



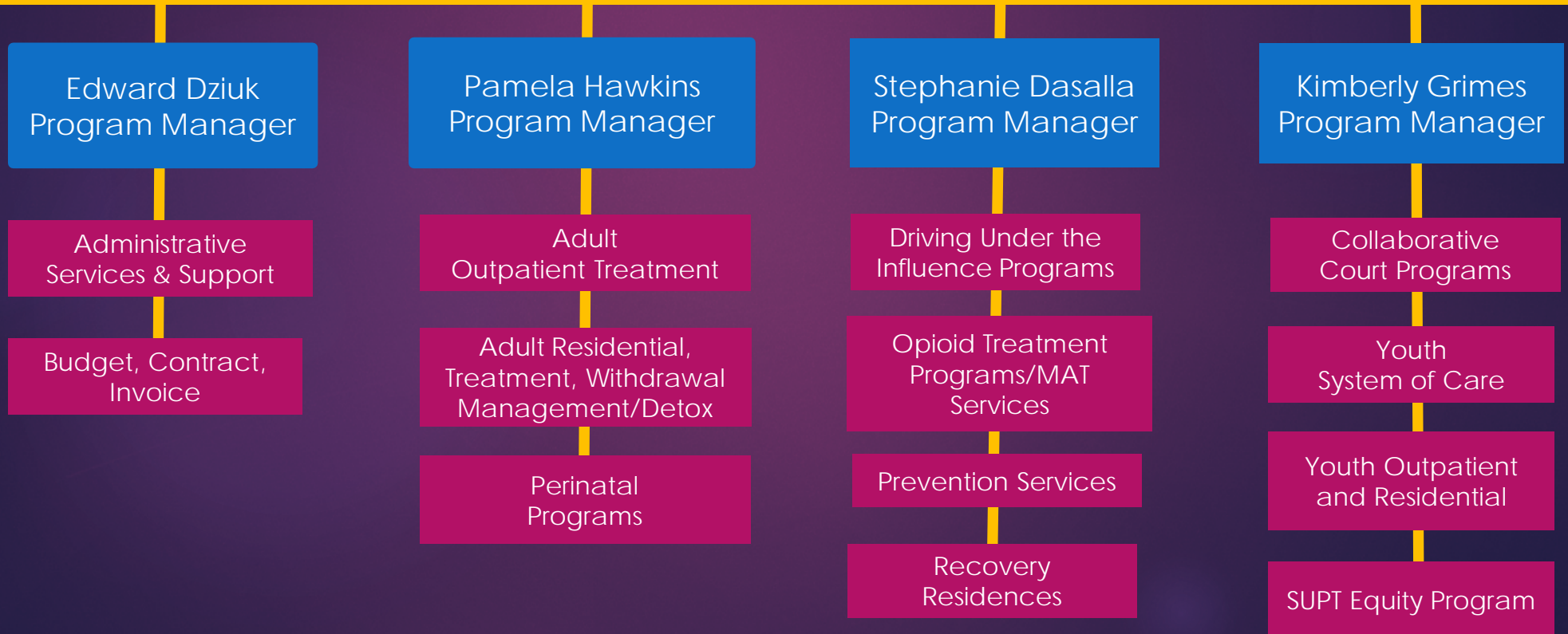
**Substance Use
Prevention and Treatment
Services Overview**

DIVISION OF BEHAVIORAL HEALTH SERVICES

Ryan Quist, PhD
Behavioral Health Director

Kelli Weaver, LCSW
Behavioral Health Deputy Director

Lori Miller, LCSW, Division Manager
Substance Use Prevention and Treatment Services



SUPT Budget

- **Primary Funding**
 - DMC (Drug Medi-Cal)
 - Substance Abuse Block Grant
 - DCFAS CPS Interfund
 - CalWORKs
 - MHBG (Mental Health Block Grant/Dual Diagnosis Program)

- **New Funding**
 - Opioid Settlement Funding (Annual Payments To County For 18 Years)
 - Approximately \$8M Received. \$4M Allocated to SUPT and HEART Permanent Staff
 - 1 million for Adult Correctional Health for MAT services
 - Approximately \$4M For Community Services and Supports, Competitive Bid Completed



Adult and Youth Substance Use Prevention and Treatment Services



Prevention



Outpatient/Intensive
Outpatient



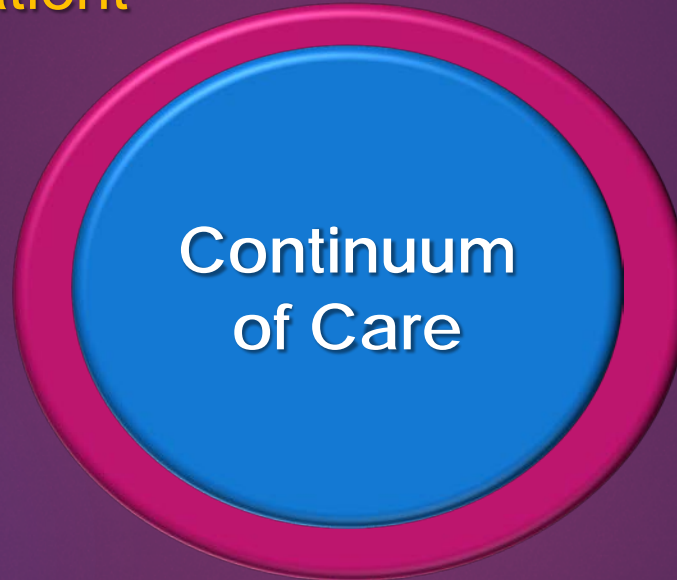
Residential



Detox / Withdrawal
Management



Medication
Assisted
Treatment



Recovery
Residences



Collaborative
Court Programs



DUI Programs



Perinatal
Services



SUBSTANCE USE DISORDER
Strategic Prevention Plan

JULY 2021 - JUNE 2026

Prevention Plan 2021-2026

Priority Area 1:

Reduce Underage
Cannabis/Marijuana Use

Priority Area 2:

Reduce Underage and
Binge Drinking

- Fentanyl
Awareness/Community
Substance Use Trends

SUPT Prevention Services

Strategic Prevention Plan (SPP) 2021-2026

Priority Area 1 (SPP): Underage Cannabis/Marijuana Use

Priority Area 2 (SPP): Underage and Binge Drinking

New Priority Area 3: Trending Substances – Fentanyl and Xylazine

Five (5) Prevention Providers


- Leadership and Advocacy Project
- Youth Engaged in Action
- Community Education for Drug-Free Youth
- Families and Communities Together
- Active Parenting of Teens
- Family Matters
- Teens in Action
- Friday Night Live/Friday Night Live Mentoring
- Club Live
- Fentanyl Education and Awareness Campaign





Prevention, Education, and Awareness Campaigns

Talk.
They hear you.



SAC COUNTY
Healthy Beginnings

1 PILL CAN KILL



Safer
Sacramento

FUTURE FORWARD >>

Sacramento County Youth
MARIJUANA PREVENTION CAMPAIGN

LET'S TALK

METH.ORG



Safer

Sacramento



Website

Resources

Social Media

Billboards

Posters/Flyers

Blog

Current Events

Narcan Distribution

Trainings

Remembrance

<https://www.safersacramento.com/>



SAC COUNTY
Healthy Beginnings



Perinatal substance
use prevention and
intervention

Outreach, trainings
and education for
professionals and
community members

<https://sachealthybeginnings.com/>

Fentanyl Education & Awareness

- Collaboration with Sac County DHS, Sac County DA's Office/Crime Lab, Arrive Alive, CA and Grieving Parents
- Fentanyl Education and Awareness in Middle and High Schools
- In 2023, impacted 37,740 people through 63 events

Assemblies, classroom education,
parent meetings and town halls



FUTURE FORWARD

Sacramento County Youth
MARIJUANA PREVENTION CAMPAIGN



"There is so much more the world has to offer. Marijuana has no place in my life."
-Dante, 17

The campaign is designed to educate the Sacramento Community, offer information and resources, and provide an opportunity to get involved in creating change to protect young people from increased accessibility to marijuana in our community.

<https://www.sacramentoccy.org/futureForward.html>

Our Coalitions – *Together, We Save Lives*

Sacramento County Coalition for Youth

Community members working together to make Sacramento a safe place for young people to grow up, free from the influences of substances that are addictive and harmful.



Sacramento County Opioid Coalition

Collaboration of healthcare professionals, community based organizations, law enforcement, county agencies, and concerned citizens determined committed to saving lives by preventing overdoses through expanding treatment access, promoting safe disposal, encouraging early intervention, treatment and recovery, enhancing opioid surveillance, and expanding public education and media outreach.



Sacramento County Methamphetamine Coalition

The goal of the Methamphetamine Coalition is to identify and implement initiatives addressing the methamphetamine use problem and reducing meth use and its impact in Sacramento County.



**Methamphetamine
Coalition**



Community members working together to make Sacramento a safe place for young people to grow up, free from the influences of substances that are addictive and harmful.

<https://www.sacramentoccy.org/>

Alcohol Prevention



For Teens • For Parents

Marijuana Prevention



For Teens • For Parents



Sacramento County
OPIOID
COALITION

Collaboration of healthcare professionals, community-based organizations, law enforcement, county agencies, and concerned citizens determined to turn the tide of our opioid/fentanyl epidemic.

Started in 2016
Meets Quarterly via Zoom
See website for meeting information

We are committed to saving lives by preventing overdoses by:

- Expanding treatment access
- Promoting safe disposal
- Encouraging early intervention, treatment and recovery
- Enhancing opioid surveillance
- Expanding public education through outreach

<https://sacopioidcoalition.org/>



Collaboration of healthcare professionals, community-based organizations, law enforcement, county agencies, and concerned citizens determined to turn the tide of our opioid/fentanyl epidemic.

Started in 2016
Meets Quarterly via Zoom
See website for meeting information

We are committed to saving lives by:

- Expanding substance use prevention and treatment access
- Enforcement
- Engaging the medical community
- Expanding public education and awareness through media
- Addressing needs for special populations

<https://www.Let'sTalkMeth.org/>

System of Care

Primary access point for SUD treatment services

- BCHIP Screener/ASAM Assessment to Determine Medical Necessity & Level of Care
- Care Coordination (formerly Case Management)
- Referral to network service provider

Telephone Number

(916) 874-9754

Monday – Friday

8:00 A.M. – 5:00 P.M.

After Hours

(888) 881-4881

California Relay Service 711



Other Access Points

- Child Protective Services
- Collaborative Courts
- Crisis Response for Behavioral Health
- El Hogar Guest House Homeless Clinic
- Juvenile Delinquency Court
- Probation Department
- Rio Cosumnes Correctional Center
- Sacramento County Main Jail
- Sacramento County Mental Health
- Sacramento County Health Center
- Youth Detention Facility



Treatment Services

Substance Use Disorder

Adult and Adolescent Best Practices Guidelines

Service programs are developed and administered in alignment with *California Department of Health Care Services Substance Use Disorder Adolescent Best Practices Guidelines*

Evidence-Based Practices

- Motivational Interviewing
- Cognitive Behavioral Therapy
- Trauma-Informed Treatment
- Psychoeducation
- Relapse Prevention
- Seven Challenges

Outpatient & Intensive Outpatient

- **ASAM 1.0 – Outpatient**
 - Ten (10) program sites
- **ASAM 2.1 – Intensive Outpatient**
 - Nine (9) program sites

Specialty groups: perinatal groups, co-occurring, fathers, Prop 36, and other various groups for specific populations



Youth Outpatient Services

Outpatient: Up to 6 hours per week

Intensive: Up to 19 hours per week

- Crisis Intervention Services
- Assessment
- Care Coordination
- Counseling (individual and group)
- Family Therapy
- Medication Services
- Patient Education
- Recovery Services



Another Choice
ANOTHER CHANCE



BRIDGES



Stanford Sierra
Youth & Families



WELLSPACE
HEALTH

Comprehensive care since 1953

Withdrawal Management (WM)

- **Level 3.2 WM Residential Beds**
 - One (1) program site within residential treatment facility

Currently, recruiting providers for Level 1 WM – Ambulatory Withdrawal Management/Outpatient.

Pending Infrastructure RFP completion, 2 Additional Facilities Onboarding for Residential and WM.

No current detox for youth. Youth referred to Emergency Dept.

Residential Treatment

- **ASAM 3.1 Residential**
 - Structured SUD treatment / recovery services that are provided in a 24-hour residential care setting with patients receiving at least 5 hours of clinical services per week.
- **ASAM 3.5 Residential**
 - 24-hour structured living environments with high-intensity clinical services for individuals who have multiple challenges to recovery and require safe, stable recovery environment combined with a high level of treatment services.
- **Residential Treatment for Youth Coming Soon**

Opioid Treatment Programs

Treatment programs for opioid use disorders and stabilization including counseling, methadone, buprenorphine, suboxone, vivitrol, other FDA medications, and coordination of care.

- **Nine (9) program sites**
 - Six (6) in-County program sites
 - Three (3) out-of-County program sites

Youth Medication-Assisted Treatment

Treatment programs for opioid use disorders and stabilization for youth ages 16-17 years including:

- Counseling
- Methadone
- Other FDA Medications
- Coordination of Care



Medication-Assisted Treatment

Treatment programs for opioid use disorders and stabilization for youth ages 14-17 years including:

- Brief Counseling/Coordination of Care
- Methadone/Buprenorphine
- UCD Medical Center, One Community Health, SNAHC, Transitions Clinic, Sac Metro Fire Mobile Integrated Health, Sacramento Street Mobile Medicine Team

Recovery Services

Support services for clients in remission from SUD having completed treatment services, but requiring ongoing stabilization and supports to remain in recovery including assistance with education, jobs, housing, relapse prevention, etc.

Included with outpatient and residential programs as a step-down.



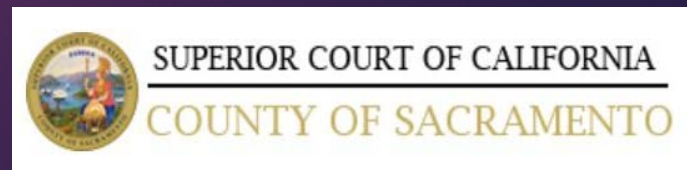
Recovery Residences/Transitional Housing/Sober Living Environments

24-hour residential drug-free housing for individuals in outpatient or intensive outpatient treatment who need drug-free housing to support their recovery while in treatment.

- Six (6) program sites
 - ✓ Four (4) sites serve women and children and perinatal women

Collaborative Court Programs

- Recovery Court
- Chronic Offender Rehabilitation Effort
- Driving Under the Influence Treatment Court
- Drug Diversion Program
- Family Treatment Courts
 - Dependency Treatment Court
 - Early Intervention Family Treatment Court
- Prop 36 Court
- Mental Health Diversion
- Mental Health Treatment Court
- Re-Entry Court
- Veterans' Treatment Court
- Youth Trauma Court
- CARE Court



Driving Under the Influence (DUI) Programs

State-licensed DUI Programs are offered through:

- Bridges Professional Treatment Services
- Safety Center, Inc.
- Terra Nova Counseling Center

1st Offender Programs

- Wet & Reckless
- 3-Month Program
- 6-Month Program
- 9-Month Program

Multiple Offender Program

- 18-Month Program



SUPT Campaigns and Initiatives

- ✓ **One Pill Can Kill Campaign:** Website with extensive resources (treatment information, Narcan® distribution, electronic and print media, Learn and Teach Videos, Personal Stories), and Fentanyl Virtual Town Halls.
- ✓ **Arrive Alive Collaboration:** Fentanyl education and awareness in schools: School assemblies through all Sacramento school districts, over 36,000 participants impacted.
- ✓ **County-wide Narcan® Distribution Project:** 5,000 dosages distributed through community events, County lobbies, providers, prevention programs, and community outreach.
- ✓ **Future Forward Marijuana Prevention Campaign:** 50 bus shelters/15 billboards
- ✓ **Healthy Beginnings Initiative:** Promote a healthy and safe environment for Sacramento County's families and children through outreach and education for professionals and community members, addressing perinatal substance use prevention and intervention.
- ✓ **Safer Sacramento:** Multimedia substance use education and awareness project. Website and social media presence on all platforms.

Narcan Distribution Projects

Narcan Leave Behind Programs

Where is Narcan available in Sac County:

- The Department of Health Services Distribution Project
- Public facing lobbies across Sacramento County
- Mobile Crisis, Community Response and Homeless Programs
- Community Based Prevention, Treatment and Harm Reduction Programs
- Adult Correctional Health upon release from jail
- Emergency Medical Services Leave Behind Program
- Sac Metro Fire Mobile Integrated Health Program
- Sacramento Street Medicine Mobile Team



Orders from organizations can also be made through the
DHCS Naloxone Distribution Project

Our Initiatives

- Fentanyl Education and Awareness.
- Meth Education and Awareness.
- Healthy Beginnings Initiative.
- Safer Sacramento Initiative.
- Future Forward Marijuana Prevention Campaign.
- Planning and technical assistance for two residential/WM facilities.
- ECM Implementation for the youth population.
- Continued Implementation of CalAIM.
- Implementation of SmartCare EHR.
- Opioid Settlements Funds:
 - Held Community Sessions for opioid remediation activities recommendations.
 - Competitive selection process for contractors to implement remediation activities.
- Expansion of forensic programming.



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