) allcove™ Grant seed funding. GSUL applied and was awarded the contract. If supported, the INN funds associated with the allcove™ INN Project recommendation will provide the opportunity to implement the model to fidelity.</i></p> <p>How is this (allcove™) project innovative? <i>allcove™ is a MHSOAC led and approved multi-county initiative. This model has been tested in other countries and is being adapted to learn whether it is an effective approach for local community settings in California. Unique to Sacramento County, this proposed recommendation will test this approach's effectiveness among the uninsured/underinsured Black/African American youth.</i></p> <p>My concern is how the community was engaged in selecting allcove™ for an INN project. This project was brought forward with little understanding, and the only opportunity for our community to submit their thoughts and feedback was in the write-in section of the survey. I cannot vote for something knowing the community did not have their full voice behind it.</p> <p>Earlier in the presentation, the timeline was reviewed, and a community survey was released. Then this committee discussed the results and needed to figure out how to proceed, so we tasked our INN Subcommittee to create their recommendation. I am still determining where we stand as we have had our community process, and I agree there are areas of improvement for community engagement, but here we are with three months left to decide, or we lose INN funding. Are we letting the perfect be the enemy of the good here? We had a community process, and we engaged in that process quite thoroughly. At some point, we as the Steering Committee, need to decide.</p>

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	<p>I am also grateful for the INN Subcommittee and the thoughtfulness and time they put into their recommendations. I am struggling with this recommendation because the allcove™ presentation was only given to the INN Subcommittee. I trust their recommendation, but I do not have confidence in how it became a recommendation before the subcommittee. This project has me struggling as I need to understand how we should test the fidelity in our county where other counties involved are serving very different social economic groups of people.</p> <p>I want to make two points: first, what we are voting on today is not whether allcove™ will exist in Sacramento County. It will be opening soon, with or without our support. What we are voting on is whether we are putting an enhancement of funds that allow for innovation, as described earlier in the presentation. Secondly, as stated previously, this program is new to the United States, so many people do not know about it. So, did the community ask for this project, or are we prescribing a project based on wanting to fund a youth drop-in space and homeless support? If most of the community did not hear about allcove™, how did this get elevated as a top project for us to decide on?</p> <p>(via chat): allcove™ was a write in and was an expansion of an existing project. It is a model originating from Australia, not from an affluent population in CA. It is a chance to give GSUL the money to really implement the project fully and to really test whether this model will be successful in the Oak Park community.</p> <p>Public Comment on Motion 3 None</p> <p>SC Action on Motion 3 Motion passed.</p> <p><u>INN Recommendation #3 (increasing access to services for unhoused/at risk of unhoused individuals, with emphasis on the African American/Black/African Descent) Discussion:</u></p> <p>Motion 4 Ryan McClinton motioned to support the INN Subcommittee recommendation to increase access to services for African American community members who are experiencing homelessness or at risk of homelessness. These services will be designed by the community and delivered by trusted community sites that have not historically provided behavioral health services. Seconded by Erin Johansen.</p>

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Agenda Item	Discussion
	<p>Member Discussion on Motion 4</p> <p>This third INN recommendation is vital for our community. However, it is critical to develop the plan with the Black and African American community and providers that work in the community.</p> <p>How much funding would go towards this Innovation project? <i>\$2 million annually over five years.</i></p> <p>Who will provide the project services? <i>Services will be provided by community-based organizations. Furthermore, the intent of the INN project recommendation is to build a peer workforce by recruiting community members to become peer specialists who will deliver peer support and navigation services.</i></p> <p>How did this recommendation come about? <i>The INN Subcommittee developed this recommendation based on the community-submitted INN Survey feedback.</i></p> <p>There were a few members of the INN Subcommittee who would have preferred a project that did not focus on any single community and would rather have had a project serving the entire community as a whole, as mental health affects everyone regardless of culture.</p> <p>A majority of ethnic minorities are marginalized compared to their White counterparts. It is not beneficial to target the entire population when different cultures have a variety of beliefs, values, and customs. Focusing on the African American/Black community can help in working toward cultural competence., as there are already differences in generation, orientation, gender, and religion within this community alone. It would not be practical to open the project to the community as a whole, as it would be challenging to hire the volume of staff to cover every cultural and community group here in Sacramento.</p> <p>Public Comment on Motion 4</p> <p>None</p>

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	<p>SC Action on Motion 4 Motion passed</p>
<p>VII. MHSA Steering Committee Nominations:</p> <ul style="list-style-type: none"> • One (1) Executive Committee Seat • Four (4) Membership Selection Subcommittee 	<p>Alex Trac, MHSA Program Planner, provided background and context regarding the MHSA Steering Committee nominations. See Attachment E – MHSA Steering Committee Nominations for Executive Committee and Attachment F – MHSA Steering Committee Nominations for Selection Subcommittee.</p> <p>There will be two (2) separate nomination processes for elections. First, the SC members will be asked to put forth nominations for one (1) Executive Committee member since current Executive Committee member, Ms. Leslie Napper will term out this month. Second, SC members will be asked to put forth nominations for four (4) Selection Subcommittee members, with an emphasis on Consumer and Family Members.</p> <p>After this meeting tonight, all SC members will receive an email with instructions and two separate SurveyMonkey links, one to nominate eligible SC members for the Executive Committee and the other for nominations for the Selection Subcommittee. Please submit your nominations by Wednesday, June 21, 2023, 5 pm. Shortly thereafter, SC members will receive a second email to participate in the confidential voting process to elect a member for the Executive Committee and to elect members for Selection Committee. The election results will be shared at the August MHSA SC meeting.</p>
<p>VIII. General Steering Committee Comment</p>	<p>None.</p>
<p>IX. General Public Comment</p>	<p>None.</p>
<p>X. Adjournment / Upcoming Meetings</p>	<p>The meeting was adjourned at 8:35 p.m. Upcoming meetings will be held on:</p> <ul style="list-style-type: none"> • August 17, 2023 • September 21, 2023

Interested members of the public are invited to attend MHSA Steering Committee meetings and a period is set aside for public comment at each meeting. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to each meeting at (916) 875-3861 or ruckera@saccounty.gov.