

**Sacramento County**  
**Department of Health Services, Behavioral Health Services**  
**Mental Health Services Act (MHSA) Steering Committee**

**Our Mission**

*To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.*

**Our Vision**

*We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.*

**Our Values**

*Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus*

January 18, 2024 Meeting Minutes		
Time: 6:00-8:00 PM		Location: Virtually (Zoom) and phone conference
Meeting Attendees - General Public and MHSA Steering Committee members:		
Stakeholder Group	Primary	Alternate
Mental Health Board	X Patricia Wentzel	Brad Lueth
Mental Health Director	X Ryan Quist	X Jane Ann Zakhary
Service Provider - Children	X Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	X Marlyn Sepulveda (Hope Cooperative)	Alexis Bernard (Turning Point)
Service Provider - Older Adults	Cindy Xiong	Vacant
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	X Heidi Richardson	Mary Parker
Education	X Christopher Williams	Brent Malicote
Department of Human Assistance	Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	Lori Miller	X Michelle Besse
Cultural Competence	Jessie Armenta	X Lakshmi Malrouth
Child Welfare	X Melissa Lloyd	Kim Pearson
Primary Health	X Andrew Mendonsa	Noel Vargas
Public Health	X Olivia Kasirye	Staci Syas
Juvenile Court	X Andi Mudryk	Sarah Davis
Probation	X Lynsey Semon	David Linden
Veterans	Rochelle Arnold	Vacant
Consumer - TAY	Arushi Mishra	Vacant
Consumer - TAY	Vacant	Vacant
Consumer - Adult	Hafsa Hamdani	Vacant
Consumer - Adult	Clarissa Laguardia	Chezia Tarleton
Consumer - Older Adult	X Janet Green	Vacant
Consumer - Older Adult	X Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	Ebony Chambers McClinton	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	X Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	X Susan McCrea	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	Ryan McClinton	X Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	X Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	Karly Gonzalez	Evin Johnson

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Agenda Item	Discussion
<b>I. Welcome and Member Introductions</b>	The meeting was called to order at 6:00 p.m. MHSA Steering Committee (SC) co-chairs and members introduced themselves.
<b>II. Agenda Review</b>	The agenda was reviewed and corrected to reflect that Item VI. MHSA Steering Committee Charter Overview is a presentation with no action. Therefore, there will not be public comment during that agenda item. Public Comment is included later in the agenda.
<b>III. Review of Prior Meeting Minutes</b>	The November 2023 draft meeting minutes were reviewed. No changes were made.
<b>IV. Announcements</b>	<p><b>Patricia Wentzel, SC Member:</b> NAMI Sacramento’s next monthly meeting will be on February 12, 2024 beginning at 7:00pm via Zoom. There will be an overview of Prop 1’s pros and cons. This will be informational without taking a stance on the vote.</p> <p>NAMI has a new Peer Mentor Program that provides 1 on 1 support to peers for their wellness journey for up to six (6) months. Anyone interested may call the NAMI helpline at (916)890-5467, or <a href="#">find out more by clicking here!</a></p> <p><b>Heidi Richardson, SC Member:</b> The Adult and Aging Commission’s annual 5 Over 50 Volunteer Award is accepting nominations to recognize outstanding volunteers over the age of 50, through February 9, 2024. <a href="#">Submit a nomination here!</a></p> <p><b>Melissa Lloyd, SC Member:</b> Sacramento County Child Protective Services is in need of families open to placement with teenagers, because many are forced to leave the county due to capacity issues. <a href="#">Find more information by clicking here!</a></p> <p><b>Michelle Besse, SC Member:</b> Substance Use Prevention and Treatment has some upcoming service and residential expansions. We are continuing to work with Healthy Beginnings (a prenatal training on the danger of substance exposure) and Safer Sacramento for educational awareness.</p> <p><b><u>Announcements from the Public</u></b> <b>Rexanne Irizarry:</b> Sacramento County Behavioral Health Services (BHS) began the 2024 meeting series for the following Committees this week. Here is the schedule:</p> <ul style="list-style-type: none"> <li>• Family Advocate Committee (FAC) – every third (3<sup>rd</sup>) Friday from 11:00a.m. to 12:30p.m.</li> <li>• Peer Adult Advocate Committee (PAAC) – meets every third (3<sup>rd</sup>) Wednesday from 1:00p.m. to 2:30p.m.</li> </ul>

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<p><b>V. Executive Committee / MHSA Updates</b></p>	<p><b>Executive Committee Updates:</b></p> <p><b>Chris Williams</b>, SC Executive Member and Co-Chair:  Requests that meeting participants submit the two post-meeting evaluations. The following updates are on behalf of the Executive Committee:</p> <p><u>MHSA SC membership changes</u></p> <ul style="list-style-type: none"> <li>• Welcome new members! <ul style="list-style-type: none"> <li>○ Jessie Armenta will be in the primary seat representing the Cultural Competence Committee.</li> <li>○ Cindy Xiong with El Hogar is now in the primary seat representing Service Providers for Older Adults.</li> </ul> </li> </ul> <p><b>MHSA Updates</b></p> <p><b>Ryan Quist</b>, Behavioral Health Director and SC Member:</p> <ul style="list-style-type: none"> <li>• Senate Bill (SB) 326 will be packaged together with a bond measure as Proposition 1 on March’s voter ballot. This proposes significant changes to the MHSA. <ul style="list-style-type: none"> <li>○ As a reminder, county employees are limited in what they can say about this as they are not allowed to campaign or lobby in an election.</li> <li>○ There will potentially be a shift of about \$27 million if Prop 1 passes.</li> </ul> </li> <li>• SB 43 is an approved bill that makes changes to 5150 (which is a regulation that allows an adult experiencing a mental health crisis to be involuntarily detained for a 72-hour psychiatric hospitalization). This bill will expand the 5150 criteria to include individuals with severe substance use disorder (who do not also have a mental health diagnosis). <ul style="list-style-type: none"> <li>○ Sacramento County’s Board of Supervisors voted to delay implementation of this until January 1, 2025. More work will be done to define policy and procedures and ensure appropriate treatment facilities are available.</li> </ul> </li> </ul> <p><b>Jane Ann Zakhary</b>, BHS Division Manager and SC Alternate:  The MHSA Planning team is working on the next MHSA Three Year Plan, which is going to be a Two-Year Plan in order to make up for a year that was skipped due to COVID. We will review this in February and March.</p> <p><b>Andrea Crook</b>, MHSA Health Program Manager:  MHSA SC vacancies for Consumer seats:</p> <ul style="list-style-type: none"> <li>• Consumer – Transition Age Youth (1 <b>primary</b> and 2 alternate)</li> <li>• Consumer –Adult (1 alternate)</li> <li>• Consumer – Older Adult (2 alternates)</li> </ul>

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	<ul style="list-style-type: none"> <li>• Family Member/Caregiver of Older Adult age 60+ Yrs (1 <b>primary</b> and 2 alternates)</li> <li>• Family Member Caregiver of a Child 0-17 (2 alternates)</li> </ul> <p>The MHSA SC Membership Application can be found by <a href="#">clicking here</a>.</p> <p>The photos and biographies of MHSA SC Members have been <a href="#">posted here</a>.</p> <p><b>Sharon Jennings</b>, SC Member and Co-Chair:  The mayor was at a town hall meeting on January 8<sup>th</sup> and made reference to Prop 1 being on the <i>November</i> ballot. All other records show that Prop 1 will be on the ballot on the March 5<sup>th</sup> ballot.</p>
<b>VI. MHSA Steering Committee Charter Overview</b>	<p><b>MHSA Steering Committee Charter Overview</b></p> <p><b>Jane Ann Zakhary</b>, BHS Division Manager, and <b>Andrea Crook</b>, MHSA Program Manager</p> <p><a href="#">Attachment A: MHSA SC Charter Overview PPT</a></p> <p><b><u>Member Questions and Discussion:</u></b></p> <p>How do we know where we are in our term?  <i>The terms dates were finalized with the MHSA SC Charter and were reviewed at the May 2023 SC meeting. Additionally, SC members may request this information at any time by sending an email to the MHSA team at <a href="mailto:MHSA@SacCounty.gov">MHSA@SacCounty.gov</a>.</i></p> <p>Who made changes to the Charter? Was it a subcommittee, or the SC Executive team?  <i>The Executive Committee made updates to the charter with input from the SC, and the revision was approved at the SC meeting in May 2023. This is reflected in the May 2023 SC Meeting Minutes.</i></p> <p>I appreciate the chart that shows the hierarchy, it makes it very clear.  <i>The big take away is that the BOS is the approving body.</i></p> <p>Is there ever a time when all of the recommending bodies convene?  <i>They convene regularly but not in the same meeting. For the SC, we have an intentionally robust group. We have representation from the Mental Health Board, Cultural Competence Committee, consumers, service provider, system partners, and they are all involved in discussions and the designing of services.</i></p>

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<b>VII. General Steering Committee Comment</b>	<p><b>Crystal Harding</b>, SC member            Is there a mechanism in place to located family members for those experiencing homelessness or mental illness?  <i>There is a somewhat new resource – HEART: Homeless Encampment and Response Team</i></p> <p>Are there reports regarding MH treatment facilities? Is there one overseer? Evaluations?  <i>The data will be facility specific. Organizations likely have their own Board of Directors overseeing the operations of that facility. In terms of compliance with State regulations, if we have a contract then we will be partially involved. Licensing is another form of state level oversight.</i></p> <p><b>Sharon Jennings</b>, SC Member and Co-Chair:            Referencing the MHSA Steering Committee Vision and values, it says: “A seamless system of coordinated services is available in community settings close to home that are accessible and welcoming to all clients. The Stop Stigma Speakers Bureau works to make mental health more welcoming. We need to address stigma and fear more often.  <i>Thank you for lifting up Stop Stigma which is a wonderful resource. They give training on how to tell your personal story of resiliency and recovery. Speakers are matched up with more experienced individuals for support.</i></p>
<b>VIII. General Public Comment</b>	None.
<b>IX. Adjournment/ Upcoming Meetings</b>	<p><b>Upcoming Meetings:</b></p> <ul style="list-style-type: none"> <li>• March 21, 2024</li> <li>• April 18, 2024</li> </ul>