

Sacramento County

Department of Health Services, Behavioral Health Services

Mental Health Services Act (MHSA) Steering Committee

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

May 16, 2024, Meeting Minutes

Time: 6:00-8:00 PM

Location: Virtually (Zoom) and phone conference

Meeting Attendees - General Public and MHSA Steering Committee members:

Stakeholder Group	Primary	Alternate
Mental Health Board	Patricia Wentzel	Brad Lueth
Mental Health Director	Ryan Quist	Jane Ann Zakhary
Service Provider - Children	Laurie Clothier (River Oak)	x Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	Marlyn Sepulveda (Hope Cooperative)	x Alexis Bernard (Turning Point)
Service Provider - Older Adults	x Genelle Cazares	Cindy Xiong
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	x Heidi Richardson	Mary Parker
Education	x Christopher Williams	Brent Malicote
Department of Human Assistance	Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	x Lori Miller	Kimberly Grimes
Cultural Competence	Lakshmi Malrouth	x Jessie Armenta
Child Welfare	x Melissa Lloyd	Kim Pearson
Primary Health	x Andrew Mendonsa	Noel Vargas
Public Health	x Olivia Kasirye	Staci Syas
Juvenile Court	Andi Mudryk	Sarah Davis
Probation	x Lynsey Semon	David Linden
Veterans	x Rochelle Arnold	Michael Restivo
Consumer - TAY	Vacant	Vacant
Consumer - TAY	Vacant	Vacant
Consumer - Adult	x Christeana Zamora	Vacant
Consumer - Adult	x Clarissa Laguardia	Chezia Tarleton
Consumer - Older Adult	x Janet Green	Vacant
Consumer - Older Adult	x Sharon Jennings	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Chris Marzan	Vacant
Family Member/Caregiver of Child age 0-17 Yrs	x Crystal Harding	Vacant
Family Member/Caregiver of Adult age 18-59 Yrs	Susan McCrea- LOA	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	Ryan McClinton	x Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	Vacant	Vacant
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	Vacant
Family Member/Consumer At-large	Karly Gonzalez- LOA	Evin Johnson

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Agenda Item	Discussion
I. Welcome and Member Introductions	The meeting was called to order at 6:00 p.m. MHSA Steering Committee (SC) co-chairs and members introduced themselves.
II. Agenda Review	The agenda was reviewed. No changes were made.
III. Review of Prior Meeting Minutes	The April 2024 draft meeting minutes were reviewed. No changes were made.
IV. Announcements	<p>Heidi Richardson, SC Member:</p> <ul style="list-style-type: none"> • May is Older Americans Month (OAM). OAM focuses on recognizing the contributions of older Americans’, highlighting aging trends and reaffirming the commitment to serving the older adults in our communities. The 2024 theme is <i>Powered by Connection</i> and recognizes the impact meaningful relationships and social connections have on our health and well-being. To learn more about OAM, visit Administration for Community Living. • The Department of Child, Family and Adult Services (DCFAS) Senior and Adult Services Division (SAS) will be recognizing older Americans at the Board of Supervisors (BOS) meeting on Tuesday, May 24, 2024. In addition, SAS will be honoring five (5) older volunteers who have a combined total of 111 years of volunteering. <p>Lori Miller, SC Member:</p> <ul style="list-style-type: none"> • Sacramento County Substance Use Prevention and Treatment Services (SUPT) announced more than 392 people lost their lives to fentanyl poisoning in Sacramento County in 2023. In 2024, 74 lives were lost to fentanyl poisoning, a decline in overdose and deaths due to prevention efforts. • Safer Sacramento launched an eight-part fentanyl blog series. Parts 1 and 2 of the series are live and can be viewed at SaferSacramento.com. • SUPT is planning the 2024 Fentanyl Summit that will take place at CSU Sacramento. The summit is August 15, 2024, and registration will open May 27, 2024. • May 7, 2024, is National Fentanyl Awareness Day. This day honors those lost to fentanyl poisonings through increasing public awareness and education. • May is National Treatment Court Month. SUPT acknowledges and thanks all of our partnerships in Sacramento County. SUPT has over ten collaborative treatment court programs and Behavioral Health Services (BHS) works with a lot of justice partners serving individuals who struggle with both substance use and mental health issues along with being involved in the justice system. We want to recognize the teams doing the hard work in our community. • May 12-18, 2024, is National Prevention Week, and SUPT thanks all the providers in the County for doing amazing prevention work that saves and changes lives in Sacramento County.

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	<p>Crystal Harding, SC Member:</p> <ul style="list-style-type: none"> Save the date. Celebrate North Highlands event will take place September 28, 2024, at Freedom Park from 10:00 AM-3:00 PM. For more information and if interested in tabling, sponsoring the event, or connecting, please email crystal4parks@gmail.com. <p><u>Announcements from the Public</u> None.</p>
V. Executive Committee / MHSA Updates	<p>Executive Committee Updates:</p> <p>Sharon Jennings, SC Executive Member and Co-Chair: Announced that SC meeting polls have been consolidated and will be conducted via Zoom poll and requested that meeting participants submit the post-meeting evaluations.</p> <p>May is Mental Health Awareness Month</p> <ol style="list-style-type: none"> Mental Health Awareness Month Art Exhibits are on display at various community organizations across the county. These exhibits are a part of the Stop Stigma Initiative and have been created by Sacramento County residents to help dispel myths and stereotypes about mental health, instead promoting messages of wellness, hope and recovery. Visit Stop Stigma Sacramento to learn more. Journey of Hope 2024 will return October 2024. Journey of Hope is the 6th annual collaborative art event hosted by Stop Stigma Sacramento. Participants can share their stories to inspire insight, understanding, strength, and connection and to raise awareness by sharing stories of hope and recovery. To learn more, visit Stop Stigma Sacramento. <p>MHSA Updates:</p> <p>Andrea Crook, MHSA Program Manager The MHSA team released a survey to plan for future meetings. The survey gauged interest in bringing the MHSA Steering Committee meetings back in-person. The results showed that individuals are interested in coming back to meet in-person two times a year. Therefore, the November 21, 2024, MHSA Steering Committee meeting will be in-person.</p>
VI. MHSA Steering Committee Nominations & Elections	<p>MHSA Steering Committee Nominations & Elections Overview</p> <p>Andrea Crook presented an overview of the MHSA Steering Committee Nominations & Elections Process. See Attachment A – MHSA Steering Committee Nominations & Elections PPT.</p>

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	<p><u>Member Questions, Discussion, and Collective Comment:</u></p> <p>What are the SC seats being filled?</p> <p><i>Current roles include:</i></p> <ol style="list-style-type: none"> 1. <i>One (1) SC Co-Chair</i> 2. <i>Two (2) Executive Committee Members</i> 3. <i>Four (4) Selection Subcommittee Members</i> <p>If someone terms out of a seat during the current election cycle, are they able to volunteer for a different position on the SC? For example, if someone terms out of their role on the executive committee are they able to volunteer on the selection subcommittee?</p> <p><i>Yes, a member may volunteer for a different seat when they term out of their current role on the SC.</i></p> <p>What is the time commitment for the available roles?</p> <p><i>Time commitment may vary throughout the year.</i></p> <p><i>However, in general:</i></p> <ul style="list-style-type: none"> • <i>Steering Committee Members</i> spend approximately three hours a month on SC duties. This includes the monthly two-hour SC meeting and one (1) hour to review meeting materials. • <i>Executive Committee Members</i> spend approximately four hours a month on SC duties. This includes the monthly two-hour SC meeting, the monthly one-hour Executive meeting and one hour to review meeting materials. • <i>Selection Subcommittee Members</i> spend approximately four hours a month on SC and Selection Committee duties combined. It is important to note that some months there will be no applications to review. <p>How does the nomination process work?</p> <p><i>MHSA SC Members will have the opportunity to put forth nominations via an online survey. After the survey concludes, MHSA staff will confirm nomination acceptance from nominees. A second survey will be sent out to all Steering Committee members to vote on confirmed nominees.</i></p> <p><u>Public Comment:</u></p> <p>None.</p>

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Agenda Item	Discussion
VII. General Steering Committee Comment	None.
VIII. General Public Comment	None.
IX. Adjournment/Upcoming Meetings	Upcoming Meetings: <ul style="list-style-type: none"> • June 20, 2024 • August 15, 2024