

Sacramento County
Department of Health Services, Behavioral Health Services
Mental Health Services Act (MHSA) Steering Committee

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

March 21, 2024, Meeting Minutes		
Time: 6:00-8:00 PM		Location: Virtually (Zoom) and phone conference
Meeting Attendees - General Public and MHSA Steering Committee members:		
Stakeholder Group	Primary	Alternate
Mental Health Board	x Patricia Wentzel	Brad Lueth
Mental Health Director	x Ryan Quist	x Jane Ann Zakhary
Service Provider - Children	x Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	x Marlyn Sepulveda (Hope Cooperative)	Alexis Bernard (Turning Point)
Service Provider - Older Adults	x Genelle Cazares	Cindy Xiong
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	x Heidi Richardson	Mary Parker
Education	Christopher Williams	Brent Malicote
Department of Human Assistance	x Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	x Lori Miller	
Cultural Competence	Jessie Armenta	x Lakshmi Malrouu
Child Welfare	x Melissa Lloyd	Kim Pearson
Primary Health	x Andrew Mendonsa	Noel Vargas
Public Health	Olivia Kasirye	Staci Syas
Juvenile Court	Andi Mudryk	Sarah Davis
Probation	x Lynsey Semon	x David Linden
Veterans	Rochelle Arnold	Vacant
Consumer - TAY	Arushi Mishra	Vacant
Consumer - TAY	Vacant	Vacant
Consumer - Adult	Hafsa Hamdani	x Christeana Zamora
Consumer - Adult	x Clarissa Laguardia	Chezia Tarleton
Consumer - Older Adult	x Janet Green	Vacant
Consumer - Older Adult	x Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Chris Marzan	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	Susan McCrea	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	Ryan McClinton	x Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	Karly Gonzalez	Evin Johnson

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Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee (SC) co-chairs and members introduced themselves.
II. Agenda Review	The agenda was reviewed. No changes were made.
III. Review of Prior Meeting Minutes	The February 2024 draft meeting minutes were reviewed. No changes were made.
IV. Announcements	<p>Patricia Wentzel, SC Member: The NAMIWalks Northern California event will take place May 4, 2024, at William Land Park. For more information and to register for the walk please visit NAMIWalks.</p> <p>Heidi Richardson, SC Member: The Access to Technology Program provides any older adults or adults with disabilities in Sacramento County a free tablet, laptop computer or other helpful technology device and training on how to use the device. If interested call the number listed on the flier. Devices are available until funds run out. See Attachment A – Access to Technology Program flyer.</p> <p>The Agency on Aging is releasing 10 community grants of \$22,250 to support people living with a disability or older adults in Sacramento County. Awarded agencies will provide services and support to Sacramento County residents to increase access, fill services gaps and improve quality of life for older adults, people with disabilities, and their caregivers. See Attachment B – Age Friendly Community Grants flyer.</p> <p>Clarissa Laguardia, SC Member: The Behavioral Health Racial Equity Collaborative (BHREC) is conducting an initiative that focuses on the Latino/Latinx/Hispanic communities in Sacramento County. In partnership with La Familia, a focus group will be held that focuses on male, monolingual Spanish speakers. Utilizing the community readiness model, the goal is to understand the best methods service providers can utilize to reach this community.</p> <p>Announcements from the Public None.</p>
V. Executive Committee / MHSA Updates	<p>Executive Committee Updates:</p> <p>Sharon Jennings, SC Executive Member and Co-Chair: Requested that meeting participants submit the two post-meeting evaluations. The following updates are on behalf of the Executive Committee:</p>

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	<p><u>MHSA SC membership changes</u></p> <ul style="list-style-type: none"> • Welcome new members! <ul style="list-style-type: none"> ○ Chris Marzan holds the primary seat representing family members/caregivers of a child aged 0-17. <p>MHSA Updates:</p> <p>Ryan Quist, Behavioral Health Director, and SC Member:</p> <ul style="list-style-type: none"> • March is Women’s History Month. The theme this year celebrates “Women Who Advocate for Equity, Diversity and Inclusion” highlighting women of the past and present who are committed to embracing everyone and excluding no one in the common quest for freedom and opportunity. • March is National Social Work Month. The theme this year is “Empowering Social Workers”. We thank all the social workers who are working to improve their communities. • March 31, 2024, is Cesar Chavez Day, a national holiday to celebrate the birth and legacy of the American civil rights and labor movement activist Cesar Chavez. The day is observed to promote service to the community in honor of his life and work. • March 31, 2024, is International Trans Visibility Day. This day celebrates the joy and resilience of trans and non-binary people everywhere by elevating voices and experiences from these communities. • Proposition 1, The Behavioral Health Services Act (BHSA) has passed. We want to acknowledge and thank our SC, as well as the numerous staff who have dedicated a lot of time to MHSA for the past 20 years. Prop 1 will take effect July 1, 2026. During the transition period, the Division will focus on maintaining our current initiatives as we move into the implementation of BHSA.
VI. MHSA Two-Year Plan Requirements	<p>MHSA Two-Year Plan Requirements</p> <p>Jane Ann Zakhary, BHS Division Manager, Andrea Crook, MHSA Health Program Manager, and Dawn Williams, Data Analytics Team Health Program Manager, presented an overview of the Draft MHSA Two-Year Plan Requirements. See Attachment C- Draft Two-Year Plan Overview.</p> <p>The Draft Two-Year Plan (2YP) was posted online for a 30-day period of public review and comment, from March 4 through April 3, 2024. In addition to this presentation to the SC, the Draft 2YP will be presented to the Cultural Competence Committee on March 26, 2024. At the end of the 30-day public review and comment period, on April 3, 2024, the Draft 2YP will also be presented to the Mental Health Board, after which the Mental Health Board will conduct a Public Hearing on this Draft 2YP.</p> <p>Comments from members of the public may be submitted in several ways. Written or emailed comments may be submitted at any time during the 30-day review period and verbal comments may be provided at the Public Hearing on April 3, 2024. A</p>

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	<p>summary of all substantive comments received will be included in the final 2YP together with the Division’s response and explanation of changes made to the 2YP as a result.</p> <p>The overview [linked above as Attachment C] summarizes and provides highlights of the Draft 2YP. The top right corner of each slide contains a box showing the page number of the corresponding section of the Draft 2YP described on that slide.</p> <p><u>Member Questions, Discussion, and Collective Comment:</u></p> <p>The SC approved an innovation project that starts this year. Should we redirect funding for this project now, rather than in 2026, since we are unsure how BHSA may impact funding for innovation projects?</p> <p><i>One of the current existing funding categories of MHSA includes innovation projects and is a requirement for the next two years. We have no plans to discontinue the current innovation projects.</i></p> <p>Are there any updates on the fiscal analysis of the impact BHSA will have on Sacramento County?</p> <p><i>There is partial analysis of the revised language that there is \$27 million that will need to be shifted. Over the next two years we will work to ensure current programming is maintained as much as possible as we transition into BHSA.</i></p> <p>MHSA requirements include addressing needs of those with a Serious Mentally Illness (SMI). How does this plan highlight the work that is being done for this population?</p> <p><i>Most, if not all of the programs support people living with a SMI. As we review and edit the 2YP we will work to ensure this is highlighted.</i></p> <p><u>Public Comment:</u></p> <p>None</p> <p>The MHSA SC provided it’s support to move the 2YP to the Board of Supervisors (BOS) for approval.</p>
VII. General Steering Committee Comment	None.
VIII. General Public Comment	None.
IX. Adjournment/ Upcoming Meetings	<p>Upcoming Meetings:</p> <ul style="list-style-type: none"> • May 16, 2024

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Agenda Item	Discussion
	<ul style="list-style-type: none">• June 20, 2024

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