

Sacramento County

Department of Health Services, Behavioral Health Services

Mental Health Services Act (MHSA) Steering Committee

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

June 20, 2024, Meeting Minutes		
Time: 6:00-8:00 PM		Location: Virtually (Zoom) and phone conference
Meeting Attendees - General Public and MHSA Steering Committee members:		
Stakeholder Group	Primary	Alternate
Mental Health Board	Patricia Wentzel	Brad Lueth
Mental Health Director	x Ryan Quist	Jane Ann Zakhary
Service Provider - Children	Laurie Clothier (River Oak)	x Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	x Marlyn Sepulveda (Hope Cooperative)	x Alexis Bernard (Turning Point)
Service Provider - Older Adults	x Genelle Cazares	Cindy Xiong
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	x Heidi Richardson	Mary Parker
Education	Christopher Williams	Brent Malicote
Department of Human Assistance	Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	x Lori Miller	Kimberly Grimes
Cultural Competence	x Lakshmi Malrouth	Jessie Armenta
Child Welfare	x Melissa Lloyd	Kim Pearson
Primary Health	Andrew Mendonsa	Noel Vargas
Public Health	Olivia Kasirye	Staci Syas
Juvenile Court	Andi Mudryk	Sarah Davis
Probation	Lynsey Semon	David Linden
Veterans	x Rochelle Arnold	Michael Restivo
Consumer - TAY	Vacant	Vacant
Consumer - TAY	Vacant	Vacant
Consumer - Adult	x Christeana Zamora	Vacant
Consumer - Adult	x Clarissa Laguardia	Chezia Tarleton
Consumer - Older Adult	Janet Green	Vacant
Consumer - Older Adult	x Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Chris Marzan	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	Susan McCrea- LOA	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	Ryan McClinton	x Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	Karly Gonzalez- LOA	Evin Johnson

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Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee (SC) co-chairs and members introduced themselves.
II. Agenda Review	The agenda was reviewed. No changes were made.
III. Review of Prior Meeting Minutes	The May 2024 draft meeting minutes were reviewed. No changes were made.
IV. Announcements	<p>Marlyn Sepulveda, SC Member: Hope Cooperative has three housing developments that will be able to provide approximately 300 units of housing within the next year. The housing developments should be available between October 2024 and February 2025 and housing will be dedicated for those who are unhoused. If any Community-Based Organizations (CBOs) are working with unhoused individuals to obtain housing and want to get them on the list, they should be entered into Homeless Management Information System (HMIS) and Doc Ready. All referrals will go to Coordinated Access System (CAS), operated by Sacramento Steps Forward. Applications will open 90 days before units become available.</p> <p><u>Announcements from the Public</u> None.</p>
V. Executive Committee / MHSA Updates	<p>Executive Committee Updates: Sharon Jennings, SC Executive Member and Co-Chair: SC meeting polls have been consolidated and will be conducted via Zoom poll. Meeting participants are requested to submit post-meeting evaluations.</p> <p><u>MHSA SC membership changes</u> Welcome new members!</p> <ol style="list-style-type: none"> 1. Lakshmi Malrouu is now in the primary seat representing Cultural Competence. 2. Kimberly Grimes is now in the alternate seat representing Substance Use Prevention and Treatment (SUPT). 3. Michael Restivo is now in the alternate seat representing Veterans. <p>MHSA Updates: Ryan Quist, Behavioral Health Director, and SC Member:</p> <ul style="list-style-type: none"> • <u>Cultural Observances in June</u> <ul style="list-style-type: none"> ○ <u>Pride Month</u> occurs in the United States to commemorate the Stonewall Riots. The riots occurred at the end of June 1969 when patrons and supporters of the Stonewall Inn in New York staged an uprising to resist the police harassment and persecution to which LGBTQIA+ Americans were commonly subjected. This uprising marked the

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	<p>beginning of a movement to outlaw discriminatory laws and practices against LGBTQIA+ Americans. Today, Pride Month is a time to recognize and acknowledge the impact and achievements that LGBTQIA+ individuals have made locally, nationally, and internationally and to support the LGBTQIA+ community.</p> <ul style="list-style-type: none"> ○ Men’s Health Awareness Month is an observance used to raise awareness about healthcare for men and focuses on encouraging boys, men, and their families to practice healthy living decisions, such as exercising and eating healthy. ○ National PTSD Awareness Month is dedicated to raising awareness and how to access treatment. This is an important time to reflect on the traumatic experiences people suffer from and the ongoing consequences they experience afterward, as well as helping people identify what treatment options may be available to them. ○ Father’s Day is June 16, 2024, and is a day to celebrate and acknowledge the contribution that fathers and father figures have made in the lives of their children. We want to take a moment to acknowledge all the fathers and father figures and thank them for all that they do. ○ Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States. On June 19, 1865, union general Gordon Granger arrived in Galveston, Texas, and informed the African Americans enslaved there of their freedom and the ending of the Civil War. This momentous occasion has been celebrated as Juneteenth for over 150 years. Today, Juneteenth commemorates African American and Black freedom and emphasizes education and achievement. It is a day, week and, in some areas, a month-long celebration and a time for reflection and rejoicing, as well as being a time for assessment, self-improvement, and planning for the future. CalMHSA released a self-care tip resource for Juneteenth. See Attachment A – Juneteenth SelfCare Tips. ○ National Immigrant Heritage Month, established in 2014, celebrates the shared heritage of the United States as an immigrant nation. National Immigrant Heritage Month focuses on the important contributions made by immigrants all around the world to the economy, culture, and common identity of the country. <ul style="list-style-type: none"> ● Behavioral Health Bridge Housing, a temporary shelter housing for folks experiencing unsheltered/literal homelessness, is in progress. There will be 100 beds available for those who are unhoused and have behavioral health challenges. A Letter of Interest (LOI) was released to the public that sought proposals on how the remaining funds should be allocated/invested. The LOI review committee selected four proposals to move forward. This project is expected to go live by January 26, 2025. Stay tuned for more information about these projects. ● The BHS Behavioral Health Racial Equity Collaborative continues to work on partnering with the Latino/Latinx/Hispanic community. There was an initial steering committee meeting last month on May 20, 2024, and BHS is working with community stakeholders to develop strategies to advance behavioral health equity through efforts that increase trust in our partnership.

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	<ul style="list-style-type: none"> • Substance Use Prevention and Treatment (SUPT) has some additional programs moving forward. Approximately seven projects are being initiated, including harm reduction services, Sac Metro Fire medication assisted treatment and Narcan distribution, and See Her Bloom opioid education and resources campaign. A lot of new projects that are coming that way, keep an eye out for that. • Safer Sacramento launched an eight-part fentanyl blog series called the <i>Ripple Effect</i>. It is a part of their National Fentanyl Awareness Day Outreach Campaign and integrates fact-based research and multimedia content to bring personal perspectives and expert testimony to the forefront. The series can be viewed at SaferSacramento.com. <p>Andrea Crook, MHSA Program Manager</p> <ul style="list-style-type: none"> • Psychiatric Advanced Directives (PADs) are available to individuals in both English and Spanish. A PAD is a document that individuals create when they are well that specifies their wishes in case of an emergency. If a crisis were to happen, the PAD helps them to still have a voice and have the ability to be in the driver’s seat of their own care. Behavioral Health Peer Specialist Program Managers will be hosting a virtual lunch and learn to walk individuals through the process of creating a PAD. The event takes place Thursday, July 25, 2024. See Attachments B – BHS Sacramento PAD English and Attachment C – BHS Sacramento PAD Spanish. • The annual Peer Empowerment Conference takes place June 21, 2024. This is a collaboration between Cal Voices and Behavioral Health Services. The conference is free and is organized by clients for the community at large. This year the focus of the conference is on the peer workforce. The Behavioral Health Peer Specialist Program Managers work with individuals seeking to become certified as Peer Support Specialists to ensure they have access to the resources available to them. If anyone is interested in learning more about becoming a certified peer support specialist, email BHSPeerCertification@sacounty.gov. • No MHSA Steering Committee meeting July 2024.
<p>VI. MHSA Steering Committee Election Results</p>	<p>MHSA Steering Committee Election Results</p> <ol style="list-style-type: none"> 1. Steering Committee Co-Chair <ol style="list-style-type: none"> a. Sharon Jennings 2. Executive Committee <ol style="list-style-type: none"> a. Chris Marzan b. Patricia Wentzel 3. Selection Subcommittee <ol style="list-style-type: none"> a. Genelle Cazares b. Lakshmi Malroutu

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	<p>c. Lori Miller d. Sharon Jennings</p> <p><u>Member Questions, Discussion, and Collective Comment:</u> None.</p>
<p>VII. Substance Use Prevention and Treatment (SUPT) Continuum of Care Presentation</p>	<p>Substance Use Prevention and Treatment (SUPT) Continuum of Care Presentation:</p> <p>Lori Miller, SUPT Division Manager See Attachment D – SUPT Continuum of Care Overview PPT.</p> <p><u>Member Questions, Discussion, and Collective Comment:</u> Are there any county resources available for individuals in our shared community who have either moved from another county or do not have active Medi-Cal, but are seeking substance use services? Currently, they cannot get treatment if they do not have Medi-Cal in Sacramento County.</p> <p><i>There are some providers in Sacramento County that have alternate sources of funding that allow them to provide services to all individuals seeking treatment, regardless of insurance status. Additionally, if clients have out of the county Medi-Cal, they can utilize services in their county of residence. In the meantime, SUPT is working with the State and other counties to expedite the process of having individuals’ Medi-Cal transferred to Sacramento County.</i></p> <p>Does SUPT work with individuals who have Kaiser insurance or are they encouraged to contact Kaiser for services? <i>Although Kaiser has their own chemical dependency program, if an individual has <u>Kaiser</u> Medi-Cal and is seeking services, they can access SUPT’s Drug and Medi-Cal Delivery System. However, for mental health services individuals would need to receive services directly from Kaiser. But, starting July 1, 2024, if an individual has Kaiser Medi-Cal and has a serious mental illness, they can utilize county mental health services for treatment. For those who have Kaiser private insurance, all services must be directly from Kaiser.</i></p> <p><u>Public Comment:</u> None.</p>
<p>VIII. General Steering Committee Comment</p>	<p>Chris Marzan, SC Member: There is a 12-hour, virtual training for Emotional CPR (eCPR), sponsored by Ebb and Flow Connections Cooperative. Emotional CPR is a public health education program that teaches people how to assist a person experiencing emotional crisis or distress.</p>

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	There is a fee to attend this training, but tiered pricing is offered for those with financial barriers. For more information, visit Emotional CPR .
IX. General Public Comment	<p>Leslie Napper Presented two requests on behalf of the African American/Black/Of African Descent (AA/B/AD) Ad Hoc Committee and asked that these requests be added to the agenda for the August 15, 2024, SC meeting. See Attachment E – Ms. Leslie Napper Comment.</p> <ol style="list-style-type: none"> 1. AA/B/AD would like to request a seat on the MHSA SC for AA/B/AD Ad Hoc Committee members 2. The Ad Hoc Committee would like to co-design, in partnership with the MHSA SC, an updated BHSA stakeholder process that emphasizes authentic community engagement. This collaboration could be in the form of a subcommittee or Ad Hoc to the MHSA SC.
X. Adjournment/ Upcoming Meetings	<p>Upcoming Meetings:</p> <ul style="list-style-type: none"> • August 15, 2024 • September 19, 2024