



BEHAVIORAL HEALTH SERVICES CRISIS CONTINUUM OF CARE

CHRISTINA IRIZARRY, LMFT
HEALTH PROGRAM MANAGER

CRISIS CONTINUUM OF CARE PROGRAMS

24/7 Mobile Crisis Response

24/7 Site Based Crisis Services

Crisis Prevention & Outreach

Crisis Triage & Navigation

Crisis Respite

Co-Response

**under Forensic Continuum*

24/7 MOBILE CRISIS RESPONSE



COMMUNITY WELLNESS RESPONSE TEAM (CWRT)

ACCESS POINT	Phone/Text/Chat 988	
SERVICES	<p>988 will provide crisis support to all ages and if an in-person response is needed, they will connect the caller to the response team. No insurance is required.</p> <p>Response team consists of a Counselor and Peer. They provide safety planning, assessment, linkage and voluntary support to the hospital if needed to all ages, regardless of insurance</p>	
	Community Wellness Response Team CWRT Brochure	CWRT Flyer CWRT Fact Sheet
	Mental Health Matters: CWRT 	

PARTNERSHIPS



THE SOURCE

ACCESS POINT	916-SUPPORT (916-787-7678)
SERVICES	<p>Provide crisis support to youth up to age 26 and their caregivers, specializing in foster youth and former foster youth in Sacramento County. Supports can include coaching, teaching coping skills, family conflict resolution, respite (breaks), providing referrals and resources, advocacy, coordination/linkage, and peer support.</p> <p>Response consists of a Counselor and Peer.</p> <p>www.thesourcesacramento.com</p>

PARTNERSHIPS



24/7 SITE-BASED SERVICES



MENTAL HEALTH URGENT CARE CLINIC

ACCESS POINT	Visit 2130 Stockton Blvd, Building 300, Sacramento, CA
SERVICES	<p>Provide crisis support to all ages experiencing a behavioral health crisis, regardless of insurance. Services may include assessments, crisis intervention, safety planning, medication support* and linkage to ongoing services.</p> <p><i>*does not include controlled substances</i></p> <p>https://www.tpcp.org/program/urgent-care/</p>

PARTNERSHIPS



CRISIS RESIDENTIAL PROGRAMS (CRP)

ACCESS POINT	Referral based
SERVICES	<p>Available to adults ages 18+, experiencing a behavioral health crisis. Services are voluntary, short-term and provided up to 30 days in a structured home-like environment.</p> <p>Interventions are focused on crisis stabilization, symptom reduction, building interpersonal and independent living skills to support successful transition back to the community.</p> <p>Total of 60 beds available with Turning Point Community Programs (45 beds) and Capital Star Community Services (15 beds)</p>

PARTNERSHIPS



CRISIS RECEIVING FOR BEHAVIORAL HEALTH (CRBH)

ACCESS POINT	Referral based
SERVICES	<p>Available to adults ages 18+, experiencing a behavioral health crisis. Services include monitored care, sobering center, including a bed or chair, water, light snacks, a shower, and a bathroom.</p> <p>Services offered include counseling, mental health support, case management, and peer support.</p> <p>CRISIS System - WellSpace Health</p>

PARTNERSHIPS



CRISIS PREVENTION & OUTREACH



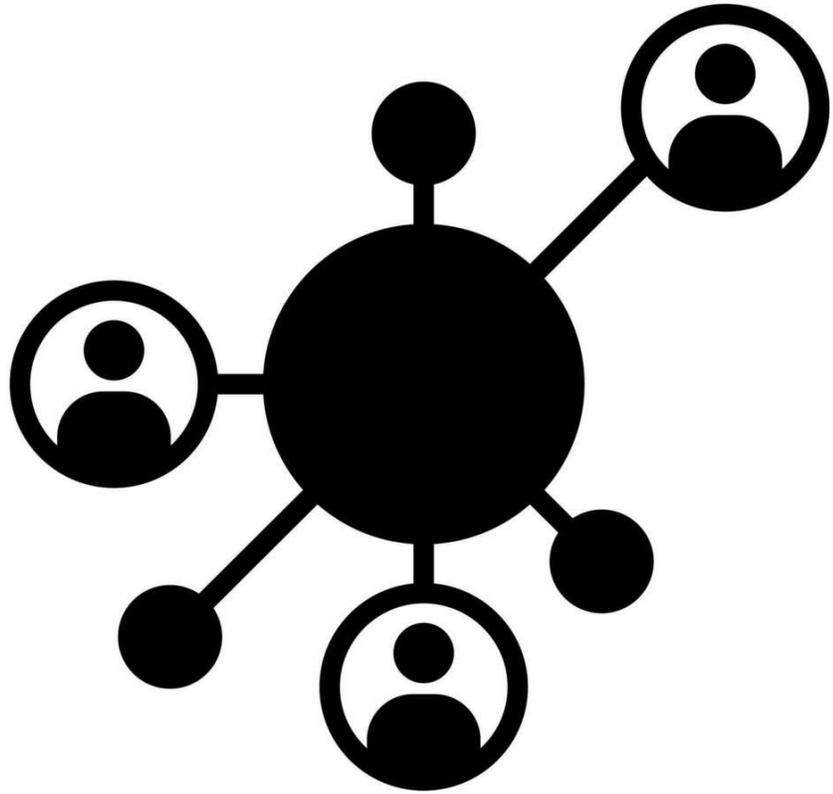
COMMUNITY SUPPORT TEAM

ACCESS POINT	Contact: 916-874-6015
SERVICES	<p>Hours of Operation: Monday – Friday, 8am – 5pm</p> <p>Serves Sacramento County residents of all ages experiencing behavioral health distress. Services may include health assessments, interventions, system navigation, and linkage to services.</p> <p>Team consists of Sacramento County-employed Counselors and contracted Peer Specialists</p> <p>CST Brochure</p> <p>CST Referral Form</p>

PARTNERSHIPS



CRISIS TRIAGE & NAVIGATION



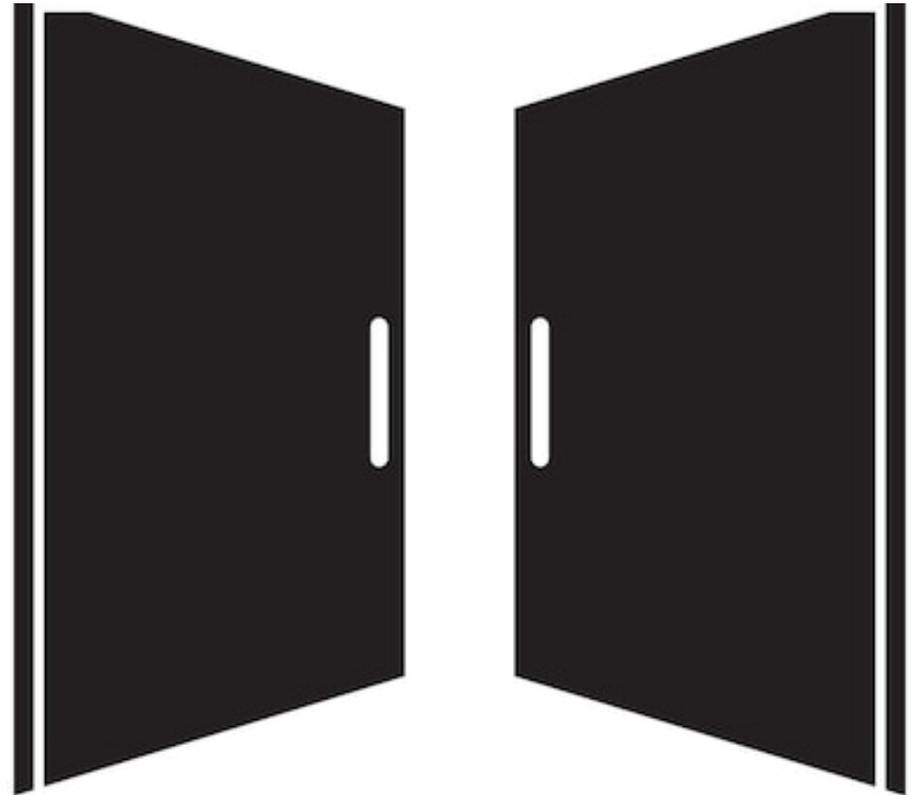
CRISIS NAVIGATION PROGRAM

ACCESS POINT	Referral based from hospitals/emergency departments 916-800-4924 or email SacramentoCrisisReferrals@bayareacs.org
SERVICES	Available to all ages 24/7. Provides short-term (up to 60 days) crisis intervention, wellness planning, system navigation and connection to services and resources, such as mental health outpatient, housing navigation, vocational, legal supports, benefit advocacy, substance use treatment.

PARTNERSHIPS



CRISIS RESPITES



CRISIS CONTINUUM - RESPITES

- Center providing short term reprieve/break from a crisis.
- Each site has its own specialty
- Hours of operation and length of stay will vary (typically under 24 hours)

In Partnership w/  SACRAMENTO COUNTY

The Ripple Effect



A Church For All

Mental Health Respite Program
for Women & Children



saint john's
PROGRAM FOR REAL CHANGE

Adoptive Families Respite
Program



Mental Health Crisis Respite
Center



Caregiver Crisis Intervention
Respite Center



Abiding Hope Respite House



Lambda Lounge

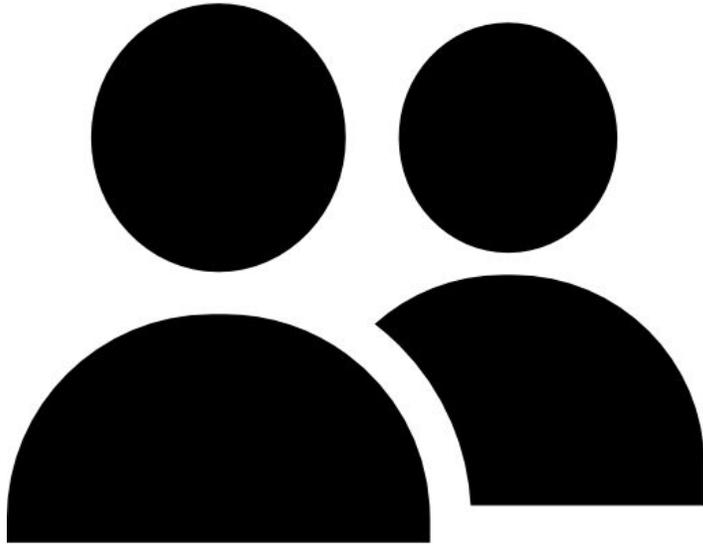
Q-spot/TAY Respite Program
(for Youth and TAY)



Respite Program (for Youth and
TAY)



CO-RESPONSE



CO-RESPONSE CRISIS INTERVENTION TEAM

UNDER THE FORENSIC CONTINUUM

ACCESS POINT	911
SERVICES	<p>Hours of Operation: Varies per Law Enforcement Agency</p> <p>Ameliorates crises for Sacramento County residents of all ages experiencing behavioral health distress. Team consists of a law enforcement officer and County Licensed Senior Mental Health Counselor.</p> <p>The program leverages CST for support follow-up, navigation, and linkage services to ongoing services.</p> <p>Co-Response Crisis Intervention Team Learn more about CCIT </p>

PARTNERSHIPS



**Formally known as the Mobile Crisis Support Team (MCST)*

THANK YOU

CHRISTINA IRIZARRY, LMFT
IRIZARRYC@SACCOUNTY.GOV
916.662.1542